THE
Recovery Kernel

COMPLETE CENTURION COMPENDIUM

[illegible] · [illegible] · [illegible].

[illegible] I - IX

[illegible].

⚠ **[illegible] - [illegible] [illegible].**
[illegible], findahelpline.com/emergency [illegible] findahelpline.com [illegible].

[illegible]

Table of Contents....2
A Note Before You Begin....7
Who This Is For — and Who Should Read Carefully....8
How This Compendium Uses Evidence....9
Quick-Start Boot Sequence....10
Volume I — CRISIS ENTRY & BIOLOGICAL FOUNDATION....12
PROTOCOL 01....14
PROTOCOL 06....24
CENTURIAN PAPER 15....31
PROTOCOL 07....42
CENTURIAN PAPER 16....49
PROTOCOL 09....54
CENTURIAN PAPER 18....60
PROTOCOL 10....64
CENTURIAN PAPER 19....71
PROTOCOL 11....75
CENTURIAN PAPER 20....82
PROTOCOL 12....87
CENTURIAN PAPER 21....93
Volume II — PHYSICAL SYSTEMS & SENSORY ARCHITECTURE....99
PROTOCOL 17....101
PROTOCOL 03....108
CENTURIAN PAPER 04....119
CENTURIAN PAPER 12....123
PROTOCOL 18....130
PROTOCOL 19....136
Volume III — BEHAVIORAL ADDICTIONS & PHARMACOLOGICAL TRAPS....142
PROTOCOL 02....144
PROTOCOL 05....152
CENTURIAN PAPER 14....160
PROTOCOL 13....165
CENTURIAN PAPER 22....171
PROTOCOL 14....178
CENTURIAN PAPER 23....185
PROTOCOL 37....191
PROTOCOL 44....200
CENTURIAN PAPER C-34....207
Volume IV — SOCIAL ENVIRONMENT & RELATIONAL ARCHITECTURE....216
PROTOCOL 04....218
CENTURIAN PAPER 13....225

PROTOCOL 08....232
CENTURIAN PAPER 17....239
PROTOCOL 16....244
PROTOCOL 16....250
PROTOCOL 16....257
CENTURIAN PAPER 25....263
PROTOCOL 15....269
PROTOCOL 15....274
CENTURIAN PAPER 24....282
CENTURIAN PAPER C-26....287
PROTOCOL 22....291
PROTOCOL 31....299
PROTOCOL 32....309
PROTOCOL 33....318
Volume V — IDENTITY, MAPPING & COGNITIVE ARCHITECTURE....328
PROTOCOL 20....330
PROTOCOL 21....336
PROTOCOL 26....343
PROTOCOL 26b....351
PROTOCOL 23....360
PROTOCOL 36....367
PROTOCOL 34....375
PROTOCOL 27....384
PROTOCOL 28....392
PROTOCOL 29....401
PROTOCOL 30....410
CENTURIAN PAPER C-29....418
CENTURIAN PAPER C-30....422
CENTURIAN PAPER C-27....426
CENTURIAN PAPER C-28....429
Volume VI — REINTEGRATION, PURPOSE & THE LONG GAME....433
PROTOCOL 24....435
PROTOCOL 25....441
CENTURIAN PAPER C-31....449
PROTOCOL 35....452
PROTOCOL 39....461
PROTOCOL 40....467
PROTOCOL 41....472
Volume VII — ADVANCED & SPECIALIST PROTOCOLS....478
PROTOCOL 35S....480
PROTOCOL 35S.b....486
PROTOCOL 35S.c....495
PROTOCOL 35S.d....504

PROTOCOL 38.....514
PROTOCOL 43.....521
PROTOCOL 42.....526
Volume VIII — CLINICAL PAPERS & EPIDEMIC ARCHAEOLOGY.....532
CENTURIAN PAPER C-33.....534
CENTURIAN PAPER C-32.....542
CENTURIAN PAPER C-32b.....552
Volume IX — PRACTITIONER REFERENCE.....563
Clinical Pharmacogenomics and Phenotype-Directed Recovery: A Practitioner's Guidebook for the Centurion Framework.....565
A Final Word.....601
AI Collaboration & Tools Used in This Work.....601
Appendices: The Clinical Context.....603

[illegible].

[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

— [illegible] [illegible], [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] "[illegible] [illegible] [illegible] [illegible] [illegible]?" [illegible] [illegible] [illegible] [illegible] [illegible], "[illegible] [illegible] [illegible]?" [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]? - [illegible]

[illegible]:

[illegible]:

- [illegible] - [illegible], [illegible]-[illegible] [illegible]. [illegible], [illegible]. [illegible]. [illegible].
- [illegible] [illegible], [illegible] [illegible].
- [illegible] [illegible]. [illegible], [illegible].
- [illegible]. [illegible], [illegible]. [illegible].
- [illegible], [illegible]. [illegible].
- [illegible] [illegible].

[illegible]:

- [illegible]. [illegible].
- [illegible].
- [illegible]. [illegible].
- [illegible] (bipolar disorder) [illegible], [illegible] - [illegible] SAMe [illegible].
- [illegible].
- [illegible]. [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]:

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]?"

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* **[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].**

* **[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].**

* **[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].**

**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[redacted].

[redacted], [redacted].

[redacted] [redacted] [redacted] [

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

- [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (Drugs.com [illegible] Medscape) [illegible].

[illegible] 5 - [illegible] [illegible] [illegible] [illegible] [illegible] (Opioid Epidemic).

- [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] I-[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 1 - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

*[illegible] [illegible] [illegible] [illegible] [

[illegible] 01

[illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

> ⚠ [illegible] - [illegible] [illegible].
>
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: **[illegible] **findahelpline.com/emergency** ⚠ [illegible].** [illegible] [illegible].
> [illegible] [illegible].

> ⚠ [illegible] - [illegible] [illegible].
>
> [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] **findahelpline.com/emergency** ⚠ [illegible]. [illegible] [illegible].

If neither of the above apply, continue reading.

> [illegible] - [illegible] **C-01.001.**
>
> [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible]: [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]: "[illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible]: "[illegible] [illegible]". [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]: "[illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. 4-7-8 [illegible]: [illegible] [illegible] [illegible] 4 [illegible] [illegible]. [illegible]: 1... 2... 3... 4... 7 [illegible] [illegible] [illegible]. [illegible]: 1... 2... 3... 4... 5... 6... 7... [illegible] [illegible] [illegible] 8 [illegible] [illegible]. [illegible]: 1... 2... 3... 4... 5... 6... 7... 8... [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]? [illegible] [illegible] [illegible]?
- [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible]: [illegible], [illegible], [illegible], [illegible].
- [illegible] [illegible] [illegible], [illegible], [illegible] [illegible]... [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]? [illegible] [illegible]? [illegible]? [illegible]? [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: "[illegible] ____ [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] **24** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]? [illegible] **24** [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible].

[illegible].

[illegible].
[illegible] / [illegible] [illegible] [illegible]
16 [illegible] [illegible].
[illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible] + [illegible] [illegible].
[illegible].
[illegible].
24 [illegible] [illegible] 4 [illegible] [illegible] [illegible].
[illegible]. [illegible] [illegible].
[illegible].
[illegible].
24 [illegible] [illegible] 4-6 [illegible] [illegible].
[illegible] [illegible] [illegible], [illegible] [illegible].
[illegible].
[illegible].
[illegible] [illegible] / [illegible] [illegible]
[illegible] [illegible].
[illegible].
[illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].

□□□.

□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□.

□□□ □□□□□□□□□, □□□□□□□□ □□□□□□□□□.

□□□□□□□.

□ □□□□□□□□□□□ □□□□□□□□□□□ - □□□□□□□□□□□□ - □□□□□□□ □□□□□ □□□□□□□.

□□□□□ □□□□□□□□□ □□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□: □□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□, □□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□. □□□□ □□□□□□□□□□□ □□□□□□□□□. □□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□, □□□□□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□ - □□□□□□□□□□ □□□□□□□□, □□□□□□□□□ □□□□□ □□□□□□□□□□□, □□□□□□□□□, □□□□□□□ □□□□□□□□□ (□□□□□□□□□□□□□□□ □□□□□□□□□□), □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□. □□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□ □□□□□ □□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□□ □□□□□, □□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□. □□□□□□□□ □□□ □□□□□□□ □□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□. □□□□□□□□ □□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□. □□□□□□□□□ □□□□□□□□ □□□□□□□. □□□ □□□□□□□□□□□□□ □□□□□□□□□□□□. □□□ □□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□.

□□□□□□□ 1.3

□□ □□□□□□□□.

□□□□ □□□□□□□ □□□□□□□ - □□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□.

□□ □□□□□□□□□□□□□□□ - □□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□.

□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□, □□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□□. □□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□. □□□□□□, □□□□□□□□□□ □□□□□□□. □□□□□□ □□□□□: "□□□□□□□□ □□□□□□□ □□□□□□□□□□□□. □□□□□□□ □□□□□ □□□□□□□□□□□□." □□□ □□□□□□□□□□□□□□□□ □□□□□□ - C-30 □□□□□ □□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ '□□□□□□□□□□□□□□' (superbia) - □□□□□□□, □□□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□. □□□□□ □□□□□ □□□□□□□□□□□□□□□□□□, □□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□, □□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□. □□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□. □□□□□□□□□□□ □□□□□: "□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□ □□□□□□□. □□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□." □□□ □□□□□ □□□□□□□□□□ □□□□□□□□□ □□□ □□□□□□□□□ - □□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□ □□□□□ □□□□□□□□□□□□□□□□□□, □□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□. □□□□□□□□□, □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□. □□□□□□□□□□□□, □□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□□□□ □□□ □□□□□□□□□□□□□ □□□□□ - □□□□□□□□□□ □□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□ □□□ □□□□□□□□□□□□□□□□ □□□□□□□□. □□□□□□□□□□, □□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□. □□□ □□□□□□□□ □□□□□□, □□□□□□□□□□□□ □□□□□. □□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□□. □□□□□□□□□□□□ □□□□□□□□□□□.

□ □□□□□□□□□□□□□□□ - □□□□□□□□ □□□□□□ □□□□□□□□□□□□.

□□□□□□□□□ **findahelpline.com/emergency** □ □□□□□□□□□□□□:
→ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□ □□□ □□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□□□□.
→ □□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□.
→ □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□ □□□□, □□□□□□□□□□□□□□□□ □□□□□□□, □□□□□□□□□, □□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□.
→ □□□□□□□□ □□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□, □□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□.
→ □□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□ **150 BPM** □ □□□□ □□□□□□□□ □□□□□□□□□□□.
→ □□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ → □□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□, □□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□: □□□□□□□□□ □□□□□□□□□□□□□□□□. **findahelpline.com/emergency** □ □□□□□□□□□□□□. □□□□□□□□□. □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□. □□□□□□□□, □□□□□ □□□□□□□□□ □□□□□□□□□□□.

⚠ □□□□□□□□□□□ - □□□ □□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□, □□□□□□□□ □□□□□□□□□□:

→ [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
→ [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
→ [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
→ [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:
findahelpline.com [illegible] [illegible] [illegible] [illegible] [illegible] (findahelpline.com): findahelpline.com [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]: HOME [illegible] 741741 [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]: iasp.info/resources/Crisis_Centres/ [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] - [illegible]-[illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] 02-[illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]?

[illegible].

[illegible] [illegible].

[illegible] [illegible].
[illegible] + [illegible] + [illegible]
findahelpline.com/emergency [illegible].
[illegible] [illegible].
[illegible], [illegible] [illegible].
findahelpline.com [illegible] [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
findahelpline.com/emergency [illegible].
[illegible] [illegible].
> [illegible] 150 bpm [illegible] [illegible].
findahelpline.com/emergency [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible].
100-150 bpm, [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible], [illegible].
[illegible] ([illegible]/[illegible]).
[illegible], [illegible], [illegible] [illegible].
findahelpline.com/emergency [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible], [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

* [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
* [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible].

[illegible], [illegible] [illegible].

[illegible] 02-[illegible] [illegible].

[illegible] 1.4

[illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible].

[illegible] - [illegible] - [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible]. [illegible] **24** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] **02-**[illegible]: [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] **24** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible], [illegible] **21:** [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. **24** [illegible]: [illegible] [illegible]. [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible]? [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] 1.6

[illegible] [illegible]:

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible].

EMERGENCY SERVICES: 911 988 SUICIDE & CRISIS LIFELINE: Call or text 988 CRISIS TEXT LINE: Text HOME to 741741 SAMHSA NATIONAL HELPLINE: 1-800-662-4357 POISON CONTROL: 1-800-222-1222 YOUR PERSONAL EMERGENCY CONTACTS: 1. _____ Phone: _____ 2. _____ Phone: _____ 3. _____ Phone: _____ FILL THESE IN NOW. When the storm arrives, you will not be able to remember numbers. They need to be written and visible before you need them.

[illegible] 1.7

[illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

SANCTUARY — [illegible] 01 — [illegible] [illegible].

1. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].
2. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].
3. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible], [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

4. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: '[illegible] [illegible] [illegible]' [illegible] '[illegible] [illegible]'. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **findahelpline.com/emergency** [illegible]. [illegible] [illegible] **findahelpline.com** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

5. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible]. **6.** "[illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
7. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] **02-**[illegible]. **24** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible].

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible], [illegible] 02-[illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. — [illegible]

[illegible] **01 -** [illegible] [illegible] **-** [illegible] [illegible].

Crisis Resources: 988 (Suicide & Crisis Lifeline) | Crisis Text: Text HOME to 741741 | SAMHSA: 1-800-662-4357

[illegible] 06.

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] C-06.001.

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] "[illegible]"[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible]: [illegible] ([illegible] [illegible] [illegible]), [illegible] ([illegible] [illegible] [illegible]), [illegible] [illegible] ([illegible] [illegible] [illegible]). [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

▯ ▯▯▯▯▯▯▯▯▯▯ - ▯▯▯.▯▯.▯▯▯.▯▯▯▯.▯▯▯ ▯▯▯▯▯▯▯ ▯▯▯▯? - ▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯.

*MTHFR - ▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯ - ▯▯▯ ▯▯▯ ▯▯▯▯▯. ▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯ (▯▯▯▯▯▯▯▯▯▯ B9) ▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯. ▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯ "▯▯▯▯▯▯▯▯▯▯▯▯" ▯▯▯▯▯▯▯▯▯▯ ▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯ - ▯▯▯ ▯▯▯▯▯ ▯▯▯▯▯▯▯ ▯▯▯▯▯ ▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯

[illegible].

COMT - [illegible].

[illegible] - [illegible] - [illegible].

[illegible] [illegible] [illegible] "[illegible]", "[illegible]", "[illegible] [illegible] [illegible]", "[illegible] [illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] "[illegible]", "[illegible]", "[illegible] [illegible]", "[illegible] [illegible]" [illegible] "[illegible] [illegible] [illegible] [illegible]" [illegible]. [illegible] [illegible]. [illegible] [illegible] - [illegible]-[illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] COMT [illegible] [illegible]. — [illegible]-[illegible] [illegible] — [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. COMT [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]: Val/Val ([illegible] COMT) [illegible] Met/Met ([illegible] COMT), Val/Met [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

🛡 SANCTUARY — FAST COMT (Val/Val) — [illegible].

[illegible]: **COMT** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] **COMT** [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible]" [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible]**),** [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] **COMT** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **02-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(**[illegible] [illegible] [illegible]**):** [illegible] **(**[illegible] [illegible]**).** [illegible] [illegible] **(**[illegible] **L-DOPA** [illegible]**).** [illegible] [illegible] [illegible]. **MTHFR** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

🛡 SANCTUARY — [illegible] COMT (Met/Met) — [illegible].

[illegible]: **COMT** [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. "[illegible]" [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] - [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible]" [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible], [illegible].

[illegible] 6.3

[illegible] [illegible] [illegible].

[illegible] - [illegible].

[illegible] - [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] ([illegible]) [illegible], [illegible] [illegible] ([illegible] [illegible] [illegible]) [illegible]. [illegible] [illegible] COMT [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] MTHFR [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]. [illegible] **MTHFR** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]... [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. "[illegible] [illegible] **Met/Met**" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 6.4

[illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] - [illegible] 06 - [illegible] [illegible].

1. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **2. MTHFR -** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] **(**[illegible] **40%** [illegible] [illegible]**)** [illegible] [illegible] [illegible] **30-70%** [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **3. COMT —** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **COMT (Val/Val -** [illegible]**):** [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] **COMT (Met/Met -** [illegible]**):** [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. **4.** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible], [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] **COMT** [illegible] [illegible] [illegible] [illegible] [illegible]. **5.** "[illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **6.** [illegible] [illegible] [illegible] [illegible], [illegible] **MTHFR** [illegible] **COMT** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

7. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible].

[illegible]

[illegible] **06** [illegible] **-** [illegible] **-** [illegible].

Crisis Resources: 988 (Suicide & Crisis Lifeline) | Crisis Text: Text HOME to 741741 | SAMHSA: 1-800-662-4357

CENTURIAN PAPER 15

[illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:

[illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible] = [illegible]. [illegible] [illegible] [illegible] = [illegible]-[illegible]. [illegible] [illegible] = [illegible]-[illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], **MTHFR** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible].

— 15.2 —

MTHFR [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

MTHFR [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] - 40-60% [illegible] [illegible] [illegible].

[illegible] / [illegible]

[illegible] →

[illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
MTHFR [illegible].
+2
[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
MTHFR [illegible].
+2
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
MTHFR [illegible].
+3
[illegible].[illegible].[illegible].[illegible]-[illegible] [illegible] [illegible] [illegible].
MTHFR [illegible].
+2
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
MTHFR [illegible].
+2
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
MTHFR [illegible].
+1
[illegible], [illegible].
MTHFR [illegible].
+1
[illegible] [illegible] [illegible] (MTHFR [illegible]).
MTHFR [illegible].
+3
[illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
MTHFR [illegible].
+1
[illegible] [illegible] [illegible].
MTHFR [illegible].
+1

[illegible] [illegible] (MTHFR [illegible]) [illegible] [illegible].
MTHFR [illegible].
+2
[illegible], [illegible] [illegible] [illegible] [illegible].
MTHFR [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
+1
[illegible] [illegible] [illegible] [illegible] [illegible].
MTHFR [illegible].
+1
[illegible] [illegible] [illegible] [illegible] [illegible].
MTHFR [illegible] (MTHFR [illegible]).
+1

MTHFR [illegible]:
0-4 [illegible]: [illegible] **MTHFR** [illegible] [illegible]. [illegible] [illegible] [illegible] **(COMT, CYP450).**
5-9 [illegible]: [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(400mcg** [illegible]**)** [illegible] [illegible].
10+ [illegible]: [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **:** [illegible] **$15-25.** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] **400 mcg** [illegible] **+ 1000 mcg** [illegible]. [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] → [illegible] **800 mcg** [illegible]. [illegible] [illegible] **(**[illegible], [illegible]**)** [illegible] → [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 15.3 —

COMT [illegible].

[illegible]/[illegible] [illegible] [illegible].

COMT (catechol-O-methyltransferase) [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. Val/Val ([illegible]) [illegible] [illegible] - [illegible] [illegible]. Met/Met ([illegible]) [illegible] [illegible] [illegible] - [illegible] [illegible].

Warrior Markers (Val/Val — [illegible])

[illegible] →

[illegible].
[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].
[illegible], [illegible].
+2
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible].
+2
[illegible] [illegible] [illegible] ([illegible], [illegible], [illegible]) [illegible] [illegible].
[illegible], [illegible].
+2
[illegible] [illegible] [illegible] [illegible]/[illegible] [illegible].
[illegible].

+1
[illegible] [illegible], [illegible] [illegible] [illegible].
[illegible], [illegible].
+2
[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]?
[illegible].
+1
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible].
+1
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible].
+1
[illegible] "[illegible]" [illegible] "[illegible]" [illegible] [illegible]?
[illegible].
+1
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible].
+1

[illegible] [illegible] [illegible] (Xanax/Valium - [illegible] [illegible]).

[illegible] →

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].
[illegible].
+2
[illegible] [illegible], [illegible] [illegible] (benzos), [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible].
+2
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible].
+2
[illegible] [illegible] [illegible] [illegible] [illegible].
[illegible].
+2
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible].
+2
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible].
[illegible].
+1
[illegible] [illegible] [illegible], [illegible] [illegible].
[illegible].
+1
[illegible] [illegible] [illegible] [illegible].
[illegible].
+1
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
+1

COMT [illegible]:

[illegible] "[illegible]" [illegible] **(7+):** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

+2

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

CYP2D6 [illegible].

+1

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

+1

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

+1

CYP2C19 [illegible].

[illegible] →

[illegible].

[illegible] (SSRI, [illegible], [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

+2

[illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible].

+2

PPI[illegible] ([illegible], [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible].

CYP2C19 [illegible].

+1

[illegible] ([illegible]) [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible]).

CYP2C19 [illegible].

+2

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] (THC).

+1

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

+1

CYP450 [illegible] [illegible]:

[illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] '[illegible]' [illegible] **3** [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible] [illegible];
* [illegible] [illegible] [illegible] [illegible];
* [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible];
* **MAT (**[illegible]-[illegible] [illegible]**)** [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible]**);**
* [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] '[illegible]' [illegible] **3** [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible];
* [illegible] [illegible] [illegible];
* [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 15.5 —

[illegible] [illegible] [illegible] [illegible].

DRD2 [illegible] [illegible] [illegible] [illegible] [illegible].

DRD2 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] = [illegible] [illegible] [illegible] = [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] →

[illegible].

[illegible] "[illegible]" [illegible] [illegible] [illegible].
RDS [illegible].
+2
[illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible]).
RDS [illegible] [illegible].
+3
[illegible] [illegible] [illegible] [illegible] ([illegible], [illegible]) [illegible].
RDS [illegible] [illegible].
+3
[illegible] [illegible] [illegible] [illegible] [illegible].
RDS [illegible].
+2
[illegible] [illegible], [illegible] [illegible] [illegible].
RDS [illegible].
+2
[illegible] [illegible] [illegible].
RDS [illegible].
+1
ADHD [illegible] [illegible] ADHD-[illegible] [illegible] [illegible].
RDS [illegible].
+2
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
RDS [illegible].
+1
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
RDS [illegible].
+1
[illegible].
RDS [illegible].
+2
[illegible], [illegible] [illegible].
RDS [illegible].
+2
[illegible] [illegible] [illegible].
RDS [illegible].
+1

[illegible] [illegible] (часто [illegible] [illegible] [illegible] [illegible]).

RDS [illegible].

+2

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] часто [illegible].

RDS [illegible].

+2

[illegible] [illegible] [illegible]:

0–5 [illegible]: [illegible] часто [illegible] [illegible] [illegible]. [illegible] часто [illegible] [illegible] [illegible] [illegible]. [illegible], **COMT** [illegible] **MTHFR** [illegible] [illegible] [illegible].

6–12 [illegible]: [illegible] часто [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

13+ [illegible]: часто часто [illegible] [illegible] [illegible] **DRD2** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] часто [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] часто. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], **RDS** [illegible] [illegible].

— 15.6 —

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] часто [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

Часто MTHFR + [illegible] RDS - [illegible] [illegible] [illegible]; [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] [illegible].

Часто [illegible].[illegible].[illegible] + [illegible] COMT - [illegible] часто часто; часто [illegible]; [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible].

Часто часто [illegible].

[illegible] COMT + [illegible] MTHFR — [illegible], часто [illegible], [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible].

Часто [illegible] CYP [illegible] + [illegible] RDS - [illegible] [illegible] [illegible], [illegible] часто часто [illegible]; [illegible] [illegible] [illegible]; [illegible] часто [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible] CYP [illegible] часто [illegible] — [illegible] [illegible] часто [illegible] [illegible], часто [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] (MAT) [illegible] [illegible]; часто [illegible] [illegible] [illegible].

[illegible].

[illegible] MTHFR-[illegible] [illegible], [illegible] COMT [illegible] DRD2 [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible]?

[illegible].

[illegible].
[illegible].
[illegible], [illegible] [illegible], [illegible].
GABA/[illegible] ([illegible] COMT).
[illegible] [illegible], [illegible] [illegible] [illegible].
[illegible].
[illegible], [illegible], [illegible].
[illegible] [illegible], [illegible].
[illegible], [illegible] [illegible] [illegible].
[illegible] / [illegible]
[illegible], [illegible], [illegible].
[illegible] (RDS, Warrior COMT).
[illegible] [illegible] [illegible].
[illegible].
[illegible], [illegible], [illegible].
[illegible] [illegible], [illegible] COMT.
[illegible] [illegible], [illegible], [illegible].
[illegible].
[illegible], [illegible].
[illegible].[illegible].[illegible] [illegible], [illegible] COMT.
[illegible] [illegible] [illegible].
MDMA
[illegible], [illegible], [illegible].
[illegible], [illegible] [illegible].
[illegible] [illegible], [illegible].

— 15.7 —

[illegible] [illegible] [illegible].

[illegible]?

MTHFR [illegible] [illegible] [illegible] [illegible]: '[illegible]' [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible]**).** [illegible] **+** [illegible] **B12** [illegible] [illegible] **—** [illegible] [illegible] **$15–25** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: **400mcg** [illegible] **+ 1000mcg** [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **—** [illegible], [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] **→** [illegible] **800mcg** [illegible]. [illegible] [illegible] **(**[illegible], [illegible]**)** [illegible] **→** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

COMT [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**);** [illegible]; [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] **L-Tyrosine 500mg (**[illegible] [illegible]**) -** [illegible] [illegible] [illegible] [illegible]

[illegible] **MAOI** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible].

COMT [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] (200–400 [illegible])

GeneSight, Genomind, OneOme - [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] (MAT) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] (300-600 [illegible])

[illegible] [illegible] [illegible] HSA/FSA [illegible] [illegible].

[illegible] **23andMe** [illegible] **Ancestry** [illegible] **50%** [illegible] - [illegible], [illegible] [illegible]. [illegible]: [illegible] [illegible], [illegible] [illegible] - [illegible] **MAT ([illegible])** [illegible]; '[illegible]' [illegible] '[illegible]' [illegible] [illegible]. [illegible] [illegible] **23andMe** [illegible] **Ancestry-**[illegible] **"raw data"** [illegible], [illegible] **Genetic Genie ([illegible])** [illegible]. [illegible] **Promethease ($12)** [illegible] [illegible]. [illegible]: [illegible] **60-80%** [illegible]. [illegible], [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] **15 -** [illegible] [illegible].

[illegible] 07

[illegible].

[illegible], [illegible] [illegible].

[illegible]: [illegible].

[illegible] - [illegible] C-07.001.

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible]. [illegible] [illegible] (neuroplasticity) [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 1949 [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[redacted] - [redacted] [redacted] [redacted] - [redacted].

*[redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted]. [redacted] [redacted], [redacted] [redacted], [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted], [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. AA [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

*[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]

> [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

CENTURIAN PAPER 16

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

BDNF, [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: "[illegible] [illegible], [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

Miracle-Gro" [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible]

[illegible] "[illegible]" [illegible] [illegible]?

[illegible] [illegible] [illegible]:

[illegible] 1-7

[illegible] [illegible] [illegible]; [illegible]/[illegible] [illegible].

[illegible]: [illegible], [illegible], [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 1-3

D2 [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] 3-6

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

6-12 [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] 1-2

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

— 16.2 —

BDNF - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] (Brain-Derived Neurotrophic Factor) [illegible] [illegible] [illegible] [illegible].

BDNF ([illegible] [illegible] [illegible] [illegible] [illegible]**)** [illegible] [illegible], [illegible] [illegible] "[illegible]", [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **BDNF** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **BDNF** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **BDNF** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] "[illegible] [illegible]".

[illegible].

BDNF [illegible].

[illegible].

[illegible] [illegible].

200-300% [illegible] [illegible].

[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] 30+ [illegible]; [illegible], [illegible], [illegible].

[illegible] [illegible].

300-400% [illegible].

[illegible] [illegible] [illegible]; 20-30 [illegible].

[illegible].

50-400% ([illegible]).

16:8 [illegible] [illegible] [illegible]; [illegible] BDNF [illegible] [illegible], [illegible] [illegible].

[illegible].

BDNF [illegible].

[illegible], BDNF [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible].

[illegible], [illegible]; [illegible] [illegible] [illegible]; [illegible] 20 [illegible].

[illegible].

[illegible].

[illegible] [illegible] ([illegible] 30-60 [illegible] [illegible] [illegible]); [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible].

[illegible].

[illegible], [illegible]; [illegible], [illegible], [illegible].

[illegible].

[illegible], BDNF [illegible].

[illegible]; [illegible], [illegible].

[illegible].

NGF [illegible] BDNF [illegible].

500-3000 [illegible]; [illegible] [illegible] [illegible].

[illegible]-3 [illegible].

BDNF [illegible].

2-4 [illegible] EPA/DHA [illegible].

[illegible].

BDNF [illegible].

[illegible], [illegible]; 500-1000 [illegible].

[illegible].

[illegible].

8 [illegible] [illegible] [illegible] [illegible], [illegible].

BDNF [illegible] - [illegible]:

* [illegible] [illegible] - [illegible], **BDNF** [illegible].
* [illegible] - **BDNF** [illegible]; [illegible] [illegible].
* [illegible] [illegible] - [illegible], **BDNF** [illegible].
* [illegible] - **BDNF-**[illegible]; [illegible], [illegible].
* [illegible] - **BDNF-**[illegible]; [illegible].
* [illegible] - [illegible] **BDNF** [illegible].

[illegible] **BDNF-**[illegible], [illegible] [illegible]. [illegible]. [illegible].

— 16.3 —

90 [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible].

90 [illegible]? - [illegible]:
[illegible] **1-30:** [illegible]; [illegible] [illegible].
[illegible] **31-60:** [illegible] [illegible] [illegible]; [illegible] [illegible].
[illegible] **61-90:** [illegible] [illegible]; [illegible] [illegible].
90 [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] **700** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **BDNF).** [illegible] [illegible] [illegible] **4-8** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible] **[illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] '[illegible]' [illegible] [illegible] [illegible].

[illegible] **(Volkow et al.): D2** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] **12–17** [illegible].
[illegible] **(Heinz et al.): D2** [illegible], [illegible] [illegible] [illegible].
[illegible] **(Martinez et al.):** [illegible] [illegible] [illegible] [illegible]; **3–6** [illegible].
[illegible] **MRI** [illegible]: [illegible] [illegible] [illegible] [illegible], **6–12** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(Wang et al.):** [illegible] [illegible] [illegible] [illegible]; **12–17** [illegible] [illegible] **MRI:** [illegible] [illegible] [illegible]; [illegible], **6–24** [illegible].

[illegible] [illegible] [illegible] **(**[illegible]**)** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] **—** [illegible] [illegible] [illegible]:

[illegible] "[illegible]" [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible], [illegible] "[illegible] [illegible]" [illegible] [illegible].
* [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **1-2** [illegible].
* **BDNF** [illegible] [illegible] [illegible] - [illegible]-[illegible] [illegible] [illegible] [illegible] '[illegible] [illegible] [illegible]'; [illegible] [illegible].
* [illegible] - **200-400% BDNF** [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **700** [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible].

90 [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible], [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **(**[illegible], [illegible], [illegible] [illegible]**)** [illegible] [illegible] [illegible] **(**[illegible] [illegible], [illegible], [illegible] [illegible]**)** [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

**[illegible]: '[illegible] [illegible]' [illegible] [illegible] [illegible]

[illegible] 09.

[illegible]-[illegible] [illegible].

"[illegible] [illegible]" - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible].

[illegible] — [illegible] [illegible]-09.001.

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

🏛 SANCTUARY — [illegible] — [illegible].

*[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], "[illegible] [illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

*[illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] NSAID [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] 14 ([illegible] [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 07 [illegible] [illegible] 05-[illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible]: [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - "[illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible], [illegible] [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]).

*[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] 20 [illegible] 30 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (Protocol 05-[illegible] [illegible] [illegible] [illegible]). [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] CFU ([illegible] [illegible] [illegible] [illegible]). [illegible] [illegible]:
[illegible] ([illegible], [illegible], [illegible]) [illegible] [illegible] ([illegible], [illegible], [illegible]). [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:
** L. [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].*
** B. [illegible] - [illegible] [illegible] [illegible] [illegible].*
** L. [illegible] [illegible] B. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].*
** L. [illegible] - [illegible] [illegible] [illegible] [illegible].*

[illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible]: [illegible] [illegible] [illegible].

*[illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] 03-[illegible] [illegible] [illegible] [illegible] 08-[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible]" [illegible] [illegible] [illegible]. [illegible] "[illegible]" [illegible] [illegible] [illegible].

[illegible] 9.3

[illegible]:

[illegible] - [illegible].

[illegible] SANCTUARY — [illegible] 09 — [illegible].

1. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. — [illegible]

[illegible] **09 -** [illegible]-[illegible] [illegible] **-** [illegible] [illegible].

Crisis Resources: 988 (Suicide & Crisis Lifeline) | Crisis Text: Text HOME to 741741 | SAMHSA: 1-800-662-4357

CENTURIAN PAPER 18

[illegible]-[illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **- 500** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **100** [illegible] [illegible] **(**[illegible] [illegible] [illegible]**), 500** [illegible] [illegible] **(**[illegible] [illegible] [illegible]**),** [illegible] [illegible] **90%** [illegible] [illegible], **70%** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. **[illegible]:** [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] '[illegible]' [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible].

— 18.1 —

[illegible]-[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:
(1) [illegible] [illegible] - [illegible] [illegible] [illegible] **(80%** [illegible] [illegible] [illegible] → [illegible]**);**
(2) [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible];
(3) [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible];
(4) HPA [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible];
(5) [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] = [illegible] [illegible] = [illegible]. [illegible] [illegible]; [illegible] [illegible] = [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]:

[illegible]: [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible]**),** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], '[illegible] [illegible]' [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] **(**[illegible] [illegible] [illegible]**),** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

— 18.2 —

4R [illegible].

[illegible] [illegible] [illegible].

[illegible] **1 -** [illegible] **(1-2** [illegible]**)**
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] **-** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] **(Antibiotics) (**[illegible] [illegible]**) -** [illegible] [illegible] [illegible] [illegible] [illegible].
* **NSAIDs (ibuprofen, aspirin) -** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**):** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **2 -** [illegible] **(1-4** [illegible]**)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] **-** [illegible] [illegible] **15** [illegible] [illegible] [illegible] [illegible] [illegible] **(1** [illegible] [illegible]**)** [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] **-** [illegible] **25-35** [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible]**).**

3[illegible] [illegible] **—** [illegible] [illegible] **(3-8** [illegible]**)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible]**):** [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]**),** [illegible], [illegible] **(**[illegible] [illegible]**),** [illegible] **(**[illegible], [illegible] [illegible], [illegible] [illegible] [illegible]**),** [illegible] **(**[illegible] [illegible]**),** [illegible], [illegible]. [illegible] [illegible] [illegible]: [illegible] **50+** [illegible] **CFU;** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **1-2** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] **(**[illegible] [illegible] [illegible]**),** [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] **1-2** [illegible] [illegible] [illegible].

□□□□□□□ **4 -** □□□□□□□□□□□ **(□□□□□□□□□□□□□□□)** □□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□:
* □□□-□□□□□□□□□□□□□ **5–10** □□□□□□□ □□□□□□□□ - □□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□; □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□.
* □□□□□□□□ / □□□□□□□□ □□□□□ - □□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□.
* □□□□□□□□□ □□□□□□□□□□□□ - □□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□.
* □□□□□□□□ - □□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□□□□□.
* □□□□□□□□□□ □□□□□□ - □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□.
* □□□□□□**-3** □□□□□□□□□ □□□□□□□□□□ - □□□□□□□ □□□□□□□□□□; □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□.

□□□□□□□□□□: □□□□□□ □□□□□□ **3–6** □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□□. □□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□ **6-12** □□□□□□□□□ □□□□□□□. □□□□□□, □□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□ - □□□□□□□□□□□ □□□□□□□□□, □□□□□□□□ □□□□□□□ □□□□□□□□, □□□□□□□ □□□□□□□□.

— 18.3 —

□□□□□□□□ □□□□□□□□.

□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□?

□□□□□□ □□□□□□□□□□□□□□□□□□: □□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□.

□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□ □□□□□. □□□□, □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□ **(Candida)** □□□□□□□□ □□□□□□□□□□, □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□, □□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□. □□□□□□□□□□□, □□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□ □□□□□□□□□. □□□□ "□□ □□□□□□" □□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□. □□□□□□, □□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□ □□□□□□□□□. □□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□. □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□: "□□□□□ □□□□□□□ **[**□□□□□□□□□□□□□ □□□□□**]** □□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□□□ □□□□□□□□ □□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□ □□□□□□." □□□ □□□ □□□□□□□□□□□□□ □□□□□. □□□ □□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□ □□□ □□□□□□□ - □□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□□□□ □□□ □□□□□□□□ □□□□□□□ □□□□□.

□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□ **-** □□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□

□□□□□□□ □□□□□□□□□□□□□□□ **-** □□□□□□ □□□□□□□□□□□ **(**□□□□□□□□□□□□**):**

* □□□□□□□□ **-** □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□□□□□□□□□; □□□□□□□□□ **500ml** □□□□□□□□ □□□□□□□□□□□□□□□□□.
* □□□□□□□□□ □□□□□□□□ □□□□□□□□ **-** □□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□□ **(**□□□□□□, □□□□□□□, □□□□□□□□**);** □□□ □□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□.
* □□□□□□□□ □□□□□ **-** □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□; □□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□

— 18.4 —

[illegible].

[illegible]?

[illegible]:

[illegible]:

* [illegible] ([illegible], **25–40** [illegible])
  * [illegible]; [illegible] [illegible]; [illegible]
  * [illegible]: [illegible], [illegible], [illegible], [illegible].

* [illegible] ([illegible])
  * [illegible] **60%** [illegible], [illegible] [illegible] [illegible]; [illegible]
  * [illegible]: [illegible], [illegible], [illegible], [illegible].

* [illegible] ([illegible])
  * [illegible]; [illegible]
  * [illegible]: [illegible], [illegible], [illegible], [illegible]. [illegible] ([illegible], [illegible]) - [illegible]

[illegible] - [illegible]; [illegible]

[illegible] ([illegible], [illegible], [illegible]) - [illegible]

[illegible] ([illegible], [illegible], [illegible], [illegible]) - [illegible]

[illegible] - [illegible]

[illegible] - [illegible]

[illegible] - [illegible]; [illegible]

[illegible] - [illegible]; [illegible]

[illegible] [illegible] [illegible] [

□□□□□-3 (2–4 □□□□□□ □□□□/□□□□□□□).

□□□□□□□ □□□□□□□□□ - □□□□ □□□□□□□□□□; □□□□□ □□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□; □□□□□□□□ $15–20/□□□□□.

L-□□□□□□□□□□□ □□□□□□ NAC.

□□□□□ □□□□□□□ - □□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□; □□□ □□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□.

□□□□□□□ □□□□□□□.

□□□□□□□□□□□ □□□□□□□□□□□□□□□ - □□□□□□□□□, □□□□ □□□□□□□ □□□□□□□ □□□□□□□□□; □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□.

□□□□□□□□□□ □□3 2000–5000 □.□□.

□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□ - □□□□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□; □□□ □□□□□ □□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□.

□□□□□□□□□□□ □□□□□□□□□□ 200–400 □□□□.

□□□□□□□□□□□□□□□□□□; □□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□; 300-□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□; □□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□; □□□□□□ □□□□□□□□□ □□□□□□□□□.

□□-□□□□□□□□□□□□ (□□□□□□□□□□□□□□□ □□□□□□□□□□)

□□□□□□□□□□□□□□□□ □□□□□□□□□ - □□□□ □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□; □□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□.

□□□□□□□□ □□□□□□□□□□□□□:

* □□□□□ □□□□□□□ □□□□□□□□□□ □□□□□ **- 500** □□□□□□□□□□ □□□□□□□□□□, **90%** □□□□□□□□□□□ □□□□□□□□□□□□; □□□ □□□□□□□□ □□□□□□□□□□ □□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□.
* □□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□ **-** □□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□.
* □□□□□□-□□□□□ □□□□□□□□ □□□□□□ **-** □□□□□□ □□□□□□□ = □□□□□ □□□□□□□ = □□□□□□□□□□□□ = □□□□□□□□□□ □□□□□□□□□□ □□□□□□□.
* □□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ **-** □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□; □□□□□□□□□□□□□□ □□□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□□□.
* **4R** □□□□□□□□□ **-** □□□□□□□□□□□. □□□□ □□□□□□□□□□□□, □□□□□□□□ □□□□□□ □□□□□□□□□□□, □□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□. **90%** □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□ **-** □□□□□□□ □□□□□□ = □□□□□□□ □□□□□□□□□□ = □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□; □□□□ □□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□□ □□□□□□ **-** □□□□□□□□ □□□□□□□□□ □□□□□□□ **+** □□□□□□□□□ **+** □□□□□□□□□□□□□ **+** □□□□□□□□□□□□□□□ □□□□□; □□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□ □□□□□□□. □□□□□□□□□□□ □□□□□□□□□□□□□□ **-** □□□□□□□□□, □□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□; □□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□ □□□□ □□□□□□□. □□□□□□□□ □□□□□□□ □□□□□□□□□□□ **-** □□□□□□□□□□□□□, □□□□-□□□□□□□□□□□□□, □□□□□□**-3** □□□□□□□□□ **$50/**□□□□□□**;** □□□□□□□ □□□□□□□□□□□. □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□: □□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□**; 6-12** □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□; □□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□.

□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□, □□□□□□ □□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□. □□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□, □□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□

[redacted] 10.

[redacted].

[redacted]?

[redacted]: [redacted], [redacted].

[redacted] - [redacted] [redacted]-10.001.

[redacted] [redacted] [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] "[redacted]" [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] C-29 [illegible] [illegible] "tare" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible], [illegible], [illegible], [illegible] [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] "[illegible]" [illegible], [illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].
AFTER [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] 150 [illegible] [illegible] [illegible] [illegible] 300 [illegible] 500 [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible]:
[illegible]: [illegible] [illegible].
[illegible]: [illegible].
[illegible]: [illegible].
[illegible]: [illegible].
[illegible]: [illegible].
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: "[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]."
"[illegible] [illegible] [illegible], [illegible] [illegible]." "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] C-30 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].” [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], AA [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible], [illegible], [illegible], [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible]: [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible]: [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible]: [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* [illegible], [illegible], [illegible], [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible]. [illegible]. [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

1. [illegible]: [illegible] [illegible], "[illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] ([illegible]), [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

2. [illegible]: [illegible], [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible]? [illegible] [illegible] '[illegible]' - [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].
3. [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible]... [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

4. [illegible]: [illegible] [illegible], [illegible] [illegible]: "[illegible] [illegible]. [illegible] [illegible] [illegible]." [illegible], [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] ([illegible]) [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

5. [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] 07-[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] + [illegible] [illegible] [illegible] + [illegible] + [illegible] + [illegible] = [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible]

[illegible].

[illegible].

[illegible], [illegible], [illegible] [illegible], [illegible] [illegible], [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible], [illegible], [illegible] [illegible] [illegible].

[illegible].

[illegible], [illegible], [illegible], [illegible] [illegible].

[illegible].

[illegible], [illegible], [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible], [illegible], [illegible], [illegible] [illegible] [illegible].

[illegible].

[illegible], [illegible], [illegible], [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] 10.4

[illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

⚓ SANCTUARY — [illegible] 10 — [illegible] [illegible].

1. [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

> [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]... [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. -

---

[illegible] [illegible] **10 -** [illegible] [illegible] **-** [illegible] [illegible].

Crisis Resources: 988 (Suicide & Crisis Lifeline) | Crisis Text: Text HOME to 741741 | SAMHSA: 1-800-662-4357

CENTURIAN PAPER 19

[illegible].

[illegible]: [illegible] [illegible].

[illegible], [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible].

— 19.2 —

[illegible].

[illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] **(5-30 [illegible])**
[illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].
[illegible] [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible]:
[illegible] [illegible] - [illegible] [illegible] **BDNF** [illegible]; **30-60** [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible]; [illegible] [illegible].
[illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible].
[illegible] [illegible] - **10** [illegible] [illegible] [illegible].

[illegible]:
10-20 [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible], [illegible].
[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
[illegible] - [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible].
[illegible]:
[illegible] [illegible] [illegible] [illegible] - "[illegible]" [illegible] [illegible].
[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
[illegible]:
[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible]. — [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] **10** [illegible] [illegible].

[illegible] - [illegible] [illegible] **(1–4 [illegible])**
* [illegible] [illegible] - [illegible] [illegible]
* [illegible] [illegible] [illegible] - [illegible], [illegible]
* [illegible] [illegible] [illegible] [illegible] - [illegible]
* [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible]
* [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible]
[illegible]:
* [illegible] - [illegible] [illegible], [illegible]
* [illegible] [illegible] - [illegible] [illegible]
* [illegible] [illegible] [illegible] - [illegible] [illegible]
* [illegible] - [illegible] **nature plus patience**
[illegible] [illegible] [illegible] - [illegible] + [illegible] + [illegible]
[illegible]:
* [illegible] [illegible] [illegible] - [illegible] [illegible]
* [illegible] [illegible] - [illegible], [illegible] [illegible]
[illegible]:
* [illegible] - [illegible] [illegible]
[illegible]:
* [illegible] [illegible] [illegible] - [illegible] [illegible]
* [illegible] [illegible] **(**[illegible], [illegible], [illegible]**)** - [illegible] [illegible]
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] **(**[illegible] [illegible]**)** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible].

[illegible]:
* **[illegible] [illegible] [illegible] [

[illegible].

[illegible].

[illegible], [illegible], [illegible], [illegible], [illegible], [illegible].

[illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible], [illegible], [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] "[illegible] [illegible]" ([illegible] **10):** [illegible] **5-30** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] "[illegible] [illegible]" ([illegible] **5):** [illegible] [illegible] [illegible] [illegible] **1-4** [illegible] [illegible] [illegible] [illegible].
[illegible] "[illegible] [illegible]" **(3-5,** [illegible]**).** [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

— 19.4 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] ([illegible] '[illegible]' [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] - [illegible] [illegible] [illegible] ([illegible], [illegible] [illegible], [illegible] [illegible]) [illegible].
[illegible] [illegible] - [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]).
[illegible] [illegible] - [illegible] [illegible] [illegible] ([illegible] [illegible], [illegible] [illegible] [illegible] [illegible]).
[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] **(15** [illegible]**):** [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: '[illegible] [illegible] [illegible]' [illegible] [illegible] [illegible].
[illegible] **1:** [illegible] [illegible] [illegible] [illegible] **- 10** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] **2:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], '[illegible]' [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]:

[illegible] **3:** [illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible], [illegible] [illegible], [illegible] [illegible].
[illegible] **4:** [illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
[illegible] **5:** [illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible]:

* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] - [illegible]. **([illegible])**, [illegible] [illegible] **([illegible])**, [illegible] **([illegible])**; [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible]; [illegible] [illegible] [illegible].
[illegible] [illegible]: [illegible], [illegible] [illegible], [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] **vs** [illegible], [illegible] **vs** [illegible] [illegible], [illegible] [illegible] **vs** [illegible] [illegible]; [illegible] [illegible].
[illegible] [illegible] - [illegible]... [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] **19 - "[illegible] [illegible]"**

[illegible] 11.

[illegible].

[illegible], [illegible].

[illegible]: [illegible]—[illegible].

[illegible] - [illegible]-11.001.

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

*1. [illegible] [illegible] (HYPERFOCUS) - [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 11.2

[illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] - [illegible], [illegible], [illegible], [illegible]. [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible], [illegible], [illegible]. [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible], [illegible]. [illegible] - [illegible], [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: '[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].' [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **05-**[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible] [illegible]" [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible], [illegible], "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] **07-**[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] **(flow)** [illegible], [illegible] [illegible] [illegible]. '[illegible] [illegible]'[illegible] [illegible] [illegible] [illegible]. '[illegible] [illegible]' [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] **11.3**

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 15 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[redacted] - [redacted] - [redacted] [redacted] [redacted] [redacted].

[redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] - [redacted] [redacted] [redacted], [redacted] [redacted] [redacted]. [redacted]: [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted], [redacted] [redacted] [redacted]: [redacted] [redacted], [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]

[illegible] 11.4

[illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

🏛 SANCTUARY — [illegible] 11 — [illegible] [illegible].

1. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

2. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]?

3. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

> [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. - [illegible]

[illegible] **11 -** [illegible] [illegible] **-** [illegible] [illegible].

Crisis Resources: 988 (Suicide & Crisis Lifeline) | Crisis Text: Text HOME to 741741 | SAMHSA: 1-800-662-4357

CENTURIAN PAPER 20

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

NAD+, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible]. [illegible] **1-19** [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible]-[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: '[illegible] [illegible] [illegible]?' [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

* **NAD+** [illegible]
* [illegible]
* [illegible] [illegible] **(Neurofeedback)**
* [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]. — [illegible] [illegible] [illegible] [illegible]. [illegible] **1-19** [illegible] **90%** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **10%.** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

— 20.1 —

NAD+ [illegible].

[illegible] [illegible] [illegible].

NAD+ [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]?

NAD+ ([illegible] [illegible] [illegible]**)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **(**[illegible]**),** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:
* [illegible] [illegible] **NAD+** [illegible] [illegible] [illegible];
* [illegible] **NAD+** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible];
* **NAD+** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible];
* [illegible] **[**[illegible] [illegible]**]** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible];
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]

[illegible].

[illegible].

[illegible].
IV NAD+ [illegible].

$500–1500/ □□□□□□□
□□□□□ (□□□□□□, 100% □□□□□□□□□ □□□□□□□□□□□ □□□□□□).
□□□□□□□□□ □□□□□□; □□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ 4 □□□□□□ 10 □□□□□□□□□□ □□□□ □□□□□□□□□□.
NAD+ □□□□□ □□□□□□□.
□□□□□□ $100–200
□□□□□□□ □□□□□□.
□□□□□□□ □□□□□□□□□□□□□□□□□□□□; □□□□□ □□□□ □□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□.
□□□□□□□□□□□□□□ NAD+.
□□□□□□ $50–150
□□□□□□□ □□□□□□ □□□□□□.
□□□□□□□ □□□□□□□□ □□□□□□□□; □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□ □□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□.
NAD+ □□□□□□□□□□□□□ (NMN)
□□□□□□ $50–100
□□□□□□□ □□□□□□ □□□□□□.
□□□□□ NAD+ □□ □□□□□□□□□□□; □□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□.
NAD+ □□□□□□□□□□□□□ (NR)
□□□□□□ $40–80
□□□□□□□ □□□□□□.
□□□□□□□□□□□□ □□□□□□□□□; □□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□.
□□□□□□□□□ (□□□□□□□□□□ □□3)
□□□□□□ $10–20.
□□□□□□□□-□□□□□□□.
□□□□□□□□ □□□□□□□□□□ □□□□□□□; □□□□□ □□□□□□□□□□ □□□□□□□□; □□□□□□□□ NAD+ □□□□□□□□□ □□□□□□□□□□.

NAD+ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□:

□□□□□□□□ □□□□□□□□□□ - □□□□ □□□□□□:
* **4-10 IV NAD+** □□□□□□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□; □□□□□□□□, □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ **4-10** □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□.
* □□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□ **IV** □□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□.
* □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□ □□□□□□□□□□□□□□□□□□□ **3** □□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□.

□□□□□□□□ □□□□□□□□□ □□□□ - □□□□□□□□ □□□□□□□□□□□□□□□:
* **NMN 500mg** □□□□□□□ **NR 300mg** □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□.
* □□□□□ □□□□□□□□□□□ **2-4** □□□□□□□□□□□□ □□□□□□□□□□□.
* □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□ □□□□□□ **(**□□□□□□□□□□□□□□ **+ NAD+** □□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□**,** □□□□□□□□□□□□□□ □□□□□□□□□□ □□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□**). □□□□□□□□□□□□□□□□□□□□** □□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□.
□□□□□□□□ □□□□□ □□□□□□□□□□□ **-** □□□□□□□□□□ □□□□□□□□□□**: 50** □□.□□ □□□□□□□□□□ **(**□□□□□□□□ □□□□□□□□**)** □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□**;** □□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□**;** □□□□ □□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□**;** □□□□□□□□ □□□□□□□□□□□□□□□□□□.

— 20.2 —

□□□□□□□□□ □□□□□□□□□.

□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□□□□.

□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□:

BPC-157 (□□□□□ □□□□□□□□□□□ □□□□□**)**
* □□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□.
* □□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□□□□□□□.
* □□□□□ □□□□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□.
* □□□□ □□□□□□□□ □□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□.

* [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] **250–500mcg.**
* [illegible] [illegible] [illegible] [illegible].

Semax
* [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* **BDNF** [illegible] **NGF** [illegible] [illegible].
* [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] **200-600 mcg.** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **GABA** [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] **200-600 mcg.**

[illegible] [illegible] **-** [illegible]: [illegible] [illegible] [illegible] **FDA-**[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; '[illegible] [illegible]' [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] **(**[illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible]**).** [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

— 20.3 —

[illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] 500-3000 [illegible].

NGF [illegible] BDNF [illegible]; [illegible]; [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] (Phosphatidylserine) - [illegible] 100-300 [illegible].

[illegible] [illegible]; [illegible]; [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible]-[illegible] (Alpha-GPC) 300–600 [illegible] [illegible].

[illegible]; [illegible]; [illegible]; [illegible] [illegible] [illegible].

[illegible], [illegible] 150-250 [illegible].

[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ("MRU Stack").

CDP-[illegible] ([illegible]) [illegible] 250–500 [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible]; [illegible] [illegible] [illegible].

PQQ 10–20 [illegible].

[illegible]; [illegible]; [illegible] CoQ10 [illegible] [illegible].

[illegible], [illegible] 10-50 [illegible].

Nrf2 [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible]).

□□□□□□□□□□□□ (Agmatine) - 500-1000 □□□□, □□□ □□□□□□□□□ □□□□□□□ □□□□□.

□□□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□□; □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□; □□□ PAWS □□□□□□□□□□□□□ □□□□□□□□□□□□□.

DLPA (DL-□□□□□□□□□□□□□□□) 500–1000 □□□□.

□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□; □□□□□, □□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□; MAOI □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□.

□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□:
* □□□□□□□ □□□□□□□ **(Lion's Mane) 1000** □□□□□, □□□□□□□□ □□□□□□□ □□□□□;
* □□□□□ □□□□□□□□ **(Fish Oil) 3-4** □□□□□□□ **EPA/DHA;**
* □□□□□□□□□ **(Uridine) 150** □□□□□;
* □□□□□□□-□□□□□□□ **(CDP-Choline) 300** □□□□□;
* □□□□□□□□□, □□□□□□□□□□□□□□□ **1-**□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□ **+ B12.**

□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□:
* **DLPA 500** □□□□□, □□□□□ **(**□□□□□□□□ □□□□□□□□□□□□□□□□□**);**
* □□□□□□□□□ **(Tyrosine) 500** □□□□□, □□□□□ **(DLPA-**□□□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□**);**
* □□□□□□□-□□□□□□□ **(CDP-Choline) 300** □□□□□;
* □□□□□□□□□ **(Uridine) 150** □□□□□.

□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□:
* □□□□□□□□□□□□ **(Agmatine) 500** □□□□□, □□□□□□□□ **2-3** □□□□□;
* **DLPA 500** □□□□□, □□□□□;
* □□□□□□□□ □□□□□□□□□ □□□□□□□□ **(Black Seed Oil) 1-2** □□□□□□□□□□□□, □□□□□□□□;
* □□□□□□□□□□□□□ **(Magnesium) 400** □□□□□, □□□□□.

□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□:
* **NAC 600-1200** □□□□□. □□□□ □□□□□□□□□ □□□□□□□ □□□□□; □□□□□□□ **(Taurine) 1-2** □□□□□□□ □□□□□□□□;
□□□□□□□□□□□□ **400** □□□□□ □□□□□□□□; □□□□-□□□□□□□□ **(L-Theanine) 200** □□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□.

— 20.4 —

□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□.

□□□□□□□□□□□□□□□□, TMS □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□□.

□□□□□□□□□□□□□□□.

□□□ □□□□□ □□□□□□□□□□.

□□□□□□□□□□.

□□□□□□□ □□□□□□□□ □□□□□□.

□□□□□□□□□□□□□□□□□□.

□□□□□□□□□ □□□□ EEG □□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□.

□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□:

* □□□□□□□□□ □□□□□□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□. □□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□.
* □□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□.
* Naloxone □□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□.
* COMT, DRD2, MTHFR □□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□.
* Recovery Kernel □□□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□ □□□□□□.
* □□□□□□□ □□□□□□□□□□□ findahelpline.com □□□□ □□□□□□□□□□□□□□□□□.
* □□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□ □□□□□.

□□□□ □□□□□□□□□□□□□ □□□□□□□□: $100–200; □□□□□□□□ 20–40 □□□□□□□□□□ □□□□□□□□□□□□□.

TMS (□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□).

□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□.

□□ □□□□□□□□□□□□□□□□ □□□□□□□; □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□.

$200–400/ □□□□□□□; □□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□.

tDCS (□□□□□□□□ □□□□□ □□□□ □□□□□□□□□)
□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□ □□□□□□□□□□□ □□□□□□□□□.
□□□□□□□; □□□□□□□ □□□□□□□□□□ □□□□.
200-400 □□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□.
□□□□□□□□ □□□ □□□□□□□□□ (PBM)
□□□□□□□□□□□ □□□□□□□□□□□□ □□□, □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□.
□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□.
$200–1000 □□□□□□□ □□□□□□□□ □□□□□□□.
□□□□□□□□ □□□□□□□□□ (□□□□□□□ □□□□□□□□□).
□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□; □□□□□□□ □□□□□□□.
□□□□□□□ □□□□□□□□ □□ □□□□□□□□□□□□□□ □□□□□□□□.
$50–100/session
□□□□□□□ □□□□□□□ □□□□□□□□□□□ / □□□□□□□□□□□□□□□□□□□.
□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□ □□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□?
□□□□□□□□□ □□□□□□□□□□□□□□□□□, □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□ □□□□□□□.
$20–50/session □□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□.
□□□□□ (□□□□□□ □□□□□□□□□).
□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□, □□□□□□ □□□□□□□□, □□□□□□□.
□□□.
$30–50/session □□□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□ □□□□□.

□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□ □□□□ □□□□□□□□□□□□□: □□□□□□□□□□□□□ □□□□□□□□□□□□ **200-400%** □□□□ **BDNF** □□□□□□□□□□□□□□ □□□□□□□□□□; □□□□□□□□ **BDNF** □□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□; □□□□□□ □□□□ □□□□□□□□□□ **D,** □□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□; □□□□□□□□□□ □□□□□□□ □□□□□□□□□□ **250%+** □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□; □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□ □□□□□□□□ □□□□□□□. □□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□, □□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□. □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□: □□□□□□□□□□□□□□□□ □□□□□□ **(**□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□**) -** □□□□□□□□ **30-60** □□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] **$50-100** [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible], [illegible] [illegible]; [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. **90** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] **20 -** [illegible] [illegible].

[illegible] 12.

[illegible].

[illegible] - [illegible].

[illegible]?

[illegible] - [illegible]-12.001.

[illegible]. [illegible]. [illegible]. [

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible], [illegible], [illegible] [illegible] [illegible].

[illegible] - [illegible], [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]." — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] **([illegible])**, [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. **180** [illegible] [illegible] [illegible] [illegible] [illegible] **90** [illegible] [illegible] [illegible] **-** [illegible] [illegible] **2.7** [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible]**)** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]-[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible]:

[illegible]: [illegible] [illegible] (NAC), [illegible], [illegible], [illegible] [illegible].
[illegible]: [illegible], [illegible], [illegible], [illegible] [illegible].
[illegible]: [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible]), [illegible] [illegible], [illegible] [illegible].
[illegible]: [illegible] [illegible], [illegible] [illegible] ([illegible]), [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible] [illegible] **supplement** [illegible] [illegible].

⛪ SANCTUARY — [illegible] — [illegible] [illegible].

*[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□, □□□□□□□□□, □□□□□□□□□□□□□.
□□□□□□□□□□□□□
400-600 □□□□
□□□□□□□□□□□□ (□□□□□□□□□□□□), □□□□□□□□□□, □□□□□□□□, □□□□□ □□□□□□ □□□□□□□.
□□□□□□□□, □□□□□□□□□□□□□, □□□□□□□□, □□□□□□□□□□□□□ □□□□□□□, □□□□□□□□□.
□□□□□□□□□□
1000-1200 □□□□
□□□□□ □□□□□□□□□□, □□□□□□□□ □□□□□, □□□□□ □□□□□□□, □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□.
□□□□□□□, □□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□.
□□□□□□□□□
~2300 □□□□
□□□□□□ (□□□□□□□□□□□□□□ □□□□□□□□□).
□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□.

□□□□□□□ 12.3

□□□□□□□□ □□□□□□□□□□□□□□:

□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□ - □□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□.

□ □□□□□□□□□□□□ - □□□□□□□□□ 12 - □□□□□□□□ □□□□□□□□□□□□□□.

1. □□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□ □□□□□□□ □□□□□□□□□, □□□□□□ □□□□□□□□□□, □□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ **-** □□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□, □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□, □□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□. **2.** □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□. □□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□, □□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□□□□□. □□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□. □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□.

3. □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□□□. □□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□ □□□□□□□. □□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□. □□□□□□□□□□ □□□□□□ □□□□□ □□□□□□□□ □□□□ □□□□□□□□□□□.

4. □□□□□□□□□□□□□□□□□□ □□□□□□□□: □□□□□□□ □□□□□ □□□□□□□□ □□□□□ □□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□, □□□□□□□□ □□□□□ □□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□. □□□□□□□□□ **16** □□□□□□ **20** □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□. □□□□□□□□□□□□□. □□□□□ □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□ □□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□. □□□□□□□□□□□, □□□□ □□□□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□. **5.** □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□. □□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□. □□□□ □□□□□□□□, □□□□□□□□□□□□□, □□□□□□□□□□□□□□□, □□□□□□□□□, □□□□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□, □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□ □□□□□ □□□□□□ □□□□ □□□□□ □□□□□□□□□□□□□ □□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□. □□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□ □□□□□, □□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□. **6. BEFORE** □□□□□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□, □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□. □□□□□ □□□□□□□, □□□□□□□□, □□□□□□□, □□□□□□□□ **-** □□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□. □□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□. □□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□□□□. □□□□□□□□□□□ □□□□ □□□□□□□□□□□□□□ □□□□ □□□□□□□□□□□□□□□□.

7. □□□□□□ □□□□□□□□□. **Recovery Kernel-**□□ □□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□, □□□□□ □□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□. □□□□□□□□□□□□□ **09-**□□□ □□□□□ □□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□□□□ **-** □□□□□□□□□□□□□□□ **10.** □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ **-** □□□□□□□□□□□□□□□ **07.** □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□. □□□ □□□□□□□□□□□, □□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□. □□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□.

[illegible] - [illegible].

[illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

CENTURIAN PAPER 21

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

> [illegible] [illegible]:
>
> [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible]" [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible]. "[illegible] [illegible]" [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible]. "[illegible] [illegible] [illegible]" [illegible] "[illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] (**[illegible] [illegible]**) [illegible] [illegible] (**[illegible] [illegible]**) [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] (**[illegible], [illegible]**). [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 21.1 —

[illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

> [illegible] **-** [illegible] [illegible]**?**
>
> [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
>
> * [illegible] (**[illegible]/[illegible]**): [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] (**[illegible] → [illegible] → [illegible]**); [illegible] **30,000-100,000+** [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]; [illegible] **16-24** [illegible] [illegible] [illegible] [illegible]. [illegible] (**[illegible]/[illegible]**): [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible].

[illegible] (**[illegible]**) vs [illegible] (**[illegible]**)

[illegible] [illegible].

[illegible] = [illegible] ([illegible] [illegible] [illegible] [illegible]) [illegible] [illegible] = [illegible] ([illegible] [illegible] [illegible]).

[illegible] [illegible].

[illegible]: [illegible] 30,000-100,000+ [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

□□□: □□□□□□□□□□□ (autophagy), □□□□□□□□□ (ketosis), □□□□□ □□□□□□□□□□□□□□□ - □□□□□□□, □□□□□□: □□□□□ □□□□□□□□□□□□ □□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□, □□□□□□□□ □□□□□□.

□□□□□□□□ □□□□□□□.

□□□: □□□□□□□ □□□□ □□□□□□□□□, □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□ - □□□□□□, □□□□□□: □□□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□.

□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□.

□□□: □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ 16-72 □□□□ □□□□□□ □□□□ □□□□□□□□□□□□ - □□□□□□, □□□□□□: □□□□□□□□□□□□ □□□□ □□□□ □□□□□□□□□ □□□□□□□□, □□□□□□□□ □□□□□□□ □□□□□ □□□□□ □□□□□□□□□□ □□□□ □□□□□□□□□□□□□□□ □□□□□□□□□.

□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□.

□□□: □□□□□ □□□□□□ □□□□□□□□□□□□□□□ - □□□□□□, □□□□□□: □□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□□□□□□.

□□□□□□□□□□.

□□□: □□□□□□□□□ □□□□□□□□□, □□□□□ □□□□□□□□□□□□□□□□□ - □□□□□□□ □□□□□□: □□□□□□□□ □□□□□□, □□□□□□□□□□□ □□□□□□□□□, □□□□□□.

— 21.2 —

□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□.

□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□.

MMC □□□□□□□□□□□□□□□□□: □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□, □□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□ □□□□□□□□ □□□□□□□□□□□□. □□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□. □□□□□□□□: □□□□□ **I (45-60** □□□□□□□□□□□□**) -** □□□□□□; □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□; □□□□□□ □□□□□□. □□□□□ **II (30-45** □□□□□□□□□□□□**) -** □□□□□□□□□□ □□□□□□□□□□□□□□□□; □□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□ **III (5-15** □□□□□□□□□□□□**) -** □□□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□□□□□; □□□□□□□□ □□□□□□□□□ □□□□□; □□□□□□□□□□□, □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□, □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□; □□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□. □□□□□□ □□□□□□; □□□, □□□□□□□□ □□□□□ □□□□□□□□□, □□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□. □□□□□□□□□ □□□□□ **—** □□□□□□ □□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□. □□□□□□ □□□□□□□□□: □□□□□□□ **90-120** □□□□□□□□□□. □□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□: □□□□□ □□□□□□□ □□□□□□□ **(borborygmi)** □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□. □□□ '□□□□□□ □□□□□' □□□□□. □□□□ □□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□. □□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□, □□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□.

□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□ □□□□□□□□:

□□□□□ □□□□□□□□□□□ **MMC-**□ □□□□□□□□□□□□□□□□□. □□□□□□□□ □□□□□ □□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□:
* **MMC** □□□□□□□□□ □□□□□□□□□□□□□□□;
* □□□□□□□□ □□□□□ □□□□□□□□□□□□;
* □□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□;
* □□□□□□□□□□ □□□□□□□□ □□□□□□, □□□□□ □□□□□□□□ **90–120** □□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□.

□□□□□□□□ □□□□□□□□ **2–3** □□□□ □□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□:
* **MMC-**□□□□□ **III** □□□□□□□ □□□□□□□□□□□□□□□□□□;
* □□□□□□□□□□ □□□□□□□;
* □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ **(SIBO** □□□□□□□**);**
* □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□;
* □□□□□□□□□□□□□□□, □□□□□□ □□□□□□□□ □□□□□□□□□□.

□□□□□ □□□□□□□: "□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□□" □□□□□□□ **MMC (**□□□□□□ □□□□□□□□□□□□□□□**)** □□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□. □□□□□□□□□□□□□□□□□□: □□□□□□□□ □□□□□□□□□□□□ □□□□□□ **4-5** □□□□ □□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□. □□□□□□□ □□□□□: □□□□□□□ **12-16+** □□□□ □□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□.

□□□□□□□ □□□□□□□□.

MMC □□□□□.

[illegible] [illegible] [illegible].

[illegible] 2-3 [illegible] [illegible] [illegible].
MMC [illegible] [illegible].
SIBO [illegible], [illegible], [illegible] [illegible] [illegible].
3 [illegible], [illegible] [illegible] [illegible].
MMC [illegible] 1-2 [illegible] [illegible].
[illegible], [illegible].
16:8 [illegible] [illegible].
MMC 3-4 [illegible] [illegible].
[illegible], [illegible].
[illegible] [illegible] (OMAD).
MMC 5-6 [illegible] [illegible].
[illegible], [illegible].
[illegible] (24-72 [illegible]).
MMC [illegible] [illegible].
[illegible], [illegible].

— 21.3 —

[illegible] **(Autophagy)** [illegible] [illegible] **(Desiccation)** [illegible]

[illegible]:

* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] - [illegible] [illegible] [illegible]:

[illegible] **0-2 (**[illegible] [illegible]**):** [illegible] [illegible]; [illegible] [illegible] [illegible]; **ADH** [illegible] [illegible]; [illegible] [illegible].
[illegible] **2-4 (**[illegible] [illegible]**):** [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible].
[illegible] **4-8 (**[illegible] [illegible]**): 2%** [illegible] = [illegible] [illegible] [illegible] **(**[illegible] [illegible]**);** [illegible]; [illegible]; [illegible] [illegible]; [illegible] **10-20%** [illegible] [illegible].
[illegible] **8-16 (**[illegible] [illegible]**): 4%+** [illegible]. = [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible]. [illegible] '[illegible] [illegible]' [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible].

— 21.4 —

[illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible]. [illegible]. [illegible] = [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:
* [illegible] [illegible] **(**[illegible], [illegible].[illegible].[illegible]., [illegible] [illegible]**);**
* [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible]**);**
* [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible]**).**

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (**[illegible].[illegible].[illegible].** [illegible] [illegible]), [illegible] [illegible] [illegible] **(**[illegible] [illegible]**)** [illegible] [illegible] [illegible] [illegible] **(**[illegible], [illegible] [illegible]**)** [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible]... [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible]: [illegible] [illegible] [illegible] **0.5** [illegible]. [illegible]: **160** [illegible] [illegible] [illegible] [illegible] **80** [illegible] **(**[illegible] **2.4** [illegible]**)** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **16-24** [illegible] [illegible] [illegible]. [illegible], **16-32** [illegible] [illegible] [illegible].

[illegible] [illegible]:
* [illegible]: **2000–3000** [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible]**);**
* [illegible]: **2500–3500** [illegible];
* [illegible]: **300–500** [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible]**);** [illegible] [illegible] **(**[illegible] [illegible] [illegible]**).** [illegible] [illegible] [illegible], [illegible] '[illegible] [illegible]' [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible]**);** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] **500** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible]**);** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

16:8 [illegible] [illegible] [illegible] [illegible] **-** [illegible]

[illegible] [illegible] **(16** [illegible]**):** [illegible] **8** [illegible] [illegible] [illegible]**;** [illegible] [illegible] [illegible] [illegible]**;** [illegible] **6** [illegible] [illegible].

[illegible] **(6:00 AM): 500ml** [illegible]**,** [illegible] [illegible] [illegible] [illegible]**;** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**;** [illegible].

[illegible]**-**[illegible] **(8:00 AM): 500ml** [illegible]**;** [illegible] [illegible]**;** [illegible] **-** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] **(10:00 AM): 500ml** [illegible]**; 14** [illegible] [illegible] [illegible] [illegible]**;** [illegible]. [illegible] [illegible] [illegible] [illegible] **(**[illegible] **11:00** [illegible]**):** [illegible] [illegible] [illegible] **(**[illegible]**)** [illegible]**;** [illegible] [illegible]. [illegible] [illegible] [illegible] **(8** [illegible]**):** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]**;** [illegible] [illegible] [illegible] [illegible] [illegible]**;** [illegible] **4** [illegible] [illegible]**;** [illegible] **8** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]**: 80-100** [illegible]. [illegible] [illegible] [illegible]**: MMC** [illegible] [illegible] **16** [illegible] **(3-4** [illegible]**);** [illegible]. [illegible]**;** [illegible] [illegible] [illegible] [illegible]**;** [illegible].

[illegible] [illegible] [illegible] '[illegible] [illegible]' [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **3–4** [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] '[illegible]' [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: **(1)** [illegible] [illegible] **-** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. **(2)** [illegible] [illegible] **-** [illegible] [illegible]. **(16–20** [illegible]**)** [illegible] [illegible] [illegible]**;** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **(3)** [illegible] [illegible] **-** [illegible] [illegible]; [illegible] [illegible] [illegible]**;** [illegible] [illegible] [illegible] [illegible]**;** [illegible] [illegible] [illegible]. **(4)** [illegible] [illegible] **-** [illegible]**,** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**;** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**:** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]**:** [illegible] [illegible] [illegible], [illegible] [illegible].

— 21.5 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]**: [illegible] 1–3 (**[illegible]**)**

* [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **80-100** [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **4–12 (**[illegible]**)**

* **12-14** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible]

[illegible].
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

3 [illegible] [illegible] **(**[illegible] [illegible]**)** [illegible], **16:8** [illegible] [illegible] [illegible]. [illegible] **24** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] **-** [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] **-** [illegible] **(autophagy),** [illegible] **(ketosis),** [illegible]. **(MMC completion),** [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] **-** [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible].

[illegible] **-** [illegible] **(glycogen)** [illegible] **1** [illegible] **3-4** [illegible] [illegible]; [illegible] [illegible] [illegible] **' deflation'** [illegible]. [illegible]. **MMC** [illegible] [illegible] [illegible] [illegible] **-** [illegible] **90-120** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] **MMC-**[illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] **4-5+** [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] **12-16+** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] **-** [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **-** [illegible], [illegible], [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] **0.5** [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible]: '[illegible] [illegible] [illegible]' [illegible] '[illegible] [illegible] [illegible]'; '[illegible] [illegible] [illegible]' [illegible] '[illegible] [illegible] [illegible] [illegible].' [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] **(20** [illegible] [illegible] [illegible] **);** [illegible] [illegible] **(**[illegible] [illegible] [illegible] **);** [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] **5** [illegible] [illegible] [illegible] [illegible] [illegible] **);** [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] **).** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **20** [illegible] [illegible] [illegible] [illegible] [illegible] = [illegible] [illegible]. [illegible] [illegible] = [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] = [illegible] [illegible]. '[illegible] [illegible] [illegible] [illegible]' [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] **21 -** [illegible] [illegible].

— [illegible] —

[illegible] II - [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible].

---

*[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 17.

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

15–25%

[illegible]; [illegible]; [illegible]; [illegible]; [illegible].

REM — [illegible]

[illegible].

20–25%

[illegible]; [illegible]; [illegible]; [illegible].

[illegible] [illegible] [illegible] [

[illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] "[illegible] [illegible]". [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— 17.4 —

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]

[illegible] [illegible] [illegible]?

90 [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

60 [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

30 [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]

[illegible] [illegible] [illegible], [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible], **300** [illegible] **400** [illegible].[illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], **GABA** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* **L-theanine, 100** [illegible] **200** [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible]-[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible]: **0.5** [illegible] **3** [illegible].[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

* [illegible] - [illegible], [illegible] [illegible].
* [illegible] [illegible]; [illegible].
* [illegible]: [illegible], [illegible] [illegible].

[illegible]

[illegible] [illegible] [illegible] [

[illegible] 03

[illegible].

[illegible], [illegible].

[illegible]: [illegible], [illegible].

[illegible] - [illegible] C-03.001.

[illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]. [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible] - "[illegible]" - [illegible].

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: "[illegible] [illegible], [illegible] [illegible]. [illegible] [illegible]. [illegible]..." "[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. C-30-[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: "[illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] - [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] C-30 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible]... [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 3.2

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

[illegible] - [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], AA-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible].
[illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] - [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible].
[illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible], [illegible] [illegible] [illegible].
[illegible].
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible].
[illegible].
[illegible] [illegible] [illegible] [illegible].

[illegible] 3.3

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. C-29 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] "[illegible]" [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. — [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible].

⛪ SANCTUARY — [illegible] [illegible] — [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - C-27 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible], [illegible] [illegible], [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] (mono no aware). [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible]. [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

*[illegible]: [illegible], [illegible], [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

*CLASSICAL (Baroque, Romantic,): . . . . . - , , , ... - , , , : . . . . .

[illegible]. [illegible] [illegible] [illegible]... [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible].

[illegible]

[illegible].

[illegible].
[illegible] [illegible].
[illegible], [illegible], [illegible].
[illegible] [illegible], [illegible] [illegible].
[illegible].
[illegible] [illegible].
[illegible], [illegible], [illegible].
[illegible], [illegible] [illegible].
[illegible].
[illegible] [illegible].
[illegible], [illegible], [illegible].
[illegible] [illegible].
[illegible].
[illegible].
[illegible], [illegible].
[illegible] [illegible] - [illegible].
[illegible].
[illegible].
[illegible], [illegible].
[illegible] [illegible].
[illegible].
[illegible] [illegible].
[illegible], [illegible].
[illegible] 15-30 [illegible].

[illegible] 3.5

[illegible].

[illegible] - [illegible].

⚓ SANCTUARY — [illegible] — [illegible].

1. [illegible]: [illegible]. [illegible], [illegible], [illegible]. [illegible], [illegible]. **30** [illegible] **60** [illegible]. [illegible] - [illegible], [illegible].
2. [illegible]: [illegible], [illegible]. [illegible], [illegible]. [illegible], [illegible], [illegible]. [illegible], [illegible], [illegible], [illegible]-[illegible].

3. [illegible]: [illegible], [illegible] - [illegible], [illegible].

4. [illegible]: [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]:

[illegible] - "[illegible]" [illegible].

🏛 SANCTUARY — [illegible] 03 — [illegible].

1. [illegible], [illegible] [illegible]. [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible].

2. [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible].

4. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible].

5. [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible].

6. [illegible] - [illegible] [illegible]. [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible].

7. [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible]

> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. - [illegible]

[illegible] **03** [illegible] **-** [illegible] **-** [illegible] [illegible].

Crisis Resources: 988 (Suicide & Crisis Lifeline) | Crisis Text: Text HOME to 741741 | SAMHSA: 1-800-662-4357

CENTURIAN PAPER 04

[illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:

[illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible].

* [illegible] **(0.5–4 Hz):** [illegible].
* [illegible] **(4–8 Hz):** [illegible], [illegible].
* [illegible] **(8–12 Hz):** [illegible], [illegible].
* [illegible] **(12–30 Hz):** [illegible], [illegible].
* [illegible] **(30–100 Hz):** [illegible], [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] **(brainwave entrainment).** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] "[illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 4.1 —

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **200** [illegible] [illegible], [illegible] [illegible] **210** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]—[illegible] **10** [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] **(10 [illegible])** [illegible]: **10** [illegible] [illegible] [illegible] [illegible]. **[[illegible]]** **(6 [illegible]):** **6** [illegible] [illegible] [illegible] [illegible]. [illegible] **(3 [illegible]):** **3** [illegible] [illegible] [illegible] [illegible].

[illegible]:
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] **15** [illegible] **30** [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]:

[illegible].

[illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible].

[illegible] [illegible].

[illegible].

0.5–4 [illegible]

[illegible] [illegible] / [illegible] [illegible] [illegible].

[illegible]; [illegible] [illegible]; [illegible] [illegible]; [illegible] 30-60 [illegible] [illegible] [illegible].

[illegible]

4–8 [illegible]

[illegible] / [illegible] [illegible].

[illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible].

8–12 [illegible]

[illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible]; [illegible] [illegible] [illegible].

[illegible]

12–30 [illegible]

[illegible], [illegible].

[illegible]; [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible]

30–100 [illegible] ([illegible] 40 [illegible]).

[illegible] [illegible]; [illegible] [illegible].

40 [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] [illegible] **(0.5–4 Hz) —** [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **30-60** [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] **(YouTube** [illegible] **Spotify** [illegible] [illegible] [illegible]**);** [illegible] [illegible]**;** [illegible] [illegible] **20-30** [illegible] [illegible] [illegible]**;** [illegible] '[illegible]' [illegible] [illegible] **-** [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

Theta [illegible] (4–8 Hz) - [illegible] [illegible] [illegible]
[illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(hypnagogic exploration)** [illegible].
[illegible]: **Theta** [illegible] [illegible] [illegible]; [illegible] [illegible] **(**[illegible] [illegible] [illegible]**);** [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible]**; 20–30** [illegible] [illegible].
[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]; "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible]; [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] **(8–12 Hz) —** [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] **—** [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] **(binaural beats)** [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]

[illegible] [illegible]; **15–30** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible].

[illegible] [illegible] **(12–30 Hz) -** [illegible], [illegible], [illegible]: [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; **15–30** [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

40 [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] **40** [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**)** [illegible] **40** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] **30-60** [illegible] **40** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— 4.2 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], **10** [illegible] [illegible], [illegible] [illegible] [illegible] **10** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] **(isochronic)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] **03-**[illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]

CENTURIAN PAPER 12

[illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible], [illegible] [illegible].

> [illegible] [illegible]: [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□□□□□□.

50-60 BPM, □□□□□□□□□□□□ □□□□□□□□, □□□□□□□□□□; □□□□□□□ □□□□□□ □□□□□□□□□□□□□□ (0.5-4 Hz); □□□□□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□; □□□□□□□□ □□□□ □□□□□□□□.

□□□□□□□.

80-100 BPM, □□□□□□□□ □□□□□□□□□ □□□□□□ □□ □□□□□□□□□□□□ □□□□□□□□□□□□□; □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□; □□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□.

□□□□□□□ (Dissociation)

70–90 BPM, □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□ □□□□□; □□□□□□ □□□□□□; □□□□ □□□□, □□□□□□□□□□ □□□□□□□.

□□□□□ □□□□.

60–80 BPM, 528 Hz □□□□□□□□□□□□□□□□, □□□□□□ □□□□□□□□□; □□□□□□□□□□□□□, □□□□□□□□□□□□, □□□□□ □□□□.

□□□□□□□□□□□□

90–120 BPM, □□□□□□□□□□□□□□ □□□□ □□□□□□□ (□□□□□□□, □□□□□, □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□); □□□□□□□□□□□□□□□□ □□□□□□□□□□□, □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□.

□□□□-□□□□□□□ - □□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□□ □□□□□□□□□□□□□□□□□□□□.

□□□□□□□□ □□□□□ □□ □□□□□□□□□□□□ (□□□□□□□□□, □□□□□□□□□□□, □□□□□) □□□□□□□□□□□: □□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□ - □□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□. □□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□ (□□□□□□□ □□□□□□□, □□□□□ □□□□□□□□), □□□□□□□□□ **15-20** □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□.

□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□ (□□□□□□□□□□□□□, □□□□□ □□□□□, □□□□□□□□□□□□□□□□□□□□) □□□□□□□□□□□: □□□□□□□□□ □□□□□ □□□□□□□ □□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□ - □□□□ □□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□. □□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□. □□□□□□ □□□□□ □□□□□□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□. □□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□, □□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□.

— 12.2 —

□□□□□□□□□□□□□□ □□□□ □□□□□□□□.

□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□ □□□□□□ □□□□□□□□□□□□□□□.

□□□□□□□□□□□ □□□□□□□: □□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□ **(□□□□□ 6–8 □□□□)** □□□□□□□□ □□□□□□□□□□□, □□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□; □□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□; □□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□; □□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□.

□□□□□□□ □□□□□□□□□□, □□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□: □□□□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□, □□□□□□□ "□□□□□□□□□□□□□□□□" □□□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□□□□; □□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□; □□□□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□.

□□□ □□□□□□□□□ □□□□□□ □□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□.

□□□□□□.

□□□□□□□□□.

□□□□ / □□□□□□

□□□□□□□□□□□.

□□□□□ 6 □□□ □□□□□□ 8 □□□□ □□□.

□□□□□□□□ / □□□□□□□□□

70-90 BPM, □□□□□□ □□, □□□□□□□□□□ □□□□□ □□□□□□□□□□□□; □□□□□□□□□□□□□, □□□□□□ □□□□□□□□□□□□□□□□.

□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□.

□□□□□ 8 □□□□ □□□□□□ 10 □□□□ □□□□.

□□□□□□□□□□□□□□□□□□□.

90–110 BPM, [illegible]; [illegible] [illegible], [illegible] [illegible]/[illegible].
[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] 10 [illegible] [illegible] 12 [illegible] [illegible].
[illegible].
100–120 BPM, [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible].
[illegible] [illegible]; [illegible] [illegible].
[illegible] 12 [illegible] - [illegible] 2 [illegible]
[illegible]
80-100 bpm, [illegible].
[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].
[illegible] 2 [illegible] [illegible] [illegible] 4 [illegible] [illegible].
[illegible] [illegible] [illegible].
90–110 BPM, [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].
[illegible] 4 [illegible] [illegible] [illegible] 6 [illegible] [illegible].
[illegible].
80-100 BPM, [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible], [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] 6 [illegible] [illegible] [illegible] 8 [illegible] [illegible].
[illegible].
70–85 BPM, [illegible] [illegible]; [illegible], [illegible] & [illegible], [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible].
[illegible] 8 [illegible] [illegible] 10 [illegible] [illegible].
[illegible] [illegible].
60-70 BPM, [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible]/[illegible].
[illegible] [illegible]; [illegible] [illegible].
[illegible] 10 [illegible] [illegible].
[illegible].
50-60 BPM [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].
[illegible] [illegible]; [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] **60-70 BPM** [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] **90-110 BPM** [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]: **120 → 100 → 80 → 60 BPM** [illegible] **30-45** [illegible].

— 12.3 —

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* [illegible] **(Engaging in your favorite hobbies)**

[illegible]:

* [illegible]. **(Get enough sleep.)**
* [illegible]. **(Eat a healthy diet.)**
* [illegible]. **(Avoid alcohol and drugs.)**
* [illegible]. **(Make time for yourself.)**
* [illegible], [illegible]. [illegible]. **(Seek medical help if needed. Seeking medical help is not a failure.)**

[illegible], [illegible].

[illegible]?

* [illegible].
* [illegible].
* **Recovery Kernel-**[illegible].
* **(Naloxone)** [illegible].
* **COMT, DRD2, MTHFR** [illegible].
* **Blueprint** [illegible].
* [illegible], **findahelpline.com** [illegible].

[[illegible]: [illegible].]

[illegible].

[illegible], [illegible] - [illegible]; [illegible], [illegible] (60-80 BPM [illegible]).

[illegible], [illegible].

[illegible], [illegible] - [illegible], [illegible] (60-80 BPM).

[illegible].

[illegible] - [illegible], [illegible]; [illegible] '[illegible]'.

[illegible]

[illegible], [illegible] - [illegible]; [illegible].

[illegible] / [illegible]

[illegible] - 528 [illegible], [illegible].

[illegible], [illegible]:

* "[illegible]. [illegible]. [illegible]."
* "[illegible]. [illegible]."
* "[illegible], [illegible]."
* "[illegible]. [illegible]."
* "[illegible]. [illegible]."
* "[illegible]. [illegible]."
* "[illegible], [illegible]."
* "[illegible]. [illegible]."

* "[illegible]. [illegible] [illegible]."

* "[illegible]."

[illegible]:

* [illegible].
* [illegible].
* [illegible].
* [illegible].

[illegible]:

1. [illegible].
2. [illegible].
3. [illegible], [illegible].

[illegible], [illegible]. [illegible], [illegible], [illegible], [illegible], [illegible].

[illegible]. [illegible], [illegible], [illegible].

[illegible] / [illegible]

[illegible] - [illegible]; [illegible], "[illegible]" [illegible] (100-120 BPM).

[illegible].

[illegible] - [illegible]; [illegible] [illegible] (110-130 BPM).

[illegible] ([illegible])

[illegible], [illegible] - [illegible]; [illegible].

[illegible]-[illegible] ([illegible])

[illegible], [illegible] - [illegible], [illegible] (85-115 BPM).

[illegible] / [illegible]

[illegible] - [illegible]; [illegible] (120-130 BPM).

[illegible].

[illegible].

[illegible] ([illegible]).

[illegible] — [illegible], [illegible]; [illegible].

[illegible] [illegible]

[illegible] - [illegible]; [illegible].

[illegible]

[illegible] - [illegible]; [illegible].

[illegible].

[illegible], [illegible] - [illegible]; [illegible].

[illegible] / [illegible]

[illegible] - [illegible], [illegible].

— 12.4 —

[illegible] [illegible] [illegible] [illegible].

[illegible]profile-[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] **(**[illegible]**) —** [illegible] [illegible]**: GABA** [illegible] → [illegible] [illegible] → [illegible] [illegible]. [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible]; [illegible] [illegible]. [illegible] **(1-5** [illegible]**): 60-70 BPM** [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] **(4-8 Hz),** [illegible] [illegible] **(0.5-4 Hz).** [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible].
[illegible] [illegible] - [illegible] [illegible].
[illegible]-[illegible] [illegible] **(6-14** [illegible]**):**
* **70-80 BPM** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible]**:** [illegible]**, EDM, 100 BPM-**[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] **(**[illegible]**, [illegible], [illegible]) —** [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] → [illegible] [illegible] → [illegible] [illegible]. [illegible]: [illegible], [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible].

[illegible] [illegible] **(1-7** [illegible]**):**
* [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* **60–80 BPM** [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible], [illegible]**&**[illegible], [illegible] [illegible], [illegible]-[illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] **(7-21** [illegible]**)** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: **80-100 BPM,** [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(**[illegible]**):** [illegible] **BPM** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] **(**[illegible], [illegible], [illegible], [illegible]**) —** [illegible] [illegible]:
[illegible] [illegible] [illegible] → **HPA** [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible], [illegible], [illegible], [illegible], [illegible], [illegible]. [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] **(1-7** [illegible]**):**
60-75 BPM, [illegible] [illegible] [illegible] **(**[illegible], [illegible]**).**
528 Hz ([illegible] [illegible]**)** [illegible] [illegible] [illegible].
[illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] **(**[illegible], [illegible] [illegible]**) -** [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
PAWS [illegible] **(2-8** [illegible]**):** [illegible] [illegible] [illegible] [illegible].
[illegible]-[illegible], [illegible] [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible]:

[illegible] → [illegible] → [illegible].

[illegible]: [illegible], [illegible] [illegible], [illegible], [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible]: **80-100 BPM** [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible]: [illegible] [illegible] [illegible] **(0.5-4 Hz).** * [illegible] [illegible] [illegible] **(Hz)** [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible], [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 12.5 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] - [illegible] **30** [illegible], [illegible] [illegible] [illegible] [illegible] **(70→90→110 BPM).**
* [illegible] [illegible] [illegible] - [illegible] **20** [illegible], [illegible] [illegible], **60–70 BPM,** [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible] **60** [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] - [illegible], **80–100 BPM,** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible], [illegible] [illegible].
([illegible], [illegible]) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] **15+** [illegible] [illegible].

[illegible] [illegible]:
* [illegible] [illegible] [illegible] [illegible] - [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] - **60-70 BPM** [illegible]; **100-120 BPM** [illegible];
[illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* "[illegible] [illegible]" **(iso-[illegible])** - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **15+** [illegible] [illegible] - [illegible]

[illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 18.

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **abstract** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* **GABA-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— 18.1 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]:

* *Recovery Kernel*
* *Naloxone*
* *COMT*
* *DRD2*
* *MTHFR*
* *Blueprint*
* *findahelpline.com*

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible]
[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible].
[illegible]: [illegible], [illegible], [illegible], [illegible], [illegible], [illegible], [illegible], [illegible], [illegible].
[illegible] [illegible]: [illegible], [illegible] **B6,** [illegible] **C,** [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]: [illegible], [illegible], [illegible], [illegible], [illegible], [illegible], [illegible], [illegible], [illegible].
[illegible] [illegible]: [illegible] **B6** ([illegible] [illegible] [illegible]), [illegible], [illegible] **D,** [illegible]**-3** [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible]... [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□□□, □□□□□□□, □□□□□, □□□□□□□□.
□□6 □□□□□□□□□□, □□□□□□□□, □□□□□□□□□□ □□, □□□□□□-3.
GABA
□□□□□□□□□□□□□.
□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□, □□□□□ □□□□□□□□□□□□.
B6, □□□□□□□□□□□□, □□□□□□□□□□□□□.
□□□□□□□□□□□□□□□□□.
□□□□□□□
□□□□□□□, □□□□□, □□□□□.
B5, B12
□□□□□□□□□□□□□□□□□□□□
□□□□□□□□.
(□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□)
□□□□□□□□□□ □□, □□□□□□□□.

— 18.2 —

□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□.

□□□□□□□□□□ □□□□□□□□□.

□□□□□□□ - □□□□□□□□□□.

□□□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□□□□ □□□□□□□. □□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□. □□□□ □□□□□□□□□□, □□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ - □□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□.

□□□□ □□□□□□□□□ □□□□□ □□□□□□□□ 0.7 □□□□□□ 1 □□□□□□□ □□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□, □□□□□□□ □□□□□ □□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□, □□ □□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□. 150 □□□□□□□□ □□□□ □□□□□□ □□□□□□□ □□□□ □□□□□□□□□ 105 □□□□□□ 150 □□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□ - □□□□□□□, □□□□□□□ □□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□ 35 □□□□□□ 50 □□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□.

□□□□□□□ (□□□□□□□□□□ □□□□□□□, □□□□□□□, □□□□□□□□□□ □□), □□□□□ (□□□□□□□ □□□□□□□□ □□□□□□-3), □□□□□ □□□□□□□□ (□□□□□□□□ □□□□□□□□□, □□□□□ □□□□□□□□□ □□□□□□□□□□□□), □□□□□□□□□□□□□□ (□□□□□□□, □□□□□□□□, □□□□□□□□□□ B12, □□□□□□□□□□□□), □□□□□□□□ □□□□□□ (□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□), □□□□□ □□□□□□□ (□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□), □□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□.

□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□. □□□□ □□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□. □□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□□□, □□□□ □□□□ □□□□□□□□□ □□□□□□ □□□□□□□ □□□□ □□□□□ □□□□□ - □□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□, □□□□ □□□□□□□ □□□□ □□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□.

□□□□□□ □□□□□□□□□ - □□□□□□□□□□□□□ □□□□□□□□□□□.

□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□ □□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□ — □□□□□□□□ □□□□□□□□□□□□□ — □□□□□□□□□□□□ □□□□□□□□□□□: □□□□□□□□ □□□□ □□□□□□□□□□□□, □□□□□□□□ □□□□ □□□□□□□□□□, □□□□□ □□□□□□□□□□□□□□□ □□□□□□□, □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□, □□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□. □□□□ □□□□□□□□□ □□□□□□□□□□□.

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] ([illegible], [illegible], [illegible] [illegible], [illegible]), [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]:

[illegible] [illegible].

[illegible] [illegible] [illegible]?

[illegible]?

[illegible] [illegible]

[illegible] [illegible] [illegible].

[illegible], [illegible], [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] -- [illegible] [illegible], [illegible], [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]-3 [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] ([illegible], [illegible], [illegible], [illegible]) [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] EPA [illegible] DHA [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]-3 [illegible], [illegible] [illegible] EPA [illegible] DHA [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] ([illegible], [illegible], [illegible], [illegible]), [illegible], [illegible]. [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible], [illegible]), [illegible] [illegible] [illegible]-6 [illegible] [illegible], [illegible] [illegible]-3 [illegible] [illegible] [illegible].

— 18.3 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] – [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **B6** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **GABA** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **B12** [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **B1 ([illegible])** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **B-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible], [illegible]. [illegible]: [illegible] **300** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **GABA** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] **ATP** [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] **300** [illegible] **600** [illegible].[illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]). [illegible] [illegible]: [illegible] [illegible], [illegible], [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] **(Zinc)** [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] **15** [illegible] **30** [illegible].[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **D**
[illegible] **D** [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] **2,000** [illegible] **5,000 IU** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible].

[illegible] **18 -** [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], **GABA** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]:

* [illegible] [illegible] [illegible] [illegible] **0.7** [illegible] **1** [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] **30** [illegible] **50** [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible], [illegible], [illegible], [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible]**-3** [illegible] [illegible] **(EPA** [illegible] **DHA)** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **EPA/DHA** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]**-6** [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

* **B-**[illegible] [illegible]: **B6, B12,** [illegible]; **B1,** [illegible] [illegible] [illegible].
* [illegible] [illegible]: **300** [illegible] **600** [illegible]. [illegible] **- GABA** [illegible], [illegible] [illegible] [illegible], [illegible].
* [illegible] **D: 2,000** [illegible] **5,000 IU** [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] **(Zinc): 15** [illegible] **30** [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]**-3** [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□□□□ 18 - □□□□□□□□□□□□□□□□□□□□□□□□ □□□□.

[illegible] 19.

[illegible].

[illegible]: [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

— [illegible], [illegible], [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], **BDNF** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]:
* [illegible] **150** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] **75** [illegible] [illegible] [illegible]**).** [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] **(**[illegible]**).**
[illegible] [illegible] [illegible] **- 0** [illegible] **90** [illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible].

[illegible].

[illegible]

[illegible].
[illegible] - [illegible], [illegible], [illegible] [illegible].
[illegible].
30-60 [illegible].
[illegible] / [illegible]
[illegible], [illegible], [illegible], [illegible] [illegible].
[illegible] 3-5 [illegible].
30-60 [illegible].
[illegible] [illegible].
[illegible], [illegible], [illegible] [illegible], [illegible].
2-4 [illegible]/[illegible]
30-60 [illegible].
[illegible] / [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
[illegible] 1-3 [illegible].
30-60 [illegible].
HIIT
[illegible] [illegible], [illegible] [illegible]; [illegible] [illegible].
[illegible] 1-2 [illegible] [illegible].
15-30 [illegible].

— 19.3 —

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible].

[illegible] **19 -** [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible], [illegible], [illegible] **BDNF** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

* [illegible]: [illegible], [illegible], **BDNF —** [illegible] **3** [illegible] **5** [illegible].
* [illegible] [illegible]: [illegible], [illegible], [illegible] [illegible], **BDNF —** [illegible] **2** [illegible] **4** [illegible].
* [illegible]: [illegible] [illegible], [illegible] [illegible] — [illegible] **1** [illegible] **3** [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].
* **HIIT:** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]

[illegible]

[illegible]

[illegible] **19 -** [illegible].

— [illegible] // [illegible] —

[illegible] III - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]-1 [illegible].

*[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 02.

[illegible].

[illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] - [illegible] C-02.001.

[illegible]: [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

*[illegible]. [illegible]. [illegible]. [

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] SANCTUARY — THE WAGER — [illegible]: [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible]" - [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] (**[illegible]**, [illegible] [illegible] [illegible] [illegible]), [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible] [illegible]. "[illegible]" "[illegible]" [illegible] **C-27** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]:

* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible]. [illegible]-[illegible] (**Self-exclude**). [illegible] [illegible] [illegible] [illegible]. **Gamban** [illegible] **BetBlocker** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] SANCTUARY — [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] **C-27** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible]: [illegible] [illegible] [illegible] (**[illegible]** [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible]: [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible] [illegible]". [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] (1) [illegible] [illegible] [illegible] [illegible], [illegible], [illegible], [illegible], [illegible]), [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] 10 [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]... [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible].

[illegible] - [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible]: 1. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]." 2. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible]? [illegible]? [illegible]? [illegible]? [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. 3. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. 4. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible]... [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. 5. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]—[illegible], [illegible], [illegible] [illegible], [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible]: [illegible] [illegible].

*[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

*[illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

4. [illegible] [illegible].
[illegible] [illegible] ([illegible] [illegible]).
[illegible] [illegible] ([illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]).
[illegible] [illegible] ([illegible] [illegible] - [illegible], [illegible] [illegible]).
[illegible] [illegible] [illegible]. (**5.** [illegible] [illegible] [illegible] [illegible]

[illegible] 05

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]?

[illegible] - [illegible] C-05.001.

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[redacted]

[redacted]

[redacted]

[redacted]

[redacted]

⚠ [redacted]

[redacted]

[redacted]

[redacted]

[illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] **Protocol-**[illegible] [illegible] [illegible]. **02** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 5.3

[illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] (1999) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] "[illegible]" [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] "[illegible]". [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(cloister)** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible] [illegible] (2-4 [illegible]).
[illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible], [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible].
[illegible] [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible].
[illegible] / [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible].

[illegible] 5.4

[illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible]? [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] 2:47 PM [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] 02-[illegible] [illegible]-[illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible]:
iPhone: [illegible] → [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

Android: [illegible] → [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible].
* [illegible] [illegible] [illegible] - [illegible].

[illegible] [illegible] [illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] "[illegible]" [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] 80 [illegible] 150 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:
1. [illegible] [illegible] [illegible]:
*   * [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (2-3 [illegible], [illegible] 8 [illegible]).*
*   * [illegible]: [illegible] [illegible] (2-3 [illegible], [illegible] 12 [illegible]).*
*   * [illegible]: [illegible] [illegible] (2-3 [illegible], [illegible] 4 [illegible]).*
*   * [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (2-3 [illegible], [illegible] 7 [illegible]).*
*   [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].*
2. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (1-2 [illegible] [illegible] [illegible] [illegible]) [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

*[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (1-2 [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]) [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

🏛 SANCTUARY — [illegible] 05 — [illegible].

1. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

2. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. **3.** "[illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **4.** [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

5. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible].
* [illegible] [illegible]: [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

6. [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

7. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. **8.** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

🏛 [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

> [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. - [illegible] [illegible]

[illegible] **05 -** [illegible] [illegible] [illegible] **-** [illegible] [illegible].

Crisis Resources: 988 (Suicide & Crisis Lifeline) | Crisis Text: Text HOME to 741741 | SAMHSA: 1-800-662-4357

CENTURIAN PAPER 14

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] → [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible] [illegible].

SLC6A4 ([illegible])

[illegible] [illegible] → [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible] [illegible].

OPRM1 ([illegible]).

[illegible] [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible] [illegible].

BDNF [illegible].

[illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:
* [illegible] [illegible] [illegible] [illegible] ([illegible]);
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible]);
* [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible]);
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible]).

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]:

[illegible] **13** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [

30 [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **1 —** [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible]-[illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] **60** [illegible] [illegible] [illegible] [illegible]; [illegible] **90** [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] **20** [illegible] [illegible] [illegible] [illegible] (**[illegible] [illegible]**); [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; **10** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **3 -** [illegible]: [illegible] [illegible]: [illegible] **15+** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] **2** [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] **(30** [illegible] [illegible]**)** [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]; [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]

[illegible] 13.

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

§ [illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

[redacted] [redacted] [redacted].

[redacted] "[redacted]" [redacted] [redacted] [redacted].

⚠ [redacted] - [redacted] [redacted] [redacted] - [redacted] [redacted] [redacted].

[redacted] **(**[redacted]**): Xanax (alprazolam), Valium (diazepam), Klonopin (clonazepam), Ativan (lorazepam).** [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted], [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted].

[redacted] **(**[redacted]**): OxyContin** [redacted] **Percocet (oxycodone), Vicodin (hydrocodone), morphine, fentanyl,** [redacted] **tramadol -** [redacted] "[redacted]" [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] **MAT (**[redacted] [redacted] [redacted]**)** [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] **(**[redacted] [redacted]**): Ambien (zolpidem), Lunesta (eszopiclone), Sonata (zaleplon).** [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] "[redacted] [redacted]" [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] - [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted]. **it.** [redacted] **17 (**[redacted] [redacted]**)** [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] **(**[redacted] [redacted], [redacted] [redacted]**): SSRIs (**[redacted]ي**,** [redacted]**,** [redacted]**)** [redacted] **SNRIs (**[redacted]**,** [redacted]**).** [redacted] "[redacted]" [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted], **discontinuation syndrome** [redacted] - [redacted] [redacted] [redacted] [redacted], [redacted], [redacted] [redacted] [redacted], [redacted] [redacted]. [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted]. **GABAPENTINOIDS (**[redacted] [redacted] [redacted]**): Gabapentin (Neurontin)** [redacted] **pregabalin (Lyrica).** [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted]. [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted].

🔍 [redacted] - [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted] [redacted].

[redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] - [redacted], [redacted], [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]?

[redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] - [redacted] "[redacted]" [redacted] [redacted] [redacted]?

[redacted] [redacted] [redacted] [redacted] [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted]?

*[redacted] [redacted] [redacted] [redacted]? [redacted] — [redacted] [redacted]? [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]? [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]? [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]? [redacted]: [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] (benzodiazepine) [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]

[illegible] 13.2

[illegible].

[illegible] - [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible], [illegible], [illegible], [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. 5. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] (Xanax, Ativan) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] (Valium) [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. 6. [illegible]: [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. 7. [illegible]: [illegible] [illegible] (Naltrexone): [illegible] [illegible]. [illegible] [illegible] (Naltrexone): [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] (Buprenorphine) [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 07-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible]

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible]

[illegible].

[illegible] - [illegible] [illegible].

10% [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] (MAT) [illegible].

[illegible] [illegible] [illegible] [illegible].

Z-[illegible] (Ambien).

[illegible], [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]

[illegible] [illegible].

[illegible] - [illegible] [illegible].

[illegible], [illegible].

[illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible]

[illegible] 13.3

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] SANCTUARY - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

*[illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

🏛 SANCTUARY — [illegible] 13 — [illegible].

1. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. **2.** [illegible] [illegible]:
* [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] **(MAT)** [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible]. **3.** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] **13 —** [illegible] [illegible] **—** [illegible] [illegible].

Crisis Resources: 988 (Suicide & Crisis Lifeline) | Crisis Text: Text HOME to 741741 | SAMHSA: 1-800-662-4357

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

CENTURIAN PAPER 22

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

**[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] '[illegible]' [illegible] [illegible]. '[illegible] [illegible] [illegible] [illegible]?' [illegible] [illegible] [illegible] '[illegible]' [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] '[illegible]' [illegible] '[illegible] [illegible] [illegible] [illegible]' [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] 6-12 [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] '[illegible] [illegible] [illegible]' [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible].

[illegible]

[illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible].

The Gap

SSRIs/SNRIs

6-12 [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] (ADHD)

4-12 [illegible].

[illegible] ([illegible] [illegible] [illegible] → [illegible] [illegible]).

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

6-8 [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

2-4 [illegible] ([illegible] [illegible]).

[illegible] [illegible].

[illegible] [illegible] 4 [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible].

3-6 [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible].

— 22.2 —

[illegible] [illegible] [illegible].

[illegible] [illegible], "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

COMT [illegible] **- ADHD** [illegible]

COMT [illegible] [illegible] [illegible] [illegible].
Val/Val ([illegible]) = [illegible] [illegible] = [illegible] [illegible] [illegible] [illegible].
Met/Met ([illegible]) = [illegible] [illegible] = [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] → **ADHD** [illegible] [illegible] →
[illegible] [illegible] [illegible] [illegible] [illegible].

Met/Met [illegible] **(**[illegible] [illegible] [illegible] [illegible]**)** [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]: '[illegible] [illegible] [illegible]!' ([illegible] [illegible], [illegible]).
2-4 [illegible]: [illegible], [illegible], [illegible] [illegible].
2-3 [illegible]: [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]+: [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: '[illegible] **COMT** [illegible] [illegible]?' [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible] [illegible].

[illegible] [illegible] [illegible] - "[illegible]"

[illegible] [illegible] [illegible] **(D2** [illegible]**)** [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] → [illegible] [illegible] [illegible]). [illegible] [illegible]: [illegible] [illegible] → [illegible] [illegible] [illegible] → [illegible] [illegible] → [illegible] [illegible] → "[illegible] [illegible] [illegible]" [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] ([illegible] [illegible]), [illegible], [illegible] [illegible] - [illegible] "[illegible] [illegible]" [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible]). "[illegible]" [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] "[illegible] [illegible]" [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]. [illegible] [illegible]: "[illegible] [illegible] [illegible]... - [illegible] [illegible] [illegible]?
- [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?
- [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] - [illegible] [illegible] [illegible]

[illegible] **(Xanax, Klonopin, Valium, Ativan) GABA** [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] → [illegible] [illegible] → '[illegible] [illegible] [illegible] [illegible]' ([illegible] [illegible] [illegible]) → [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] → [illegible] [illegible], [illegible] [illegible] '[illegible] [illegible] [illegible]' [illegible] [illegible]. [illegible] [illegible]:

* **1-2** [illegible]: [illegible] [illegible] [illegible] [illegible].
* **3-4** [illegible]: [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible]).
* **2-3** [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]. [illegible] [illegible]. **6**[illegible] [illegible]+: [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. **GABA** [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **NEVER (**[illegible] [illegible]**)** [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible]. [illegible] **(**[illegible] [illegible] [illegible]**)**, [illegible] [illegible], [illegible].[illegible].[illegible] [illegible] **(**[illegible], [illegible]-[illegible], [illegible]**)**, [illegible] [illegible] [illegible] **(**[illegible] [illegible], [illegible], [illegible]**)**, [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible], **COMT,** [illegible]**)**.

— 22.3 —

[illegible] [illegible] [illegible].

[illegible]

[illegible]: [illegible] - "[illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible] [illegible]." [illegible] = [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] - "[illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] = [illegible] [illegible] [illegible].

[illegible]:
1. [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; **1.** [illegible] [illegible] [illegible] [illegible].
2. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
3. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
4. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] = [illegible]. [illegible].

[illegible]

[illegible].

[illegible].

[illegible].

[illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], COMT [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible] [illegible], [illegible].

SSRIs/SNRIs

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible]12, [illegible]-3, [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

6 [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] (GABA) [illegible].

[illegible] [illegible] [illegible].

[illegible], [illegible]-[illegible], [illegible] [illegible], [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible], [illegible]-3.

— 22.4 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **1 -** [illegible] [illegible] **(1-4** [illegible]**)**
[illegible]**:** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
[illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible];
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible];
* [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible];
* [illegible] [illegible] [illegible]: '[illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]?'
[illegible] [illegible] [illegible] [illegible]: '[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] **2 -** [illegible] [illegible] ([illegible] **1-3)**
[illegible]**:** [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible] [illegible]**: MTHFR, COMT, CYP450 (**[illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**).**
[illegible] [illegible]**: [illegible] D, B12,** [illegible], [illegible], [illegible] **(**[illegible] [illegible]**), [illegible]-3** [illegible].
[illegible] [illegible]**:** [illegible] **(TSH, T3, T4,** [illegible]**),** [illegible] [illegible] [illegible] [illegible], **HbA1c,** [illegible] [illegible] **(CRP, ESR).**
[illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] **(**[illegible] [illegible]**).** [illegible] [illegible]**),** [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."

[illegible] **3 -** [illegible] [illegible] [illegible] [illegible] **(**[illegible] **2-6)**
[illegible]**:** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**),** [illegible] [illegible]. [illegible] [illegible] [illegible]**: MTHFR** [illegible] → [illegible] + [illegible]; **COMT Met/Met →** [illegible] [illegible], [illegible]; **CYP450** [illegible] → [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] **D** [illegible] **(50-70 ng/mL)** [illegible]; [illegible]**-3 (2-4** [illegible] **EPA/DHA);** [illegible]; [illegible] **B-complex.** [illegible] [illegible] [illegible]: [illegible] **(7-9** [illegible], [illegible]**);** [illegible] **(30-45** [illegible] [illegible] **5** [illegible]; [illegible] [illegible] [illegible] **(**[illegible], [illegible]**);** [illegible] **(**[illegible], [illegible], [illegible]**).** [illegible]**-**[illegible]: [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] **(**[illegible] **18).**

[illegible] **4 -** [illegible] [illegible] **(**[illegible] **4-12+)**
[illegible]**:** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible]**: 3-6** [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] **(**[illegible]**);** [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] **2-4** [illegible] **10%** [illegible] **(**[illegible] [illegible]**);** [illegible] [illegible] [illegible], [illegible] [illegible] **(**[illegible] **2-4** [illegible] **5-10%** [illegible] [illegible] [illegible]**);** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible]. **—** [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible] (**[illegible] [illegible] [illegible] [illegible]**).
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible] [illegible] **10%,** [illegible] [illegible].
* [illegible], [illegible] [illegible] [illegible].
* [illegible] ≠ [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible].
* [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]

[illegible] [illegible].

[illegible] [illegible]

[illegible]:

[illegible] [illegible].

SSRIs/SNRIs

[illegible] 2-4 [illegible] 10%.

3-12 [illegible].

[illegible], [illegible] [illegible].

[illegible]-3, [illegible].

[illegible].

10-25% [illegible] 1-2 [illegible].

1-3 [illegible].

[illegible], [illegible], [illegible].

[illegible], [illegible], [illegible], [illegible].

[illegible] [illegible] [illegible].

[illegible] 4 [illegible] 10% [illegible].

6-18 [illegible].

[illegible], [illegible].

[illegible], [illegible] [illegible], [illegible].

[illegible].

5-10% [illegible] 2-4 [illegible] [illegible] (**[illegible] [illegible]**).

6 [illegible] – 2+ [illegible]

[illegible], [illegible] [illegible], [illegible].

[illegible] [illegible], [illegible], [illegible] [illegible].

[illegible] [illegible].

[illegible] 2-4 [illegible] 10%.

3-9 [illegible].

[illegible] [illegible], [illegible].

[illegible], [illegible] [illegible], [illegible]-3.

[illegible] [illegible] - [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]. [illegible] [illegible] **(Ashton Protocol)** [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] **(Diazepam)** [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible]**);** [illegible] **1-2** [illegible] **1-2** [illegible] [illegible] [illegible]

□□□□□□□□□□□□; □□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□, □□□□□□ □□□□□□□□□ **1-3** □□□□□□□□□ □□□□ □□□□□□□. □□□□□□□□□□□□□□□□ **GABA** □□□□□□□□□□□□ □□□□□□□□□: □□□□□□□□□□□□ □□□□□□□□□□□□ **(Magnesium Glycinate) (300-400** □□□□□ □□□□□□□**) -** □□□□ □□□□□□□□□□ **GABA** □□□□□□. **L-theanine (200–400mg) -** □□□□□□□□□□ □□□□□□□□□□□□ **GABAergic; taurine (1–2g) - GABA** □□□□□□ □□□□□□**; valerian root (500mg) - GABA** □□□□□□□□□□□□**; phosphatidylserine (300mg) -** □□□□□□□□□□□□ □□□□□□□□□. □□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□. □□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□ □□□□□.

□□□□□□□□ □□□□□□□□□□□□□:
□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□; □□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□. □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□; □□□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□.
□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□ **-** □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□ '□□□□□□□□' □□□□□□; □□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□.
FDA □□□□□□□□□ **≠** □□□□□□ □□□□ □□□□□□□□□□□□□ **- 6-12** □□□□ □□□□□□□□□ □□□□□□□□□, □□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□; □□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□.
□□□□□□□□□□□ □□□□□□□□□□□□□□□ **- COMT, MTHFR, CYP450. variants** □□□□□□□□□□□□□□□□□□□ □□□□ □□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□; □□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□.
□□□□□□□□ **=** □□□□□ □□□□□□□ **—** □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□, □□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□, □□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□.
□□□□□□□-□□□□□ □□□□□□□□□ **—** □□□□□□□□□□□□□□□□□□□□, □□□□□□□□□, □□□□□□, □□□□□□□□□□□□□□; □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□, □□ □□□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□.
□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□□ **—** □□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□; □□□□□□□□ **2-4** □□□□□□□□□□□□□□□□□ **10%.** □□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□. □□□□□□□□□□□□□□□□□□□□**...** □□□□□□□□ □□□□□□□□ □□□□□ **-** □□□ □□□□□□□□□□□□ □□□□□□□□□□□□□; □□□□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□ □□□□□□□; □□□□□□□ □□□□□□□□□; □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□; □□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□. □□□□□□□□□□□□□□□□ □□□□□, □□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□: '□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□**?**' '□□□□□ □□□□□□□□□ □□□□□□□**?**' '□□□□□□□□□□□□ □□□□□ □□□□**?**' □□□□□□□□□□ □□□□□□□□□□□□, □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□. □□□□□□□□□□ □□□□□□ □□□ □□□□□□□□ □□□□□□□□□□□□□□□, □□□□ □□□□□□□□□ **-** □□□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible] 14.

[illegible].

[illegible], [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible].

[illegible] - [illegible] [illegible].

[illegible]. [illegible] [illegible]. [illegible]. [illegible]. [illegible]. [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

* [illegible] [illegible]-[illegible].
* [illegible] [illegible] [illegible].

1. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

2. [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible]... [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible]" [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] **01-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

3. [illegible]: [illegible] [illegible] [illegible]. [illegible] - [illegible] **01** [illegible] [illegible] **17** [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. **4.** [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] - [illegible] - [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□□□□□□□□□ □□□□.
□□□□□□□□-□□□□□□□.
□□□□□□ □□□□□□□□, □□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□.
□□□□□□□□ □□□□□□□□□□ (□□□□□□□)
□□□□□□□□□□ □□□□.
□□□□□□□ - □□□□□□□□□□□□□□.
□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□.
□□□□□□□□□ □□□□□□□□□□□□
□□□□□□□□□ □□□□, □□□□□□□□□□□□□□□□□□□□□□□.
□□□□□□□□.
□□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□.
□□□□□ □□□□□□□□□□□□.
□□□□□□□□ □□□□.
None
□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□.

□ □□□□□□□□□ - □□□□□□□□□□□ □□□□□□□ □□□□□□□□□ - □□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□.

*□□□ □□□□□□□ □□□□□□□□ □□□□□□□ □□□□□. □□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□ □□□□□. □□□ □□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□ - □□□□□□□ □□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□□ □□□□: □□□□□□□□ □□□□□□□ □□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□, □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□ □□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□ □□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□, □□□□□ □□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□. □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□: □□□□□□□□□□□□□□□□□ □□□□□□□□, □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□□□□□ □□□□□□□□□□□, □□□□□□□□□ □□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□: □□□□□□□□□ □□□□□□□□ □□□□□ (□□□□□□-3), □□□□□□ □□□□□□□□. □□□□□□ □□□□ □□□□□□□□□□□□, □□□□□□□ □□□□□□□□, □□□□□□□□□□, □□□□□□□, □□□□□□, □□□□□□□□ □□□□□. □□□□□□□□ □□□□□□□□□□□□: □□□□□ □□□□□□□□ (□□□□ □□□□□□□□□ 2-4 □□□□□□□ EPA/DHA), □□□□□□□□□ □□□□□□ □□□□□□□, □□□□□□□□□□□□□ (Protocol 12), □□□□□□□□□□ D. □□□□ □□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□ □□□□ - □□□□ □□□□□ □□□□□□□□□ □□□□□, □□□□ "□□□□□□ □□□□□□□" □□□□□□. □□□□□□, □□□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□□□□□□□ □□□□ □□□□□□□□: □□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□. □□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□: □□□□□□□ □□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□. □□□□□□□□□□... □□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□. □□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□. □□□□□□□□□□□□□ □□□□□□□□□ - □□□□□□□ □□□□□ □□□ □□□□□□□□. □□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□. □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□. □□□□□□□ □□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□. □□□□□ - □□□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□□□, □□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□. □□ □□ □□□□□□□□ □□□□□□□□□ - □□□□□□□□□□, □□□□□□□ □□□□□ □□□□□□□□□. □□□□□ □□□□□□□□□ - □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□□. □□□□□□□□□□□□ - □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□. □□□□□ □□□□□□□□□: □□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□. □□□□□ □□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□□□□□. □□□ □□□□□□□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□, □□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□ - □□□ □□□□□□□□□□□□□□ □□□□□□□ □□□ □□□□□□□. □□-□□□□ □□□□□□□ □□□□□□□□□□□□ - □□□□□□□□□□□ □□□□□□□□□□□□: □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□ □□□□□□□ □□□□□□□□□ (MBSR) - □□□□□□□□□ □□□ □□□□□□□□ □□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□ □□□ □□□□□□□□□□ □□□□□□□□. □□□ □□□□□□□ □□□□□ □□□□□□□□□□□□□, □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□□□□□. □□□ □□□□□□□ □□□□□, □□□□ □□□□□□□ □□□□□□□□ □□□□□, □□□□ □□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□. □□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible].

[illegible]?

MBSR

8 [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible].
[illegible].
[illegible] [illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible], [illegible] [illegible], [illegible].
[illegible].
[illegible] [illegible] [illegible].
[illegible] [illegible]:
[illegible] [illegible].
[illegible] / [illegible].
[illegible] + [illegible] + [illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible], [illegible], [illegible].
[illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible] systemic [illegible].
[illegible]-[illegible] [illegible] [illegible] [illegible].
[illegible] / [illegible].
[illegible] [illegible] [illegible].
[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible].

[illegible] 14.3

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

⚠ [illegible] - [illegible] [illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

1. [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. 2. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. 3. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. 4. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] 08-[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

5. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

6. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

*[illegible] ([illegible]) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

5. **"**. **6.** **.**

- .

14 - **-** .

Crisis Resources: 988 (Suicide & Crisis Lifeline) | Crisis Text: Text HOME to 741741 | SAMHSA: 1-800-662-4357

CENTURIAN PAPER 23

[illegible].

[illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] **DEA ([illegible] [illegible])** [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] '[illegible] [illegible]' [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] '[illegible]' [illegible] [illegible]; [illegible] [illegible] [illegible] '[illegible]' [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] **(BIOLOGICAL CALIBRATION).** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 23.1 —

[illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **1 -** [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] → [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] '[illegible]' [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] '[illegible] [illegible]' [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible]**)** → [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible]" [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]**)** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **2 -** '[illegible] [illegible]' [illegible] [illegible] **(CYP2C9)**

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] → "[illegible] [illegible]" [illegible] **OTC (**[illegible] [illegible] [illegible] [illegible] [illegible]**)** [illegible] [illegible]: "[illegible] [illegible] [illegible]" → [illegible] **CYP2C9** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] → **NSAIDs (**[illegible] [illegible] [illegible] [illegible] [illegible]**)** [illegible] [illegible], [illegible] [illegible] [illegible] → [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] →

[illegible] [illegible] [illegible] '[illegible]' [illegible] [illegible] [illegible]. **CYP2C9** [illegible] **NSAIDs-**[illegible] [illegible]: [illegible], [illegible], [illegible], [illegible], [illegible].
CYP2C9 [illegible] [illegible] [illegible] [illegible]: [illegible] **25-35%** [illegible] [illegible].
CYP2C9 [illegible] [illegible] [illegible] [illegible]: **~2-3%.** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **2-4** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].

[illegible] **3 -** [illegible] [illegible] **(COMT +** [illegible] [illegible]**)**

[illegible]: [illegible] [illegible] [illegible] → [illegible] '[illegible]' [illegible] [illegible] [illegible] (**[illegible].[illegible]., 10** [illegible] [illegible]**codone) →** [illegible] **COMT Met/Met** [illegible] [illegible] **(**[illegible]**-**[illegible] [illegible] [illegible]**) →** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] → [illegible]: [illegible], [illegible], [illegible] [illegible] [illegible] '[illegible] [illegible]' → [illegible] '[illegible] [illegible] [illegible] [illegible]' [illegible] [illegible] [illegible] → [illegible] [illegible], [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

COMT Met/Met [illegible] [illegible]: [illegible] [illegible] [illegible] = [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] **(**[illegible]**)** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] **-** "[illegible] [illegible]" [illegible] [illegible]: [illegible] [illegible] **COMT** [illegible] **"Met/Met" (opioid-**[illegible] [illegible] [illegible]**)** [illegible] **CYP2C9** [illegible] "[illegible] [illegible] [illegible]" **(NSAID** [illegible]**)** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]." [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible], [illegible] **opioid** [illegible]." [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **opioid** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] "[illegible]" [illegible]. [illegible], [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] → **COMT Met/Met + CYP2C9 IM** [illegible] [illegible] → [illegible] **NSAID** [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible]**)** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **(2.5mg, 10mg** [illegible]**)** [illegible] → [illegible] [illegible] [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible]. [illegible]: [illegible].

— 23.2 —

[illegible] [illegible].

[illegible] "[illegible] [illegible] [illegible] [illegible]" [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] **1 (**[illegible] [illegible] [illegible]**) =** [illegible] [illegible];
* [illegible] **2 (**[illegible]**) =** [illegible] [illegible] **NSAIDs** [illegible] [illegible] [illegible];
* [illegible] **3 (**[illegible]**) =** [illegible].

[illegible]: [illegible] '[illegible] [illegible]' [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
CYP2C9 [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] **1 NSAIDs** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. '[illegible]

[illegible] [illegible]' [illegible] '[illegible] [illegible]' [illegible] [illegible]. [illegible] [illegible].

[illegible].

[illegible] [illegible] / [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible]
CYP2C9 - [illegible]; [illegible] [illegible] [illegible] [illegible].
30-35% ([illegible] [illegible] [illegible] [illegible]).
[illegible]
CYP2C9 - [illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] 30-35%.
[illegible]
CYP2C9 - [illegible]; [illegible] [illegible] [illegible].
[illegible] 30-35%.
[illegible].
CYP2C9 - [illegible]; [illegible] [illegible].
[illegible] 30-35%.
[illegible].
CYP2C9 - [illegible]; [illegible] [illegible].
[illegible] 30-35%.
[illegible] ([illegible])
CYP2D6 - [illegible] [illegible]; [illegible].
~7–10% ([illegible])
[illegible] ([illegible]).
CYP2D6 - [illegible] [illegible]; [illegible].
~1–2%
[illegible].
CYP2D6 - [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible].
[illegible]
CYP2D6 - [illegible] [illegible] [illegible] [illegible].
7-10%.

[illegible] [illegible] - [illegible] '[illegible]'

[illegible] [illegible] '[illegible]' [illegible] [illegible] - [illegible] '[illegible]' [illegible] [illegible]. [illegible]: [illegible] [illegible] **CYP2D6** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible].

CYP2D6 [illegible] [illegible] [illegible] [illegible] **(~7–10%** [illegible]**):** [illegible] [illegible] [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] **(**[illegible] [illegible]**)** → '[illegible] [illegible] [illegible]' [illegible] [illegible] → '[illegible] [illegible]' [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible].

CYP2D6 [illegible] [illegible] [illegible] [illegible] [illegible] **(~1–2%):** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] '[illegible]' [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **7-10%** [illegible] [illegible], **1-2%** [illegible] [illegible], [illegible] [illegible] **85-90%** [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

— 23.3 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] - [illegible]

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] **(reward pathway** [illegible]) - '[illegible] [illegible] [illegible] [illegible] [illegible].'
[illegible] [illegible]: [illegible] **(pain pathway modulation) -** '[illegible]' - [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible]:
* [illegible] = [illegible] **(pseudo-addiction** [illegible]);
* [illegible] = [illegible] [illegible] [illegible] [illegible] (**[illegible]**);
* [illegible] [illegible] = **window =** [illegible] **+** [illegible] [illegible] **(**[illegible]**).** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **3** [illegible] **10** [illegible] [illegible] [illegible]. '[illegible] [illegible]' [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] '[illegible]' [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

— 23.4 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

Tier 0 — [illegible] [illegible] [illegible] **(**[illegible] [illegible]**)**

[illegible] [illegible] **(MTHFR-**[illegible]**):** [illegible] + [illegible]; [illegible]: **MTHFR** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible]**-3** [illegible] [illegible] **2–4** [illegible] **EPA/DHA** [illegible]; [illegible] **500–1000** [illegible], [illegible]; [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible]: [illegible] [illegible] = [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] **(**[illegible] [illegible] [illegible]**); DL-**[illegible] **(DLPA) 500–1000** [illegible] [illegible] **-** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

GABA [illegible] [illegible]. [illegible]: [illegible] **300-400** [illegible], [illegible]; [illegible]-[illegible] **200** [illegible], [illegible]; [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible]: [illegible] [illegible] [illegible] = [illegible] [illegible] [illegible]. [illegible] [illegible]: **7-9** [illegible] [illegible], [illegible] [illegible]; [illegible]: [illegible] [illegible] **30%** [illegible]; [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] 0 - [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible]: [illegible], [illegible]-3, [illegible], [illegible]; MTHFR [illegible] [illegible] [illegible] [illegible].

[illegible] 1 - [illegible]/[illegible] [illegible].

□□□□□□□□□ □□□□□□□□□□□, □□□□□□□□□□□, TENS; □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□, □□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□; □□□□□□ □□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□.

□□□□□ 2 - □□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□.

□□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□□□□□□□□□; □□□□□□□ □□□□, □□□□□□□□□□ □□□□□□□□ □□□□□□□□□; □□□□□□□□□□□□□□□□□□□□□□□□□ CYP2E1 □□□□□ □□□□□□□□□□□□□□□□□□; □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□.

□□□□□ 3 - NSAID (□□□□□□ □□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible]:
[illegible] **-** [illegible] [illegible] [illegible] [illegible] **(**[illegible]**);** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible]**;** [illegible] [illegible] [illegible] [illegible] [illegible]**,** [illegible] [illegible] [illegible] [illegible]**.**
CYP2C9 [illegible] **NSAIDs-**[illegible] [illegible] **- 30-35%** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**;** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**.**
COMT [illegible] [illegible] [illegible] [illegible] **- Met/Met** [illegible] [illegible] [illegible]**,** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**.**
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] = [illegible] [illegible]**,** [illegible] [illegible]**;** [illegible] [illegible] = [illegible] [illegible] [illegible] [illegible]**;** [illegible] [illegible] [illegible]**,** [illegible]. [illegible] [illegible] [illegible] **- 7-10%** [illegible] [illegible] **(**[illegible] [illegible] [illegible]**), 1-2%** [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible]**);** "[illegible]" [illegible] [illegible]**,** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**.**

[illegible] **0** [illegible] [illegible]**:** [illegible] [illegible]**,** [illegible]**-3,** [illegible]**,** [illegible]**,** [illegible] [illegible]**;** [illegible] [illegible] [illegible] [illegible]**,** [illegible] [illegible] [illegible]**.** [illegible] **-** [illegible] [illegible] [illegible] [illegible]**,** [illegible] [illegible] [illegible]**.** [illegible] [illegible] [illegible] [illegible]**.** [illegible] "[illegible]" [illegible] [illegible]**,** [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible]**.**

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** "[illegible]" [illegible] [illegible] [illegible]**,** [illegible] [illegible]**;** [illegible]**,** [illegible] **(OTC)** [illegible] [illegible] [illegible] [illegible]**.**

[illegible] [illegible] [illegible]**, pharmacogenomic** [illegible] [illegible] [illegible] **- GeneSight, Genomind** [illegible] [illegible] [illegible]**.** [illegible]**,** "[illegible] **CYP2C9** [illegible] **COMT** [illegible] [illegible]**?"** [illegible] [illegible]**.**

[illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible]**,** [illegible] [illegible] [illegible] [illegible]**.**

[illegible]**:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**.** [illegible] [illegible] [illegible] [illegible]**.** [illegible] [illegible] [illegible] [illegible]**.** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[redacted] 37.

[redacted] [redacted] [redacted].

[redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted].

- [redacted] [redacted] [redacted]: [redacted] [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted].

[redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] - [redacted] [redacted], [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible] [illegible] - COMT Val/Val [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible].

[illegible], [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[redacted] [redacted] - [redacted]

[redacted], [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] - [redacted], [redacted] [redacted] - [redacted] [redacted] [redacted], [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted].

[redacted]

[redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]

[illegible]. [illegible] [illegible] [illegible] [illegible], [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] **19 ([illegible] [illegible])**.

— 37.3 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

** [illegible].*
** [illegible].*
** [illegible].*
** [illegible].*
** [illegible].*

[illegible] [illegible] [illegible] [illegible], findahelpline.com [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

COMT - [illegible] [illegible]
COMT [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. **Val158Met** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **(Val/Val)** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **(Met/Met)** [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] "[illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] **COMT** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible].

COMT [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible], [illegible], [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible]/[illegible] - [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] / [illegible] - [illegible]

[illegible] [illegible] [illegible].

[illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

MTHFR — [illegible] [illegible]:

[illegible] **(Methylenetetrahydrofolate reductase)** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] **30** [illegible] **70** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **MTHFR** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible] **(23andMe, AncestryDNA** [illegible]**)** **COMT** [illegible] **MTHFR** [illegible] [illegible] [illegible] [illegible]**.** [illegible] [illegible] [illegible] **(Promethease, Genetic Genie, NutraHacker)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**.** [illegible] [illegible] [illegible] **$100–200** [illegible]**,** [illegible] [illegible] **$10–20** [illegible] [illegible]**.** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

DL-□□□□□□□□□□□□□ (DLPA); □□□□□□□ □□□□ □□□□□□□□□□□ (LDN), □□□ □□□□□□□□□□□□□□□ □□□□□□□□□□.

DLPA □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□; LDN □□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□, □□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□.

□□□□□□□□□□□□□.

□□□□□□□□□, □□□□□□□□ □□□□□□□□.

□□□□□□□□□□□□□□□□□□ (L-5-MTHF), □□□□□□□□□□□□□□□□□□□□□ B12, B6 □□□□□ P5P.

□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ - □□□□ □□□□□□□□□□□ MTHFR □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□.

□□□□□□□□□□□□□.

□□□□□□□□□, □□□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□.

NAC (□□□□-□□□□□□□□ □□□□□□□□□), □□□□□□□□□□ □□□□□□□□□□□□□□.

□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□, □□□□ □□□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□.
□□□□□□□□□□□□□□ □□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□.

□□□□□□□□□□□□□□□□□□□□□□.

□□□□□□□□□, □□□□□□□□□□□□□□□□, □□□□□□□□□□□□.

□□□□□□□□□□□□□, □□□□□□□□□□□□□□□, □□□□□□□□□, □□□□□□□□□□□□□.

□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□. □□□□□□□□, □□□□□□□ □□□□□□□□ □□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□.

— 37.5 —

□□□□□□□□□ □□□□□□□□□□□.

□□□□□ □□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□:

** □□□□□□□ □□□□□□□□ □□□□□ □□□□□?*
** □□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□?*
** □□□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□?*
** □□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□?*
** □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□□?*
** □□□□□□□□ □□□□□□□□ □□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□?*
** □□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□?*
** □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□.*

□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□, □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□:

** □□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□?*
** □□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□?*
** □□□□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□?*
** □□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□?*
** □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□□?*
** □□□□□ □□□□□□□□ □□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□?*
** □□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□□?*

□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□, □□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□.

□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□. □□□□□ □□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□. □□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ - □□□□□□□, □□□□□□□□ □□□□□ □□□□□□□□□□□, □□□□□ □□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□.

□□□□□□ □□□ □□□□□ □□□□□□□□□:

[illegible] [illegible] [illegible] [

[illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible]-[illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible].

[illegible] [illegible].

"[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."

"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."

"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."

"[illegible] [illegible] [illegible] [illegible]."

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]—[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]

[illegible] 44.

GLP-1 [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] 2023-2026 [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **GLP-1** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **2026** [illegible] [illegible], [illegible] **2** [illegible] [illegible] [illegible] [illegible] [illegible] **FDA** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **FDA** [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] **(**[illegible] [illegible] [illegible]**)**, [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. **2023** [illegible] **2024** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] **(semaglutide)** [illegible] [illegible] [illegible] **(tirzepatide)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **afterthought** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]**...** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **2025** [illegible] **2026** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. **GLP-1** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] **(nucleus accumbens),** [illegible] [illegible] [illegible] **(ventral tegmental area)** [illegible] [illegible] **frontal** [illegible] **(prefrontal cortex)** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible], **2026** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

receptor agonists) - [illegible] [illegible] [illegible]

[illegible].
* [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]:
* [illegible] **(Pancreatitis):** [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible].
* [illegible] **(Gallblader).** [illegible] - [illegible], [illegible] [illegible] [illegible].
[illegible]-[illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] - [illegible].
[illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

Tirzepatide [illegible] [illegible] [illegible] **Tirzepatide (**[illegible] [illegible] **Mounjaro,** [illegible] [illegible] **Zepbound)** [illegible] **GLP-1** [illegible] **GIP (**[illegible] [illegible] [illegible] [illegible] [illegible]**)** [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **15–20%** [illegible] [illegible] [illegible], [illegible] [illegible] **semaglutide** [illegible] **10–15%** [illegible] [illegible] [illegible]. [illegible] [illegible], **2025-2026** [illegible], [illegible] **semaglutide** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **semaglutide** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **Orforglipron** [illegible] [illegible] [illegible] **GLP-1** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. **Retatrutide, GLP-1, GIP** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **24%** [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - FDA [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible].

FDA [illegible].

[illegible].

2025-2026 [illegible] [illegible].

[illegible] (Tirzepatide / [illegible]).

[illegible] 2 [illegible] [illegible] (2017); [illegible] [illegible] (2021).

GLP-1 [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] 50-60% [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 40% [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

Tirzepatide (Mounjaro / Zepbound)

[illegible] 2 [illegible] [illegible] (2022); [illegible] [illegible] [illegible] (2023).

[illegible] GLP-1 [illegible] GIP [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] (Boeringer Ingelheim).

2026 [illegible] [illegible] [illegible], [illegible] 2/3 [illegible].

[illegible] GLP-1/[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] 2-3 [illegible].

Orforglipron ([illegible] [illegible]).

[illegible] 3 [illegible].

[illegible] GLP-1 [illegible] -- [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] (1 [illegible]).

[illegible] 3 [illegible].

[illegible] [illegible] [illegible]: GLP-1, GIP [illegible] [illegible] - [illegible] [illegible] 24% [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 44.3 —

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* ████ **2** ██ ██████████ ██████████ **(MEN 2).**
* ████ ████████████ ███████.
* ██████████ ██████████ ██████████ ███████ ███████ ██████ ████████ **-** ████ ████████████ ████████████████ ████ ████████████ ████████ ████████████.
* ██████████ ██████████ ███████ ███████ ████████████████ ████████████████ **-** ███ **C,** ███████ ██████████ ████████████.
* ████████████ ████████████████.

██████████ ██████████ ██████████, ███████ ████████████████ ███████ ███████ ████████████████ ████████████:
* ██████████ ████. ███████ ███████ ███████ **(**████████████ ███████ ██████████**) -** ███████ ███████ ██████ ██████████ ██████████.
██████ ████████████ ███████ ███████ ██████████ **-** ███ ████████████████, ████ ████████████ ████████████.
███████ ██████████ ████ **-** ██████████ ████ ██████████ ██████████**;** ███████ ████████████ ███████.
██████████ ███████ ██████████ ███ ██████████ **(**██████████ ████████████**) -** ████████████ ███ ████████████████.
██████████ ████ ████████████ ████████████████ ███ ██████████ **-** ███████ ███████ ███████ ███████.
████████████████ ██████████ ████████████ ██████████:
██████ ██████████ ████ **-** ██████████ ██████████ ████ ███████ ████████████████, ████████████ ████████████ ████ ████████████ ████████.
████████ ████████████.
████████████ ████ **-** ███████ ███████ ████████████████ ███████ ██████████ ███████ ██████████.
███████ ██████ ████ ██████████ ██████ ████████████ ███████ ████████████. ████ ████████████ **-** ██████████ ███████ ███████ ██████████ ████████████████ ██████████. ████ ███ ███████ ███████ **-** ████████████ **2-3** ████████████████ ████ ██████████ ███ ███████ ████████████ ███ ██████████ ██████████ ████████████.

— 44.4 —

████████████ **-** ███████**-1** ████████████ ██████████ ██████████, ███████ ████████████ ███████ ████████████.

████████ ███ ████, ███████ ███████ ████.

████ ██████████ ████████████ ████ ██████████ ██████████, ███████ ██████████ ███ ██████████ ██████████ ████████████ - ███████ ███ ███████ ███████ ████████████ ████████████, ████████████ ██████████, ████████████ ██████████, ███████ ███ ███████ ████████████ ████████████ ███████ ██ ███████ ████████████ ████ ████████████. ████ ██████████ ████████████.

██████████ ████ ██████████: ███ ██████████ ████████████ ██████████ ██ ██████████ ██████████ ████████████. ███ ███████ ██████████. ███ ████████████ ██████████ ██████████. ███████, ███████ ████████████ ███████ ████████████, ███████ ███ ███████ ███████ ███████ ████████ ████████████ ██████████ ███ ████████████.

GLP-1 ████████ ██████████ ████ ████████:

████ **1 -** ████████ **(GLP-1** ████ ██████████ ██████**)**
* ███████ ███████ ████████████ ████████████.
* ████████████ ██████████ ███████ ████████████ ████████████.
* "██████████" ███████ ██████████, ███ ████████████.
* ████ ███████ ███████ ██████████ ████████████ ████████████.

████ **2 -** ██████████ **(**████████, ███████ ██████████ ██████**)**
* ██████████ ██████████ ████████████**:** ████████ ███████ ██████████ ████████████.
GLP-1 ████ ███████ ███ ████ ██████████ ███████ ██████████, ███ ███████ ██████████.
* ███ ██████████ ████████████**:** ████████ ██████████. **GLP-1** ██████████ ████████████. ██████████ ███████ ██████████ ███████ ██████████ ████████ ██████████. ███████ **3 -** ███████ **(**██████**)** ██████████ ███████ ██████████ ████████ ██████████ ██████████ ██████████ ███████ ██████**;** ██████████, ████████ ██████████ ████████ ██████████.

[illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] **4 -** [illegible] **(**[illegible] [illegible]**)** [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]. [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] **5 -** [illegible] **(**[illegible]**)**. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible].

[illegible]?

[illegible] [illegible] [illegible] [illegible]?

[illegible] 1-4

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 5-12

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] 13-24

[illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: "[illegible] [illegible], [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 44.5 —

[illegible] [illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] **GLP-1** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible], "[illegible]" [illegible] [illegible] [illegible]. [illegible] "[illegible]", [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

CENTURIAN [illegible] C-34

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] 1998 [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] **C-34.001 -** [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. **1998** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]... **1950-**[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□□□□.

□□□□□□□□□□□□□□□□□□□□ □□□; 1959-□□ □□□□□□□□□□□□□□□□□□.

□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□.

"□□□□□□□□" □□□□□□□ □□□□□□□□□□ □□□□□□□□; □□□□ □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ (□□□□ □□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□). □□□□□□□□□□□□□, □□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□.

□□□□□□□□□□□□□□□, □□□□□□□□□□□□, □□□□□□□□□□□□□□□□□ (1990-□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□)

□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□.

□□□□□□□□□ □□□□□□□□ ('□□□□□□□□□') □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□, □□□□ □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible].

— C-34.3 —

[illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* *[illegible].*
* *[illegible].*
* *[illegible].*
* *[illegible] [illegible] [illegible].*
* *[illegible] [illegible] [illegible].*
* *[illegible] [illegible] [illegible] [illegible].*
* *[illegible] [illegible] [illegible] [illegible] [illegible].*
* *[illegible] [illegible] [illegible] [illegible] [illegible].*
* *[illegible] [illegible].*
* *[illegible] [illegible] [illegible] [illegible].*

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 1950-[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] D2 [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] 40% [illegible].

[illegible]

[illegible], [illegible] [illegible] [illegible]; [illegible], "[illegible] [illegible]" [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] (NMS).

[illegible]: [illegible] [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] 10-20%.

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] **(Tardive dyskinesia) -** [illegible]?

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] **D2** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **(upregulation)** [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **D2** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

— C-34.6 —

[illegible]

[illegible]

[illegible]:

[illegible], [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], **C-33** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

— [illegible] III [illegible] —

[illegible] IV - [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible] [illegible], [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 04

[illegible] [illegible].

[illegible], [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible]-04.001.

[illegible], [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. 1935 [illegible] [illegible] [illegible] (Alcoholics Anonymous), [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible], [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible]. C-30, AA/NA [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - "[illegible] [illegible] [illegible] [illegible]" - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **C-30** [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible]**)** [illegible] **C-28** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible]**)** [illegible] **C-27** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:
* [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] **(C-30)**. [illegible]. "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], "[illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]: **www.aa.org** | **www.na.org** | [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] (SANCTUARY) — [illegible] [illegible] (SMART RECOVERY) — [illegible] [illegible] [illegible].

[illegible]-[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **02-**[illegible] [illegible] "[illegible] [illegible]" [illegible]). [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - **C-29** [illegible] [illegible] **"tare"** [illegible] [illegible] **CBT** [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible]-[illegible].
ABC [illegible] - [illegible] [illegible], [illegible], [illegible] - [illegible] [illegible] **02** [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] **DISARM** [illegible].
[illegible] [illegible] [illegible].
[illegible]-[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]: [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible], "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible].

[illegible]:
* [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible], **AA-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: **www.smartrecovery.org** | [illegible] [illegible] **24/7** [illegible] | [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] (**[illegible] - [illegible]** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] **02-**[illegible]); [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: **PATH** ([illegible]): [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] **C-29** [illegible] [illegible] **"tare"** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] **"tare"**-[illegible] [illegible].

[illegible]: [illegible] - [illegible] [illegible] [illegible] **(samatha)** [illegible] [illegible] [illegible] **(vipassana).** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] **02-**[illegible] [illegible] **"urge surfing"** [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] **([illegible] [illegible])** [illegible] **- C-27** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **([illegible])**, [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:
* [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: **www.recoverydharma.org** | [illegible] [illegible] [illegible] [illegible] [illegible] | [illegible] [illegible] [illegible].

[illegible] SANCTUARY — LIFERING — [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **(Sober Self)** [illegible] "[illegible] [illegible]" **(Addicted Self)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]-[illegible] [illegible]: [illegible] **(Sobriety).** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]-[illegible] **—** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible]-[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]. [illegible]: **www.lifering.org** | [illegible] [illegible] [illegible] | "[illegible] [illegible] [illegible]" [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **AA/NA:** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. "[illegible]" [illegible] "[illegible]" **AA** [illegible] [illegible]. [illegible]: **www.aasecular.org**
WOMEN FOR SOBRIETY: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: **www.womenforsobriety.org**

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: **www.moderation.org**

[illegible] [illegible]: [illegible] [illegible] **(In The Rooms) (www.intherooms.com)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **(**[illegible] [illegible] [illegible]**)** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(r/stopdrinking)** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] **(IOP),** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(MAT)** [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible].

[illegible]?

[illegible] [illegible].

12-[illegible] (AA/NA)

[illegible], [illegible] [illegible], [illegible] [illegible], [illegible].

[illegible] ([illegible]).

[illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].

SMART Recovery

CBT/REBT, [illegible] [illegible], [illegible].

[illegible].

[illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible]

[illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible].

[illegible].

[illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] AA/NA

12-[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] 12 [illegible]:

1. [illegible] [illegible] [illegible]

[illegible] - [illegible] [illegible]: [illegible], [illegible] **01-**[illegible] [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible], [illegible]-[illegible] **(twelve-step)** [illegible] [illegible] **(Dharma Recovery)** [illegible] [illegible] [illegible]. [illegible] [illegible], **SMART** [illegible] **LifeRing** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible], [illegible]-[illegible] **(twelve-step)** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] - [illegible] [illegible] [illegible] **(CBT)** [illegible] [illegible] **(REBT)** [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible], [illegible] **(LifeRing)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible]-[illegible] [illegible] [illegible] **(SMART)** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible], [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] - [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **AA** [illegible] [illegible] [illegible] [illegible] [illegible] **SMART** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **LifeRing** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **(practitioner)** [illegible] **(salah)**, [illegible] **(dhikr)**, [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(recovery practitioner)** [illegible]-[illegible] [illegible] **(twelve-step fellowship)**, [illegible] [illegible] **(Buddhist meditation)**, [illegible] [illegible] [illegible] **(cognitive tools)** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 4.3

[illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

⚓ SANCTUARY — [illegible] 04 — [illegible] [illegible].

1. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
2. [illegible] [illegible]:
* **SMART Recovery:** [illegible] [illegible] [illegible], [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(CBT)** [illegible] [illegible].
* **Dharma Recovery:** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* **LifeRing:** [illegible] [illegible] [illegible], [illegible]-[illegible] [illegible] [illegible] [illegible].
* **Secular AA:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
3. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. **4.** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **SMART** [illegible] [illegible]. [illegible] [illegible] **LifeRing** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible]. [illegible] [illegible]. **5.** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. **6.** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. **7.** [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]? [illegible] [illegible] **(twelve-step)** [illegible] [illegible] [illegible], [illegible] [illegible]. **SMART** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] **(Dharma)** [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible]. CBT ([illegible] [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

CENTURIAN PAPER 13

[illegible].

[illegible], [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible].

> [illegible]: [illegible]. **12-**[illegible], [illegible]. [illegible]. [illegible]: [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]

"[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible]; [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible], [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] + [illegible] + [illegible] + [illegible]. [illegible] [illegible]. [illegible] [illegible] **12-**[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible].

[illegible].

"[illegible] [illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible] [illegible] [illegible]."

[illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible] [illegible]."

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

"[illegible] [illegible] [illegible]."

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible]: SMART, LifeRing, Refuge Recovery, [illegible].

"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

"[illegible]/[illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible].

90 [illegible] 90 [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible]

[illegible] [illegible] **[illegible]** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* '[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]' - **MAT (Suboxone, methadone, naloxone)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* '[illegible] [illegible] [illegible] [illegible] [illegible]' - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
* '[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]'. — [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] (**[illegible] [illegible]**, [illegible] [illegible] [illegible] [illegible]); [illegible] [illegible] [illegible] **(MAT)** [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**)**; [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible]**)**; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. **1935** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— 13.2 —

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **20** [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible]**)**; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible]**)**; [illegible] [illegible] [illegible]; **"Default Mode Network"** [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] **12-16%** [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] **AA** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] (**[illegible] [illegible] [illegible]**); [illegible] [illegible] [illegible] (**[illegible] [illegible]**); [illegible] [illegible] [illegible] (**[illegible] [illegible]**); [illegible] [illegible] [illegible] (**[illegible] [illegible]**); [illegible] [illegible] [illegible] (**[illegible] [illegible]**).

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

* [illegible] (**Ukulele**) — [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] **$50.**
* [illegible] (**Guitar**) — [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] / [illegible] (**Keyboard/Piano**) — [illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
* [illegible] / [illegible] — [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
* [illegible] / [illegible] — [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
* [illegible] — [illegible]; [illegible] = [illegible] [illegible]; [illegible] [illegible] = [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] **15-20** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] (**[illegible], [illegible], PTSD,** [illegible] [illegible] [illegible]): [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] (**[illegible] [illegible] [illegible], [illegible], [illegible]**): [illegible] - [illegible] [illegible], [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] (**[illegible] [illegible] [illegible]**): [illegible], [illegible] [illegible] - [illegible], [illegible] [illegible]. [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] (**[illegible] [illegible], [illegible] [illegible] [illegible]**): [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].

— 13.3 —

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] (**[illegible] [illegible] [illegible]**), [illegible] [illegible] (**[illegible] [illegible], [illegible] [illegible]**), [illegible] [illegible] (**[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]**), [illegible] [illegible].

[illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

1-2 [illegible] ([illegible])
[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]: [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]).

3-6 [illegible] ([illegible]): [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]).

[illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **GABA** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **(Stimulants)** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; '[illegible]' [illegible] '[illegible]' [illegible] [illegible].

[illegible] **(Benzodiazepines)** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] **(Cannabis)** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]; '[illegible] [illegible]' [illegible] [illegible].

[illegible] **(MDMA)** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. — [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]. [illegible].
[illegible] [illegible] [illegible]. [illegible].
[illegible] [illegible] [illegible]. [illegible].
[illegible] [illegible] [illegible]. [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

— 13.4 —

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]

[illegible] → [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible], [illegible], [illegible].
[illegible]: [illegible] **20** [illegible] - [illegible], [illegible].
[illegible]: [illegible] **20** [illegible].
[illegible]: [illegible], [illegible] [illegible] - [illegible].
[illegible]: [illegible] [illegible] [illegible].

[illegible]:
2-3 [illegible] [illegible] - [illegible].
1-2 [illegible] [illegible]: [illegible], [illegible].
1 [illegible] [illegible]: **2+** [illegible].
1 [illegible]: [illegible], [illegible] [illegible] **1:** [illegible] [illegible]: **SMART,** [illegible], [illegible] [illegible].
[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] **(**[illegible], [illegible], [illegible], [illegible]**);** [illegible] [illegible].

[illegible].

[illegible].

SMART Recovery

[illegible]-[illegible] [illegible]; [illegible], [illegible]; [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible].

LifeRing Secular

[illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] 3-[illegible]: [illegible], [illegible], [illegible].

Refuge Recovery / Recovery Dharma

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible].

[illegible].

[illegible], [illegible], [illegible] [illegible] [illegible]; [illegible].

[illegible].

r/stopdrinking, r/leaves, [illegible] [illegible] [illegible]; 24 [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible].

[illegible].

[illegible]; [illegible]; [illegible] [illegible]; [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible];
* [illegible] **SMART** [illegible], [illegible] [illegible] [illegible] [illegible];
* [illegible] [illegible], [illegible] [illegible] [illegible];
* **AA/NA-**[illegible] [illegible] [illegible] [illegible], [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible].
[illegible] [illegible]. [illegible] [illegible].

[illegible]:

[illegible] [illegible] [illegible] - [illegible] [illegible], [illegible], [illegible] [illegible];
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] - [illegible] [illegible], **AA** [illegible] [illegible] [illegible] [illegible];
[illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible];
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] **- 20** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible].
[illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible],
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible];
[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?" [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] **1935-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 08.

[illegible].

[illegible].

[illegible]: [illegible].

[illegible] - [illegible] C-08.001.

[illegible]: [illegible]. [illegible]: [illegible]. [illegible]. [illegible]. [illegible]. [illegible]. [illegible], [illegible], [illegible], [illegible], [illegible], [illegible], [illegible], [illegible]. [illegible]. [illegible]. [illegible]. [illegible].

1. _____
2. _____
3. _____
4. _____
5. _____

*[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 01: [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? – [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] ([illegible]).
[illegible], [illegible] [illegible], [illegible].
[illegible], [illegible].
[illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible].
[illegible].
[illegible] [illegible].
[illegible] [illegible] ([illegible] [illegible]).
[illegible] [illegible], [illegible] [illegible].
[illegible], [illegible] [illegible].
[illegible] - [illegible].
[illegible] [illegible] ([illegible]).
[illegible], [illegible] [illegible], [illegible].
[illegible], [illegible], [illegible].
[illegible] — [illegible].

[illegible] 8.2

[illegible].

[illegible], [illegible] — "[illegible]".

[illegible] - [illegible], [illegible] [illegible] - [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]." "[illegible]." [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] — [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible]:
** [illegible] [illegible] [illegible].*
** [illegible] [illegible] [illegible] [illegible].*
** [illegible] [illegible] [illegible] [illegible] [illegible].*
** [illegible] [illegible] [illegible].*
** [illegible] [illegible] [illegible] [illegible].*

[illegible] [illegible]:
** [illegible] [illegible] [illegible], [illegible].*
** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].*
** [illegible] [illegible] [illegible] [illegible] [illegible].*
** [illegible] [illegible] [illegible] [illegible].*

[illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

⚠ [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]." [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 8.3

[illegible].

[illegible] - [illegible].

[illegible] - [illegible] [illegible] - [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] - [illegible] 16 ([illegible]) [illegible] [illegible] C-25 [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] **07-**[illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible].
[illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible].
[illegible].
[illegible].
[illegible], [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible].
[illegible].
[illegible] [illegible] [illegible], [illegible] [illegible].
[illegible].
[illegible] [illegible] [illegible].
[illegible], [illegible] [illegible].
[illegible].
[illegible], [illegible].
[illegible] [illegible] [illegible] [illegible].

[illegible] 8.4

[illegible]:

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

⚓ SANCTUARY — [illegible] 08 — [illegible] [illegible].

1. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

2. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible].

3. [illegible].
[illegible] ([illegible]) — [illegible].
[illegible] ([illegible]) — [illegible].
[illegible] ([illegible]) — [illegible].
[illegible] ([illegible]) — [illegible].
4. [illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible], [illegible], [illegible].
[illegible].
5. [illegible].
[illegible], [illegible], [illegible].

6. [illegible]. [illegible]. [illegible].

7. [illegible]. [illegible]. [illegible]. [illegible]. **8.** [illegible]. [illegible]. [illegible].

[illegible] - [illegible].

[illegible]. [illegible]. [illegible]. [

CENTURIAN PAPER 17

[illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

> [illegible] [illegible]:
>
> [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] "[illegible] [illegible]". [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible], [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible], [illegible], [illegible] [illegible].
[illegible], [illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible], [illegible], [illegible] [illegible].
[illegible], [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible], [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible], [illegible] [illegible].

— 17.2 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] **1 -** [illegible] [illegible] **(3-5** [illegible]**)**
[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:
* [illegible] [illegible] [illegible] [illegible];
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible];
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible];
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible]**);**
* [illegible] [illegible] [illegible] [illegible];
* [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] **2 -** [illegible] [illegible] **(10–20** [illegible]**):** [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] **3 -** [illegible] [illegible] **(**[illegible] [illegible]**):** [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible])
* [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible]
[illegible] [illegible]?
* [illegible] [illegible] [illegible]?
* [illegible] [illegible] [illegible]?
* [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."
"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."
[illegible] [illegible] [illegible] [illegible] [illegible].
"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]!"
"[illegible], [illegible]. [illegible], [illegible]..." ([illegible]).

— 17.4 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible] **1 —** [illegible] **(3–5** [illegible]**)**
* [illegible] [illegible] [illegible] **(**[illegible] **3** [illegible] [illegible]**)** [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible].

[illegible] **2 —** [illegible] [illegible] **(5–10** [illegible]**)**
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] **3 -** [illegible] **(20-50** [illegible]**)** [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]. [illegible] [illegible] = [illegible]. [illegible] [illegible] = [illegible]. [illegible] [illegible]. = [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] = [illegible] [illegible]. [illegible] [illegible] [illegible].

Source

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible]?

[illegible] [illegible] (SMART, Refuge Recovery).

[illegible] [illegible]; [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] / [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible]; [illegible] [illegible].

[illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] - "[illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] = [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible].
* [illegible] [illegible], [illegible] - [illegible] '[illegible]' [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].
Run the [illegible] - [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]?

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] 17 - [illegible] [illegible].

[illegible] 16

[illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible].

[illegible] - [illegible] [illegible]-16.001.

[illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

*[illegible] [illegible]. [illegible]. [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] - [illegible] [illegible], [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible]. [illegible]: [illegible], [illegible], [illegible], [illegible].

[illegible].

[illegible] [illegible].

[illegible].

[illegible]

1: [illegible]

[illegible] [illegible].

None

[illegible], [illegible], [illegible], [illegible].

2: [illegible]

[illegible] [illegible].

[illegible].

[illegible], [illegible], [illegible], [illegible].

3: [illegible]

[illegible].

[illegible]-[illegible]

[illegible], [illegible], [illegible], [illegible].

[illegible] 16.3

[illegible].

[illegible] [illegible], [illegible].

[illegible] - [illegible].

*[illegible] [illegible], [illegible], [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible]. [illegible]: [illegible], [illegible], [illegible]. [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible]

[illegible], [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]: "[illegible] [illegible], [illegible] [illegible]." [illegible] [illegible] [illegible]: [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible].

⚠ [illegible] - [illegible].

"[illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. "[illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]..." "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 16

[illegible].

[illegible] - [illegible] [illegible], [illegible].

[illegible]: [illegible] [illegible].

[illegible] - [illegible] C-16.001.

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible], [illegible], [illegible], [illegible]. [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible]." [illegible]... [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible], [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]: "[illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. — [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

⚠ [illegible] — [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible].

1. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**)** [illegible] [illegible]. **2.** [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]... "[illegible] [illegible] [illegible]" [illegible] "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]-[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. **3.** [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. — [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. **4.** [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible]" [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible].

5. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]." "[illegible] [illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible]." [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], "[illegible] [illegible]"[illegible]—[illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]ikh [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]. AA [illegible] [illegible] [illegible]: "[illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. — [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible] 16.2

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible], [illegible] [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible], [illegible], [illegible], [illegible], [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible]. "[illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible]?" "[illegible] [illegible] [illegible] [illegible]." [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible]. [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] 01-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:
** [illegible] [illegible] [illegible].*
** [illegible] [illegible] [illegible] [illegible].*
** [illegible] [illegible] [illegible].*
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
"[illegible] [illegible] [illegible] [illegible]."
"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."
"[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."
"[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible].

1: [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

None — no interaction required

[illegible] [illegible], [illegible], [illegible] [illegible], [illegible] [illegible].

2: [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible] [illegible], [illegible] [illegible].

3: [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible], [illegible] [illegible], [illegible] [illegible] [illegible], [illegible].

[illegible] 16.3

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible]."
[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - **24** [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [

1. "[illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] - [illegible], [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].

2. "[illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

Crisis Resources: 988 (Suicide & Crisis Lifeline) | Crisis Text: Text HOME to 741741 | SAMHSA: 1-800-662-4357

[illegible] 16

[illegible].

[illegible], [illegible].

— [illegible], [illegible], [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 1 - [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] II - [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: "[illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible].

[illegible] III - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

- [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] [illegible] [illegible] [illegible].
- [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible]

[illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible]

I - [illegible]

[illegible] [illegible].

None

[illegible], [illegible], [illegible], [illegible].

II — [illegible]

[illegible], [illegible] [illegible].

[illegible].

[illegible], [illegible], [illegible].

III — [illegible]

[illegible], [illegible].

[illegible].

[illegible], [illegible], [illegible], [illegible].

— 16.3 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible]:

[illegible], [illegible] [illegible]:

* [illegible] [illegible]:
  * [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] **(alert)** [illegible].
  * "[illegible] [illegible] [illegible]" [illegible] [illegible] - "[illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible].

* [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

* [illegible] [illegible]: [illegible]. [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].
[illegible]: [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible].
[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]: [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]: [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]."

[illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

CENTURIAN PAPER 25

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **1 -** [illegible] **API:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **2 -** [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]**?** [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]**?**

[illegible] **3 -** [illegible]: [illegible] = [illegible]; [illegible] = [illegible] [illegible]; [illegible] [illegible] = [illegible] [illegible].

[illegible] **4 -** [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]...

— 25.1 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:
**[illegible] → [illegible] → [illegible] → [

[illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] **(NAMI)**
* [illegible] [illegible]
* [illegible] [illegible]
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible].

[illegible] 1: [illegible] [illegible].
[illegible]/[illegible] [illegible] [illegible] [illegible].
[illegible] - [illegible] [illegible].
[illegible] [illegible].
[illegible] 2: [illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
[illegible] 3: [illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible] - [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible] 4: [illegible] [illegible] [illegible].
[illegible] [illegible].
None — completely independent
[illegible] - [illegible] [illegible] [illegible].
[illegible] 5: [illegible] [illegible].
[illegible] [illegible].
[illegible] - [illegible] [illegible] [illegible].
[illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] **1-3:** [illegible] **-** [illegible] [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] **3-6:** [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
[illegible] **6-12:** [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].
1 [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] '[illegible] [illegible]' [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

— 25.2 —

[illegible] [illegible].

[illegible]?

[illegible]:

[illegible] **40–100** [illegible] **500–1000+** [illegible]. [illegible]: **40–100** [illegible] [illegible] - [illegible]; [illegible]. [illegible] -[illegible]... [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible]; [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] **([illegible] [illegible] [illegible] [illegible]);** [illegible] [illegible] [illegible] [illegible] **([illegible] [illegible] [illegible] [illegible]);** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] **([illegible] + [illegible] [illegible]):** [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] **([illegible] [illegible] [illegible] [illegible]);** [illegible] [illegible] [illegible] [illegible] **([illegible] [illegible] [illegible] [illegible]);** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]	[illegible]	[illegible]
[illegible]	[illegible]	[illegible] **([illegible] [illegible])** — [illegible], [illegible] [illegible] [illegible]
[illegible]	[illegible]	**[illegible]:** [illegible] **-** [illegible] **([illegible] [illegible])** [illegible] [illegible] [illegible].
[illegible]	[illegible]	**[illegible]:** [illegible] **-** [illegible] **([illegible] [illegible])** [illegible] [illegible] [illegible].
[illegible]	[illegible]	**[illegible]:** [illegible] **-** [illegible] **([illegible] [illegible])** [illegible] [illegible] [illegible].
[illegible]	[illegible]	**[illegible]:** [illegible] **-** [illegible] **([illegible] [illegible])** [illegible] [illegible] [illegible].
[illegible]	[illegible]	**[illegible]:** [illegible] **-** [illegible] **([illegible] [illegible])** [illegible] [illegible] [illegible].
[illegible]	[illegible]	**[illegible]:** [illegible] **-** [illegible] **([illegible] [illegible])** [illegible] [illegible] [illegible].
[illegible]	[illegible]	**[illegible]:** [illegible] **-** [illegible] **([illegible] [illegible])** [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 25.4 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **1 -** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible] [illegible] [illegible]". [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] → [illegible] → [illegible] [illegible] → [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **(1-4** [illegible]**):** [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible], [illegible], [illegible] [illegible] **(**[illegible] **17-21);** [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] = [illegible]**).** [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: **BDNF** [illegible] **(**[illegible] [illegible], [illegible] [illegible], [illegible]**-3).** [illegible] [illegible] **(**[illegible] [illegible], [illegible] [illegible]**12);** [illegible] [illegible] **(**[illegible]**-3,** [illegible]**);** [illegible] [illegible] **(**[illegible]**) -** [illegible] [illegible] [illegible].

[illegible] **2 -** [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible].

[illegible] **1 -** [illegible] **(4** [illegible] **+):** [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]

[illegible]; [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]; [illegible]: [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] **2 -** [illegible] **(8** [illegible] **+):** [illegible] [illegible] [illegible] [illegible], [illegible], "[illegible]" [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **3 -** [illegible] [illegible] **(3** [illegible] **+):** [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **4 -** [illegible] [illegible] [illegible] **(4** [illegible] **+):** [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] **(**[illegible] **1-2** [illegible] [illegible]**);** [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **5 —** [illegible] [illegible] **(6** [illegible]**+):** [illegible] [illegible] [illegible] **(3–5** [illegible]**);** [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

— [illegible] [illegible] **(6–12** [illegible]**+):** [illegible] [illegible], [illegible], [illegible]; [illegible] - [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] **3 —** [illegible] [illegible]: [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:
[[illegible] [illegible]**] → [**[illegible] [illegible] [illegible] [illegible]**] → [**[illegible] [illegible] [illegible] [illegible]**] → [**[illegible] [illegible]**] → [**[illegible]**] → [**[illegible] [illegible]**] → [**[illegible] [illegible] [illegible] [illegible]**].**
[illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible]:
[[illegible] [illegible]**] → [**[illegible] [illegible] [illegible] [illegible]**] → [**[illegible], [illegible] [illegible] [illegible] [illegible]**]. [**[illegible] [illegible] [illegible]**] → [**[illegible] [illegible] [illegible] [illegible]**]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] → [illegible] + [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]/[illegible] [illegible] [illegible] **2-4** [illegible] [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] **4-8** [illegible] [illegible] [illegible] [illegible] → [illegible] + [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **2-6** [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible]: [illegible] **4-8**
[illegible]:
* [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] **4-8**
* [illegible] [illegible] → [illegible] [illegible].
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] **2-6**
* [illegible] [illegible] → [illegible] + [illegible].
* [illegible] [illegible] [illegible], [illegible] [illegible], [illegible].

"[illegible]" [illegible], [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible].

— 25.5 —

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* [illegible]: [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] (**CrossFit,** [illegible] [illegible]). [illegible] [illegible]) — [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] (**[illegible] [illegible]**).
[illegible] [illegible] (**[illegible]**, [illegible] [illegible], [illegible] [illegible]) — [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] — [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

15-30-50 [illegible]: **15** [illegible] [illegible] [illegible] [illegible] [illegible]; **30** [illegible] [illegible] [illegible]; **50+** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible].

[illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]); [illegible] '[illegible]' [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] '[illegible] [illegible]' [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]-[illegible]-[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible]: '[illegible] [illegible]'; [illegible]: '[illegible] [illegible] [illegible]'; [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] (**[illegible]**) [illegible], [illegible] [illegible] [illegible] [illegible] (**[illegible]**); [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible], [illegible], [illegible], [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]: [illegible], [illegible], [illegible]. [illegible]: [illegible] [illegible] (**[illegible]**), [illegible] [illegible] (**[illegible]**), [illegible] [illegible] (**[illegible]**); [illegible] [illegible] [illegible] **15-30-50** [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: '[illegible] [illegible] [illegible], [illegible] [illegible]'. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].
'[illegible] [illegible] [illegible] [illegible]' [illegible],
'[illegible] [illegible] [illegible] [illegible] [illegible]' [illegible] [illegible].
[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible] 25 - [illegible] [illegible].

▯▯▯▯▯▯▯▯▯ 15.

▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯.

▯▯▯▯▯▯▯▯▯, ▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯ ▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯.

— ▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯ ▯▯▯▯▯▯▯▯, ▯▯▯▯▯▯ ▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯.

▯▯▯▯▯▯▯▯.

▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯. ▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯, ▯▯▯▯▯▯▯▯, ▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯ - ▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯. ▯▯▯▯▯▯, ▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯ ▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯▯

* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]:

* [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]:

[illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible].
[illegible].
[illegible].
[illegible].
[illegible].

— 15.3 —

[illegible].

[illegible].

[illegible]—[illegible]—[illegible]: [illegible], [illegible]—[illegible]?

[illegible].

[illegible] - [illegible]

[illegible], [illegible]. [illegible]: [illegible]. [illegible]. [illegible].

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **—** [illegible] [illegible] [illegible] **—** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible] **15 -** [illegible].

[illegible] 15.

[illegible].

[illegible]—[illegible].

[illegible], [illegible] - [illegible], [illegible].

[illegible] - [illegible] [illegible]-15.001.

[illegible]. [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]... [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible], [illegible], [illegible], [illegible] - [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - C-29 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

*[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible], [illegible] - [illegible], [illegible] [illegible], [illegible], [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] - [illegible] [illegible] [illegible] - [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible]?

SANCTUARY — [illegible] [illegible] — [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

*[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 15.6

[illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] - [illegible] 15 - [illegible] [illegible].

1. [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

2. [illegible] [illegible] [illegible]. [illegible] [illegible] **(stimulants),** [illegible] [illegible] [illegible]. [illegible] **(opioids)** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. **3.** [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **4.** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **5.** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **6.** [illegible] [illegible] [illegible]. [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

7. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **8.** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible] **15 -** [illegible] **-** [illegible].

Crisis Resources: 988 (Suicide & Crisis Lifeline) | Crisis Text: Text HOME to 741741 | SAMHSA: 1-800-662-4357

CENTURIAN PAPER 24

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible]. '[illegible] [illegible]' [illegible] '[illegible] [illegible]' [illegible] '[illegible]' [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: **40-80%** [illegible] [illegible] [illegible] [illegible] - [illegible]: [illegible] [illegible] → [illegible] [illegible] → [illegible] [illegible] → [illegible], [illegible], [illegible]. [illegible]. **SSRIs/SNRIs: 30–70%** [illegible] [illegible] [illegible] [illegible] — [illegible]: [illegible] [illegible] → [illegible] [illegible] → [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]... [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

— 24.1 —

[illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible]-[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] → [illegible] [illegible]. [illegible] [illegible] → [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: **D2** [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] → [illegible] [illegible] **(**[illegible]**).**

[illegible] [illegible] [illegible]: **GnRH-**[illegible] → **LH/FSH** [illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]: **GnRH-**[illegible] → **LH/FSH** [illegible] [illegible] → [illegible]/[illegible] [illegible] [illegible]; [illegible] [illegible] **(amenorrhea)** [illegible]; [illegible]: [illegible] [illegible], [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible].

[illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] (antipsychotic).
[illegible] DRD2 [illegible].
[illegible] [illegible] (weight gain 3-10 [illegible]).
70–80%
[illegible] (antipsychotic).
[illegible] D2 [illegible] 5HT2A [illegible].
[illegible] [illegible].
60–80%
[illegible] (antipsychotic)
[illegible] DRD2 [illegible].
[illegible] [illegible].
60–80%
[illegible] (Z-antipsychotic)
[illegible] DRD2 [illegible].
[illegible] [illegible].
40–60%
[illegible] (antipsychotic).
[illegible]/[illegible] DRD2 [illegible].
[illegible] [illegible].
20–40%
[illegible] (antipsychotic).
[illegible] D2 [illegible].
[illegible] [illegible] [illegible].
10–20%
SSRIs (antidepressant, antipsychotic)
[illegible] [illegible].
[illegible]/[illegible].
30-70% (sexual dysfunction)
SNRIs (antidepressant, antipsychotic)
[illegible] + [illegible]
[illegible]/[illegible].
30-60%

SSRI [illegible] - [illegible], [illegible]. **SSRIs** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: **(1)** [illegible] [illegible] [illegible] **(5-HT2A** [illegible] [illegible]**); (2)** [illegible] [illegible] [illegible] [illegible] [illegible] **(5-HT2C** [illegible]**); (3)** [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible]**); (4)** '[illegible] [illegible]' **-** [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] = [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(POST-SSRI SEXUAL DYSFUNCTION):** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **(EMA)** [illegible] [illegible]. [illegible] "[illegible] [illegible] [illegible]" [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 24.2 —

[illegible] [illegible].

[illegible], [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]:

* '[illegible] [illegible] [illegible] [illegible] [illegible].'
* '[illegible] [illegible] [illegible] [illegible].'
* '[illegible] [illegible] [illegible] [illegible] [illegible].'
* '[illegible] [illegible] [illegible] [illegible].'

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]:

* [illegible] **([illegible] [illegible] [illegible] [illegible] [

* [illegible] **D 3000–5000 IU;**
* [illegible] **400** [illegible];
* [illegible] **6–10** [illegible] **(**[illegible]**);**
* [illegible] [illegible] **(**[illegible]**);**
* [illegible] **).**

[illegible]:
* [illegible] **1500–3000** [illegible] [illegible] **(**[illegible]**);**
* [illegible] **D;**
* **DHEA 10–25** [illegible] [illegible] **(**[illegible]**);**
* [illegible] [illegible] **).** [illegible].

[illegible] **2 -** [illegible]: [illegible].

[illegible] [illegible] [illegible]: [illegible] **(RESISTANCE TRAINING).** [illegible].
* [illegible] **-** [illegible].
* [illegible] **-** [illegible].
* [illegible] **-** [illegible].
* [illegible] **-** [illegible].
* [illegible] **-** [illegible].

[illegible]: [illegible]; [illegible]; [illegible]; [illegible]. [illegible] '[illegible]'; [illegible] [illegible] = [illegible]**);** [illegible]. [illegible] **3** [illegible], **45-60** [illegible]; [illegible] **(**[illegible] [illegible]**);** [illegible] **0.7–1** [illegible]**).**

[illegible] **3 -** [illegible]: [illegible] **1 -** [illegible]: [illegible], [illegible]; [illegible]; [illegible] **2 -** [illegible]: [illegible], [illegible]; [illegible]; [illegible]. [illegible] **3 -** [illegible]: [illegible]; [illegible]; [illegible]: [illegible] [illegible] **(**[illegible]**).** [illegible]. [illegible] [illegible] **-** [illegible]. [illegible]. [illegible] [illegible] [illegible]. [illegible].

[illegible] **4 —** [illegible]
[illegible] **(**[illegible]**):**
* '[illegible].'
* '[illegible].'
* '[illegible].'
* '[illegible].'

[illegible] **(**[illegible]**):**
* '[illegible].'
* '[illegible].'
* '[illegible]; [illegible].'
* '[illegible], [illegible].'
[illegible]. [illegible]:
1. [illegible] **-** [illegible] **(**[illegible], [illegible], [illegible]**)?** [illegible] "[illegible]" [illegible]? [illegible].

2. [illegible] - [illegible]; [illegible] [illegible]; [illegible] [illegible]; [illegible]

[illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]: **P5P,** [illegible], [illegible] **D, Mucuna, Ashwagandha.** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] **(**[illegible], [illegible]**)** [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible]. [illegible] [illegible] → [illegible] → [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] **3-12** [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. **PSSD (Post-SSRI Sexual Dysfunction)** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. '[illegible]' [illegible] '[illegible] [illegible] [illegible]' [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] C-26.

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible].

> [illegible] [illegible] **C-26.001.** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(C-17)** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] **C-17** [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

— C-26.2 —

[illegible].

[illegible] [illegible] [illegible] [illegible].

> [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? **847** [illegible] [illegible] [illegible] **1.** [illegible] [illegible] [illegible], "[illegible]" **(Kernel)** [illegible] **10-**[illegible] **(**[illegible] [illegible] [illegible]**)** [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], "[illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].
>
> **Uptime** [illegible] **- [illegible] 1 -** [illegible] **(95-100%** [illegible] [illegible]**):** [illegible] [illegible] [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
>
> [illegible] **2 -** [illegible] **(75-94%** [illegible] [illegible]**):** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].
>
> [illegible] **3 -** [illegible] **(50-74% uptime):** [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]? (**[illegible], [illegible], [illegible]**.)
[illegible] [illegible] [illegible]? (**[illegible], [illegible], [illegible], [illegible]**.)
[illegible] [illegible] [illegible] [illegible]? (**[illegible], [illegible], [illegible], [illegible]**.)
[illegible] [illegible] [illegible] [illegible]? (**[illegible] [illegible]**.) [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? (**[illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]**.) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? (**[illegible], [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]**).

— C-26.4 —

[illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]-[illegible] [illegible]:

[illegible] 1: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? '[illegible] [illegible] [illegible]' [illegible] '[illegible] [illegible] [illegible]' [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] 2: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? **[illegible] 3:** [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] **1-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— C-26.5 —

[illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible]. [illegible]. [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible]. [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible]. [illegible]. [illegible] [illegible].

[illegible]:

[illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] **100%** [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].
"[illegible] [illegible]" [illegible] [illegible]. — [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] — [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]. [illegible] [illegible] — [illegible]: [illegible], [illegible] [illegible]; [illegible] [illegible]. [illegible] [illegible] [illegible] — [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].

[illegible] [illegible] [illegible]-26 - [illegible] [illegible] [illegible].

[illegible] 22.

[illegible] [illegible].

[illegible], [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]... [illegible] [illegible] [illegible] "[illegible]" **(Enabler)** [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **(The Hero)**
[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: "[illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible].

[illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]:

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]?
*** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible])?**
*** [illegible] [illegible] ("[illegible] [illegible]")?**
*** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ("[illegible]")?**
*** [illegible] [illegible] [illegible] [illegible] [illegible] ("[illegible]")?**

[illegible] [illegible] [illegible] [illegible]?
*** [illegible]?**
*** [illegible]?**
*** [illegible] [illegible] [illegible] [illegible]?**
*** [illegible] [illegible] [illegible] [illegible]?**

**[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]? [illegible]? [illegible]? [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible], [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]? [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].
[illegible] [illegible] [illegible] [

[illegible]

— 22.4 —

[illegible].

[illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]

* **[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?**
* **[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?**
* **[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]?**
* **[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?**
* **[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]?**

[illegible] [illegible]:

* **[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?**
* **[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?**
* **[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].**

[illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible].
[illegible]: [illegible], [illegible].

[illegible]:

* [illegible].
* [illegible], [illegible].
* [illegible].
* [illegible] - [illegible].

[illegible]:

* [illegible]: [illegible], [illegible].
* [illegible]. [illegible]. [illegible] - [illegible].
[illegible]. [illegible]. [illegible]. [illegible]. [illegible]; [illegible]. [illegible]. [illegible].

[illegible]

[illegible]

[illegible]

[illegible]

[illegible] 31.

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible].

— [illegible] [illegible], [illegible] "[illegible] [illegible]" [illegible] [illegible], "[illegible] [illegible]" [illegible] "[illegible] [illegible]" [illegible].

> [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible]". [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] - [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. '[illegible] [illegible] [illegible]' [illegible] [illegible] [illegible], '[illegible] [illegible] [illegible]' [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

— 31.1 —

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].

> [illegible] [illegible] [illegible]:

[illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]/[illegible] [illegible] [illegible]... [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] -

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - "[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]" - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

— 31.2 —

[illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]? [illegible] [illegible]? [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]?

[illegible]; [illegible] [illegible] [illegible].

[illegible].

[illegible], [illegible].

[illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible], [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible]?

[illegible], [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

— 31.3 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] - **Venmo, PayPal, CashApp** [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].
* [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] - [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]... [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible]; [illegible]: [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible]... [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible]:
* [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible].
* [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible]"; [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
"[illegible] [illegible]" [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
"[illegible] [illegible]" [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:
[illegible] [illegible] [illegible] **(benzodiazepine)** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

— 31.4 —

[illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible] ([illegible] [illegible]).

"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible].
[illegible], [illegible] **Liquid IV, LMNT** [illegible] **Pedialyte -** [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible]-[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **L-Theanine** [illegible] **GABA** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. **L-Theanine: 200** [illegible] **400** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] 400-800 [illegible].[illegible] [illegible] [illegible]; [illegible], [illegible] 200 [illegible].[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible].

2-4 [illegible], [illegible] 2-3 [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

L-Theanine

[illegible] 200-400 [illegible].[illegible]., [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] 3-4 [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] 0.5-3 [illegible].[illegible].; [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] "[illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 31.5 —

[illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] (1) [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]... [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]
[illegible] [illegible] - [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible].
* [illegible], [illegible] [illegible].

* [illegible]
* [illegible]
* [illegible]

[illegible]:
* [illegible]
[illegible]
[illegible]
[

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible]

[illegible].

[illegible].

[illegible].

[illegible] 1

[illegible], [illegible], [illegible], [illegible].

50-60% - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible].

[illegible]; [illegible] [illegible] [illegible] [illegible].

30-40% - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

20–30% — [illegible] [illegible].

[illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible].

[illegible] 4

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

30-40% - [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] 5

[illegible]; [illegible].

40–50%

[illegible]; [illegible].

6-7 [illegible].

[illegible].

60-70% - [illegible] [illegible] [illegible].

[illegible], [illegible].

[illegible].

[illegible] [illegible] (PAWS) [illegible].

70–80% - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible].

— 31.6 —

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible].

[illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]"

- [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]:

***** [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
***** [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible]"[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
[illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible]; [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. '[illegible] [illegible]' [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] **31 -** [illegible] [illegible].

▒▒▒▒▒▒▒▒▒ 32.

▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒.

▒▒▒▒, ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒ - ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒.

— ▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒, ▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ — ▒▒▒▒▒▒▒▒▒, ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒.

▒▒▒▒▒▒▒▒▒: ▒▒▒▒▒, ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒, ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒ - ▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒, ▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒. ▒▒▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒. ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒. ▒▒▒▒▒▒▒▒, ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒

[illegible] [illegible]... [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

- [illegible]-[illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
- [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] 1-2 [illegible] [illegible] [illegible].
- [illegible].
- [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible].
- [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] 8-24 [illegible] [illegible] [illegible] [illegible]; 36-72 [illegible] [illegible] [illegible] [illegible].
- [illegible].
- [illegible] [illegible] - [illegible], [illegible].
- [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] / [illegible] [illegible] [illegible].
- [illegible] - [illegible] [illegible] [illegible] [illegible].
- [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] 12-24 [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

— 32.2 —

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (GABA [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]), [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (GABA [illegible] [illegible] [illegible] [illegible] [illegible]). [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: GABA, [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. GABA [illegible] [illegible] [illegible]. [illegible] [illegible].

> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** GABA [illegible] [illegible] [illegible].
>
> "[illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]."
>
> [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
>
> [illegible] [illegible] - [illegible] [illegible] [illegible]:
>
> "[illegible] **GABA-**[illegible] [illegible]. [illegible] [illegible] [illegible]..." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **- CYP2D6** [illegible], **COMT** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]" [illegible]

> [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] "[illegible]" [illegible] [illegible].

— 32.3 —

[illegible] [illegible].

[illegible], [illegible]?

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]— [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]— [illegible] [illegible] [illegible] [illegible] [illegible].

> [illegible] [illegible] [illegible], [illegible]:
>
> [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible]-[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. '[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].' [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible] - "[illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]" - [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]:

[illegible] [illegible].

[illegible] [illegible], [illegible] [illegible].

[illegible].

[illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]?

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

— 32.4 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

— 32.5 —

[illegible] - [illegible].

[illegible] 72 [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible]. [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

> [illegible] **-** [illegible] [illegible] [illegible].
>
> [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **(receptors)** [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **Naloxone** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
>
> **72** [illegible] [illegible] [illegible]:
>
> [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
>
> [illegible] **24** [illegible] [illegible]:
> [illegible] **-** [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible] [illegible] [illegible] [illegible].

[illegible]:

[illegible] [illegible]:
* [illegible]
* [illegible]
* [illegible]
* [illegible]
* [illegible]
* [illegible]
* [illegible]
* [illegible]
* [illegible]
* [illegible]

0-4 [illegible].

[illegible].
[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].
0-24 [illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
[illegible]; [illegible] [illegible] [illegible] [illegible].
0-72 [illegible].
[illegible].
[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].
[illegible] 3-7
[illegible].
[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible].
[illegible] [illegible].
[illegible]; [illegible]; [illegible] [illegible].
"[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible].

— 32.6 —

[illegible]?

[illegible].

[illegible] **32 -** [illegible]:

[illegible] **.**
* [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] **GABA** [illegible] [illegible]; [illegible] [illegible] [illegible]. [illegible] [illegible], **GABA** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 33.

[illegible].

[illegible] - [illegible]?

— [illegible], [illegible], [illegible].

[illegible]. [illegible], [illegible], [illegible]. [illegible]. [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible]

[illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible]." [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]...
[illegible] [illegible]...
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]...

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]..." [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]?" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 33.3 —

[illegible] [illegible]:

[illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible]... [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: "[illegible]", "[illegible]", "[illegible]", "[illegible] [illegible]", "[illegible] [illegible] [illegible] [illegible]". [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].
"[illegible] [illegible] [illegible] [illegible] [illegible]."
"[illegible] [illegible] [illegible] [illegible] [illegible]."
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
"[illegible] [illegible] [illegible] [illegible]."
[illegible] [illegible] [illegible] [illegible] [illegible]?
[illegible] [illegible] [illegible] [illegible]?
[illegible].
"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."
[illegible].
"[illegible] [illegible]."
"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]."
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

— 33.6 —

[illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:
[illegible]? [illegible]?
[illegible].
[illegible].
[illegible].
[illegible].
[illegible], [illegible]?

[illegible] [illegible] [illegible]:
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]:
* [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible],

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 33.7 —

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible].

[illegible] **33 -** [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?" [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - "[illegible] [illegible] [illegible]..." [illegible] [illegible] [illegible], "[illegible] [illegible] [illegible] [illegible] [illegible]..." [illegible] [illegible] [illegible].
[illegible] [illegible]: [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

**[illegible]...?"), [illegible] [illegible] [illegible] [illegible] ("[illegible] [illegible] [illegible]?"). [illegible]?'), [illegible] [illegible] [illegible] [illegible] ('[illegible]...'). [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]? [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

— [illegible] IV [illegible] —

[illegible] V - [illegible], [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 20

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible], [illegible].
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:

* [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].
[illegible], [illegible], [illegible] [illegible] [illegible].
[illegible].

[illegible], [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible]: **IF [[illegible] [illegible]], THEN [illegible] [[illegible] [illegible]].**

[illegible]:
IF [illegible] [illegible] [illegible] **5** [illegible] [illegible], **THEN** [illegible] [illegible] [illegible] [illegible] [illegible]. — [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], **GPS-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] → [illegible] [illegible] [illegible].
[illegible], [illegible], [illegible] [illegible].
[illegible].
[illegible].
[illegible], [illegible] [illegible].
[illegible]; [illegible] [illegible].
[illegible].
[illegible] / [illegible]
[illegible] [illegible] → [illegible] [illegible].
[illegible]; [illegible] [illegible].
[illegible].
[illegible] [illegible] → [illegible] [illegible], [illegible] [illegible].
[illegible]; [illegible] [illegible].

— 20.4 —

[illegible]?

[illegible].

[illegible] **20 -** [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible], [illegible] [illegible].
[illegible] [illegible]: [illegible], [illegible], [illegible].
[illegible] [illegible]: [illegible], [illegible], [illegible] [illegible].
[illegible] [illegible]: [illegible].
[illegible] [illegible]: [illegible], [illegible], [illegible] [illegible], [illegible].
[illegible] [illegible]: [illegible], [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* **[illegible]:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* **[illegible] [illegible]:** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 21

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]?

- [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?" [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [

***** [illegible] [illegible] [illegible] [illegible]**?** [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible].

[illegible] [illegible] [illegible] [

[illegible].

[illegible].

[illegible] [illegible]?
[illegible].
[illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible]?
[illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible]?
[illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible]?
[illegible].
[illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]/[illegible] [illegible] [illegible] [illegible]?
[illegible] [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible]:
* [illegible] [illegible] [illegible].
* [illegible].
* [illegible] [illegible] [illegible].
* [illegible] [illegible].
* [illegible] [illegible].
* **HALT** [illegible].

[illegible] [illegible]:
* [illegible] [illegible].
* [illegible] [illegible] [illegible].
* [illegible] [illegible].

[illegible]:
* [illegible] [illegible].
* [illegible] [illegible].
* [illegible] [illegible].
* [illegible] [illegible].
* [illegible] [illegible].

[illegible] [illegible]:
* [illegible].
* [illegible].
* [illegible].

[illegible] [illegible]:
* [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] - [illegible], [illegible], [illegible], [illegible] [illegible].

[illegible] [illegible]:
* [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]: "[illegible]" [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]: [illegible] - [illegible] [illegible], [illegible] - [illegible] [illegible],

> **[illegible] -** [illegible], **[illegible] -** [illegible]. **[illegible]:** [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: "[illegible] [illegible] [illegible]". **[illegible]:** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. **[illegible]:** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— 21.4 —

[illegible].

[illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] (patch) [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

— 21.5 —

[illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] **- 24** [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]
[[illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]**]**
[illegible] [illegible]
[illegible] **HALT** [illegible]
[illegible] [illegible]
[illegible] **-** [illegible], [illegible], [illegible] [illegible] [illegible], [illegible]
[illegible] **-** [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]
[illegible] [illegible] **-** [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]
[illegible]
[illegible] [illegible]
[illegible] **1: [**[illegible]**]** → [illegible] **2: [**[illegible]**]** → **3: [**[illegible]**]** → [illegible] **4: [**[illegible]**]** → [illegible] **5: [**[illegible]**]** [illegible] [illegible]
[[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**]** [illegible]**:** [illegible] / [illegible] / [illegible] / [illegible] / [illegible] / [illegible] [illegible] [illegible] / [illegible]**: [**[illegible] [illegible]**]** [illegible]**: [**[illegible] [illegible] [illegible]**]** [illegible]**: [**[illegible] [illegible] [illegible]**]** [illegible]**: [**[illegible] [illegible] [illegible]**]** [illegible]**: [**[illegible]**]%** [illegible]**:** [illegible] / [illegible] / [illegible] [illegible] **[**[illegible] [illegible] [illegible],
[illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]**: [**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**].**

— 21.6 —

[illegible] [illegible] [illegible] [illegible]**?**

[illegible] [illegible].

[illegible] **21 -** [illegible] [illegible]**:**

***** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
***** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
***** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
***** [illegible] **-** [illegible], [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible].
***** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
***** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
***** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible]. [illegible] [illegible] **(Uptime percentage)** [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. **HALT** [illegible]: [illegible], [illegible], [illegible], [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible]: [illegible] [illegible], [illegible], [illegible], **HALT**
* [illegible]: [illegible], [illegible], [illegible] [illegible], [illegible] [illegible]
* [illegible]: [illegible], [illegible]
* [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]
* [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible], [illegible], [illegible] [illegible] [illegible].

[illegible]... [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 26

[illegible].

[illegible]—[illegible], [illegible] [illegible].

— [illegible], [illegible]

[illegible]:

[illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]... [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]**gd**[illegible] **(amygdala)** [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] **(**[illegible], [illegible], [illegible]**)** [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible], [illegible] [illegible]**)**. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible].

[illegible] [illegible]?

[illegible], [illegible], [illegible].
[illegible].
[illegible]; [illegible] [illegible].
[illegible], [illegible], [illegible].
[illegible] ([illegible]).
[illegible], [illegible].
[illegible], [illegible], [illegible].
MDMA ([illegible])
[illegible] [illegible].
[illegible], [illegible], [illegible].
[illegible].
[illegible], [illegible].
[illegible] ([illegible]).
[illegible] [illegible].
[illegible], [illegible].
[illegible].[illegible].[illegible] ([illegible]).
[illegible], [illegible].
[illegible], [illegible].
[illegible].
[illegible].

[illegible] - [illegible] [illegible]:

[illegible].

[illegible].

[illegible]?

[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].
[illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] **-** [illegible]:

* **"[illegible]"** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* **"[illegible] [illegible] [illegible]"** [illegible] [illegible], [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
* **"[illegible]"** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— 26.3 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] "[illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: "[illegible]", "[illegible]", "[illegible]", "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible]", "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] [illegible], [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

**[illegible]? [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] (Ambulance [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible]" [illegible], [illegible] [illegible], "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible]. "[illegible] [illegible] [illegible]" [illegible], "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] (Ambulance [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible]

[illegible]

[illegible]

[illegible] **26 -** [illegible].

[illegible] 26b

[illegible].

[illegible]: [illegible] [illegible] [illegible] - [illegible] [illegible]?

— [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible]:

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **D2** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **II -** [illegible] (**[illegible]**)
[illegible]: [illegible] (**[illegible]**), [illegible] (**[illegible]**), [illegible]**azepam** (**[illegible]**), [illegible]**azepam** (**[illegible]**), [illegible] (**[illegible]**), [illegible] (**[illegible]**), [illegible] (**[illegible]**).
[illegible]: **GABA-A** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
[illegible]:
[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **GABA-A** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] **(alibi)** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **III -** [illegible] [illegible] [illegible] [illegible] [illegible]): [illegible] [illegible] **(**[illegible]**)**, [illegible] [illegible], [illegible] [illegible] (**[illegible]**), [illegible] [illegible] (**[illegible]**), [illegible] [illegible] (**[illegible]**), [illegible] [illegible] (**[illegible]**). [illegible]: [illegible] **- GABA** [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]:
* [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **IQ** [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] **Cogentin** [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 26b.2 —

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible]
* [illegible] [illegible]
* [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible]:

* *[illegible] [illegible] [illegible].*
* *[illegible] [illegible] [illegible] [illegible].*
* *[illegible] [illegible] [illegible].*
* *[illegible] [illegible] [illegible] [illegible].*
* *[illegible] [illegible] [illegible] [illegible].*
* *[illegible] [illegible] [illegible].*

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

**[illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible], [illegible], [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] (Ambien, Lunesta, Sonata, Restoril, Halcion, Dalmane, Ativan, Klonopin, Valium) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

2-4 □□□□□□□□□.
4-6 □□□□□□□□□ □□□□□□□□□□□□□□□□.
□□□□□□□□□□□□□□□□□□□□□□□□ (□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□).
5-14 □□□□□□□□.
2-4 □□□□□□□□□.
4-8 □□□□□□□□□.
8-12 □□□□□□□□□ □□□□□□□□□□.
□□□□□□□ □□□□□□□□□□□□□□.
1-5 □□□□□□□□.
1-2 □□□□□□□□□.
2-6 □□□□□□□□□.
6-8 □□□□□□□□□ □□□□□□□□□□□□□□□□.
□□□□□□□□□□□□□□□□□□□□□□□□ (□□□□□□□□□□□□□□)
1-2 □□□□□□□□.
1-2 □□□□□□□□□.
2-4 □□□□□□□□□.
4-6 □□□□□□□□□ □□□□□□□□□□.
□□□□□□□□□□ □□□□□□□□□□□□□ □□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□.
1-3 □□□□□□□□.
2-4 □□□□□□□□□.
4-8 □□□□□□□□□.
6-8 □□□□□□□□□ □□□□□□□□□□□□□□□□.

□□□□□□□□□□□□□□ □□□□□.

□□□□.
4-8 □□□□□□□□□.
8-16 □□□□□□□□□.

12-16 □□□□□□□□□ □□□□□□□□□□□□□□□□.

□□□□□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□:

□□ □□□□□□□□□ □□□□□□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□ - □□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **-** [illegible] **(**[illegible]**)**
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **-** [illegible] [illegible] [illegible].

[illegible]:
* [illegible] [illegible] [illegible] **(MAR)**[illegible] **-** [illegible], [illegible], [illegible] [illegible].
* [illegible] **:** [illegible], [illegible], [illegible], [illegible], [illegible].
* [illegible] **-** [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] **(PRN)** [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible].
[illegible]:
[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
Cogentin [illegible] **-** [illegible] [illegible] [illegible], [illegible] [illegible].
[illegible] **-** [illegible] [illegible] **(PRN)** [illegible] [illegible] **-** [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]**:** [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible].

[illegible] **-** [illegible] [illegible] [illegible] **(**[illegible]**)**
[illegible]**:** [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible].

[illegible]:
* [illegible] **(Antipsychotics):** [illegible] **10%** [illegible] **-** [illegible].
* [illegible] **(Benzodiazepines):** [illegible] **5-10%** [illegible] **-** [illegible].
* [illegible] **(Mood stabilizers): 10-20%** [illegible]. [illegible] [illegible]**:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **10%** [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* [illegible]: **30–45** [illegible] (**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**).
* [illegible] [illegible] [illegible] [illegible]: **20+** [illegible] (**[illegible] [illegible] [illegible] [illegible]**). [illegible] [illegible]: **7–9** [illegible] [illegible] (**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**)
GABA [illegible] - [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible].

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible],
> [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible]
> [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] -
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] -
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] -
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
> [illegible]: '[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]'.
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]
> [illegible] [illegible], [illegible] [illegible] [illegible].
>
> "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."
>
> "[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."
>
> "**[**[illegible] [illegible]**]** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 26b.6 —

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible].

[illegible] **26b -** [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **(**[illegible] [illegible]**):** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(**[illegible] [illegible]**):** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(**[illegible]**):** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(**[illegible] [illegible]**):** [illegible]... [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] **(**[illegible]**):** [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] **(**[illegible]**),** [illegible] **(**[illegible]**),** [illegible] [illegible] **(**[illegible]**)** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **-** [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]**:** [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] "[illegible]" [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 23.

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible]... [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

Vector Three - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]
[illegible],
[illegible],
[illegible],
[illegible].

[illegible]:
[illegible],
[illegible] [illegible],
[illegible],
[illegible],
[illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]
[illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible]
[illegible] [illegible] [illegible] (**[illegible]**, [illegible], [illegible], [illegible], [illegible]) =
[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]
[illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] -
[illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]
[illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

— 23.3 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]
[illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]
[illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] -
[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible]

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible],
[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible],
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]
[illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]
[illegible]: [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]
[illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]
[illegible] [illegible] [illegible].

[illegible] [illegible] **(Spending Sandbox):** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [

[illegible], [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible]:
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] - [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 23.7 —

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible].

[illegible] **23 —** [illegible]
[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]:
* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
* [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] **23 -** [illegible] [illegible] [illegible].

[illegible] 36.

[illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] "[illegible]" [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

> [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
>
> [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
>
> [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].
$100
40% [illegible] - [illegible] [illegible], [illegible].
[illegible] [illegible] - 60%.
[illegible].

[illegible] [illegible] [illegible] [illegible].
$200+
10-20% - [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] - 90%
[illegible].

[illegible]**unk Cost** [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

'[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].'

[illegible] [illegible]unk cost [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]:

[illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] - [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]

[illegible], [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. **— $40, $60, $100, $200,** [illegible] [illegible] [illegible] [illegible]

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], **BDNF** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 36.6 —

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible].

[illegible] **36 -** [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" - [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
"[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].

[illegible] [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 34.

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]... [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible], [illegible] [illegible]? [illegible]. [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible]... [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]?

* [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]:

* [illegible] **(Automatic) -** [illegible] [illegible] [illegible] [illegible].
  * [illegible] [illegible] [illegible] [illegible] [illegible].
  * [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
  * [illegible] [illegible] [illegible].
  * [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

* [illegible]-[illegible] **(Ego-dystonic) -** [illegible] [illegible] [illegible] [illegible].
  * [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

* [illegible]: "[illegible] [illegible]."
  [illegible]: [illegible] [illegible] [illegible].
  [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

* [illegible]: "[illegible] [illegible] [illegible] [illegible]."
  [illegible]: [illegible] [illegible] [illegible] [illegible].
  [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

* [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible]."
  [illegible]: [illegible] [illegible] [illegible] [illegible].
  [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible]?

[illegible]?

[illegible].

[illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible] / [illegible] / [illegible]."

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible].

[illegible] [illegible].

"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?"

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible] [illegible]?"

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."

[illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

— 34.2 —

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible]

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— 34.3 —

[illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] - [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] — [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible], '[illegible] [illegible] [illegible] [illegible]' [illegible] [illegible] [illegible], [illegible] '[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]' [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. '[illegible] [illegible]**gd**[illegible] **(amygdala)** "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]." "[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]:

* [illegible] — [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] — [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible].
[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(prefrontal cortex)** [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(GABA)** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **24** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]:

[illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] - [illegible].

[illegible] (Noise) [illegible] [illegible] (Signal), [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

> [illegible] - [illegible] [illegible] [illegible] [illegible]:
>
> [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]:
>
> * [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible];
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
> * [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible], [illegible], [illegible]
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
> * [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible],
> [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible]—[illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] "[illegible]
> [illegible]" [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] [illegible]—[illegible] [illegible], [illegible] [illegible]
> [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible]
> [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]
> [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]:
> **findahelpline.com** [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible]**).**
> [illegible] [illegible] [illegible]: **HOME** [illegible] **741741** [illegible] [illegible] [illegible] [illegible] [illegible].
> [illegible]: **findahelpline.com/emergency.** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]
> [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]:

> [illegible].
>
> [illegible] [illegible] [illegible] - [illegible].
>
> [illegible] [illegible] - [illegible].
>
> **Response**
> [illegible]?
> [illegible], [illegible], [illegible].
> [illegible] [illegible] [illegible].
> [illegible]: [illegible]. [illegible]: [illegible] [illegible].
> [illegible] [illegible].
> [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
> [illegible], [illegible] - [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible].
> [illegible].
> None — just the image or idea itself

□□□□□□□□□□ □□□□□□□, □□□□□□, □□□□□□□□.
□□□.
□□□□□□□□□□□□□ □□□□□□□□□□□□□□□.
None
□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□.
□□□□□□□□□□ □□□□□□□□□: □□□□□□□□□□□ □□□□□□□□□□□□□□□□.
□□□□□□□□□□.
□□□□□□ □□□□□□□; □□□□□□□□ □□□□□□ □□□□□□□□□.
□□□□□□ □□□□□□□□□; □□□□□□ □□□□□□□□□□□□□□□□□□□□□□.
□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□: □□□□ □□□□□ □□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□.
□□□□□□□□□□□□□□□ □□□□□□□□.
□□□□□□□□□□□□□ - □□□□□□□□□□ □□□□□□□□□□□□, '□□□□ □□□□□ □□□□□□' □□□□□□ □□□□□□□□□□□□□□.
□□□□□□□□□ □□□□□□□□□□□□□□□□ - □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□.
□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□, □□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□.
□□□□□□□□.
"□□□□□□□□ □□□□□□□□□□" - □□□□□□□□, □□□□□□□□□□
"□□□□□ □□□□□□□□□" □□□□□□□ "□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□" - □□□□□□□□□□□□□□□□, □□□□□□□□□.
□□□□.

— 34.5 —

□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□.

□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□.

□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□. □□□ □□□□□□□□□□ □□□□□□□□□ □□□ □□□□□□□, □□□□□□□ □□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□, □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□, □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□ - □□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□□□□□□, □□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□.

□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□:

□□□□□□□□ - □□□□ □□□□□□□□□□□ □□□□□□□□□.
□□□□□□□□□□□□□, □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□.
□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□ - □□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□,
□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□.
□□□□□□□□□□, **REM** □□□□□□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□.
□□□ □□□□□□ □□□□□□□ □□□ □□□□□□ □□□ □□□□□□□□□□ □□□ □□□□□□□□□ □□□□□□□□□□ □□□□□. □□□ □□□□□□□□□□□□□□
□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□. □□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□
□□□□□□□□□□□□□□. □□□□□□ □□□□□□□□□ □□□□□. □□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□
□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□
□□□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□ □□□□□ □□□□□□□□□□□□ **(**□□□□
□□□□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□**)**, □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□
□□□□□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□
□□□□□□□□□ □□□□□□□□□□. □□□□□□□□ □□□□□□□□□. □□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□, □□□ □□□□□□□
□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ **GABA-**□□□□ □□□□□□□□□□□□□.
□□□□□□□□□□□□□□□□, □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□, □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□
□□□□□□□□□ □□□ □□□□□□□□□□□, □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□
□□□□□□□□□□□□□□□□. □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□, □□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□
□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□. □□□□□□□□□□□□□ □□□□□□: □□□□□□□□□ **400** □□□□□□ **600** □□□□□□□□□□□□□□ □□□□
□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□, □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□ "□□□□□□□□□□□ □□□□□□□□"
□□□□□□□□□□ **GABA** □□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□. □□□□ □□□□ □□□□□□□□□ □□□□□. □□□□□□ □□□□
□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□□□□□□, □□ □□□□□□□
□□□□□□□□□□□□ □□□□□□□□□□□□□□, **BDNF** □□□□□ □□□□□□□□□□□□□□□□ **(**□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□**)**,
□□□□□□□□ □□□□□□□□□□□□□□ **GABA** □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□
□□□□□□□□□□□□ □□□□□□□□ **-** □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□ □□□□ □□□□□□□□□□□□□ **-** □□□□□□□□□□ □□□□□□□
□□□□□□□□ □□□□□□□.

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible].

[illegible] [illegible] [illegible] [illegible]?

[illegible] / [illegible].

[illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; REM [illegible], [illegible] [illegible] [illegible].

7-9 [illegible]; [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] (GABA) [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible].

[illegible].[illegible].[illegible].[illegible] (GABA) [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] "[illegible] [illegible]"-[illegible].

[illegible] 400-600 [illegible].

[illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] BDNF [illegible] GABA [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

30 [illegible] [illegible], [illegible] [illegible], [illegible].

[illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible].

[illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] "[illegible]" [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible].

— 34.6 —

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible].

[illegible] **34 —** [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible] [illegible]. [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible]

[illegible] 27.

[illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible]. [illegible] [illegible] [illegible]

[illegible] '[illegible] + [illegible] = [illegible] [illegible]' [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. **HPPD -** [illegible] [illegible] [illegible] [illegible] **(Hallucinogen Persisting Perception Disorder)** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 27.2 —

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]—[illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible].

[illegible]:
* [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible].
* [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 27.3 —

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. THC [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

> [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible] [illegible]**)** [illegible], **"null"** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 27.4 —

[illegible]-[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

> [illegible] **1 —** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible]:
> [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] - [illegible] [illegible].
**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible]

[illegible] 28.

[illegible].

*[illegible] [illegible] [illegible] [

[illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. **Val/Val ([illegible] COMT)** [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. **Met/Met ([illegible] COMT)** [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **COMT** [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **(prefrontal cortex)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

COMT [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

Val/Val — [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

Val/Met — [illegible]

[illegible].

[illegible] [illegible].

30-60 [illegible].

[illegible], [illegible] [illegible].

Met/Met — [illegible].

[illegible].

[illegible] [illegible].

2-4 [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] COMT [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 28.3 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] COMT [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] 28.4-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] **(prefrontal cortex)** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

— 28.4 —

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]

* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]:
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible].

[illegible] [illegible] - [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible]". [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]... [illegible] [illegible] [illegible]: [illegible] [illegible].
[illegible] [illegible] [illegible].

[illegible] [illegible] - **4-7-8** [illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:
* [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

> [illegible] [illegible] [illegible]: [illegible] [illegible] - [illegible] [illegible] [illegible] (**[illegible] [illegible] [illegible]**)
>
> [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□□ □□□□□□ - □□□□□□.

□□□□□□ □□□□□□□□□□.

□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□.

□□□□□□□□ (□□□□□□ 20%).

6-12 □□□□□□□□ □□□□□□□ □□□□□□ □□□□.

□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□□: □□□□□□ □□□□□□□□□□□□ □□□□ □□□□□□□□ □□□ □□□□□□□□, □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□. □□□□□□ □□□□□□□, □□□□□□□ □□□□□□□□□ □□□ □□□□□□□□□ □□□□□□□, □□□ □□□□□□□□□ □□□□□□□ □□□□□□□□. □□□□□□□ □□□□□□□□ □□□ □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□, □□□ □□□□□□□□□ □□□□□□, □□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□. □□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□. □□□□, □□□□□□□□□, □□□□□□ □□□□ □□□□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□. □□□□□□□□□. □□□□□□□ □□□□□□□ □□□□□□□□□□□, □□□ □□□□ □□□□□□□□□□□□□□□□□: □□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□□□□. □□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□. □□□□□□ □□□□□□□ □□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□. □□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□, □□□□□ □□□□□□□□ □□□□□□□□□□. □□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□, □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□. □□□□ □□□□□□□□□□ □□□□□□□ □□□□ □□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 29

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible]... [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **(optimization)** [illegible]. [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]-[illegible]-[illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] **GST** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 29.3 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]:
* [illegible]
* [illegible] [illegible]-[illegible]
* [illegible]
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□.

□□□□□□ □□□□□□□□□□□□□□□ - □□□□□□□□□□□□□□□□, □□□□□, □□□□□□□□□□□□.

□□□□□□□□□ □□□□□□□, □□□□□□□□□ □□□□□□□□, □□□□□□□□□ □□□□□□ - □□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□; □□□□□□□ □□□□□□□□□□□□□□□□

[illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible]... [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible]: [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]:

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible].

[illegible]:

Met/Met — [illegible].

[illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible].

[illegible], [illegible], [illegible], [illegible].

[illegible]/[illegible] - [illegible]

[illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible] [illegible] [illegible].

Val/Val — [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible], [illegible] [illegible] [illegible].

— 29.5 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible], [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible].

— 29.6 —

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible].

[illegible] **29 -** [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] 30.

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible] - [illegible]:
* [illegible], [illegible].
* [illegible] - [illegible]. [illegible]. [illegible]. [illegible]. [illegible]. [illegible]. [illegible]. [illegible]. [illegible] — [illegible]: [illegible], [illegible]. [illegible]. [illegible]. [illegible]. [illegible]. [illegible]. [illegible]. [illegible].

□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□ - □□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□.
□□□□□□□□□□□□□ □□□□□□□□□□, □□□□ □□□□□□□□□□□□□□□□.
□□□□□□□□ □□□□□□ □□□□□□□.
□□□□□□□□□ □□□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□.
□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□.
□□□□□□ □□□□□□□□□□□□□□□□□□□□□□ □□□□□□, □□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□.
□□□□□□□.
□□□□□□□□□□ □□□□□, □□□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□.
□□□□ - □□□□□□□□□□.
□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□.
□□□□□□□□.
□□□□□□□□□□□□□□□ □□□□□□□□, □□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□.
□□□□□□ - □□□□□□□□□□□□ □□□□□□□□□.
□□□□, □□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□. □□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□. LOCKED TERMS □□□□□□□□□ □□□□□□□□□□□. □□□□□□□, □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□.
□□□□ □□□□□.
□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□.
□□□□□□□□ □□□□□□ □□□□□□□□□□ - □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□.
□□□□.
□□□□□□□□□□□□□ □□□□□□□□□□□□.

— 30.2 —

□□□□□□□□□□□ □□□□□□□□□.

□□□□□□□ □□□□□□□ □□□□□□□□□□, □□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□.

□□□□□ □□□□□□□□ □□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□-□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□ - □□□□□□□□□□□□□□□□□ PHQ-9, □□□□□□□□□□□□□□□□ GAD-7, □□□□ □□□□□□□□ □□□□ □□□□□□□□□□, □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□ □□□□□□□□□ □□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□, □□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□: □□□ □□□□□□□ □□□□□□□□ □□□□□, □□□□□□□ □□□□□□□□□□□□□□□. □□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□, □□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□

**[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□□□ - □□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□.
□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□.
□□□□□□□□ □□□□□□□□□□ □□□□□.
□□□□□ □□□□ □□□□: COMT, CYP450, MTHFR, MAO, GSTM1/GSTT1.
□□□□□ - □□.□□□.□-□□ □□□□□□□ □□□□□ □□□□□ □□□□□□□□.
□□□□□□□□ □□□□□□□□ □□□□□ □□□□ (□□□□□ □□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□, □□□□□□□□□□□ □□□□□□□ □□□□).
□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□.
□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□ - □□□□□□□□□□□□, □□12, □□, □□□□□□□□□□□, □□□□□□ □□□□□□□□□□□□□□□□.
□□□□□ - □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□.
□□□□□□□□□, □□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□.

— 30.3 —

□□□□□□□ □□□□□□□□□□□□ □□□□□□□□.

□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□□.

□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□, □□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□. □□□□□□□□□□, □□□□□□□□□□ □□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□ - □□□□□□□ □□□□□□□ □□□□□□□□□ - □□□□□ □□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□, □□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□□□. □□□□□□□□□□□, □□□□□□□□□□ □□□□□□□□□ □□□□□, □□□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□ □□□□□□□ □□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□, □□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□. □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□.

□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□:

□□□□□ □□□□□□ — □□□□□□ □□□□□□□□□ (□□□□□□□□ □□□□□□□□ □□□□□□)
□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□
□□□□□□□□□□□□□□□□□□□:
* **COMT (**□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□)
* **MTHFR (**□□□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□)
* **CYP450** □□□□□ **(**□□□□□□□□ □□□□□□□□□ □□□□□□□□)
* **MAO** □□□□□□□□□□□□□ **(**□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□)
* **GSTM1/GSTT1 (**□□□□□□ □□□□□□□□□ □□□□□□**).**

□□□□□□□□ □□□□□□□: □□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□ □□□□□□. **COMT Met/Met** □□□□□ □□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□ □□□□□□□□□. □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□, □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□ **-** □□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□ **PHQ-9** □□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□. □□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□, □□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□□ □□□□□ **—** □□□□□□□□□ □□□□□□ □□□□□ **(**□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□**):** □□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□**:** □□□□□□□□□□□□□□ □□□□□ **(**□□□□□□□□□□□□□ □□□□□□□□□□□**), □□□□□□□□□□ D, B12** □□□□□□□□ □□□□□□□□ □□□□□, □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□. **C-**□□□□□□□□□□□□ □□□□□□□, □□□□□□□□□ □□□□□□□□□, □□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ **(**□□□□□□□□□□□□□□□□□□**).** □□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□. □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□, □□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□. □□□□□□□□□ □□□□□ **-** □□□□ □□□□□□□□ **(**□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□**)** □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□, □□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□. **—** □□□□ □□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□□. □□□□□ □□□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□, □□□□□□ □□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□**:** □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□ □□□□□□□, □□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□. □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible] [illegible] [illegible] [

— 30.4 —

[illegible].

[illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible] [illegible]?" [illegible] [illegible]. [illegible], "[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]?" [illegible] [illegible] [illegible] [illegible].

— 30.5 —

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible]:

[illegible] **30 -** [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]:
* [illegible].
* [illegible]. "[illegible]" [illegible] "[illegible]" [illegible].

[illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

CENTURIAN [illegible] C-29

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

Pour Line-[illegible] Paddock [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] **C-29.001.** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: "[illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— C-29.1 —

[illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible]**?** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], **"tare"** [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. **"Tare"** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **"tare"-**[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] **1 -** [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] **2 -** [illegible] [illegible] [illegible]: [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]

[illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **3 -** [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] **"tare"** [illegible] [illegible] [illegible] [illegible]; [illegible] **"tare"** [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **4 - "Tare"** [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].

— C-29.2 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. **range.** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]/[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

— C-29.3 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible].

[illegible] [illegible] [illegible]?

[redacted].

[redacted].

[redacted].
[redacted].
[redacted], [redacted].
[redacted], [redacted], [redacted].
[redacted] [redacted] [redacted] [redacted] [redacted]/[redacted].
[redacted].
[redacted] [redacted].
[redacted] [redacted].
[redacted] [redacted] [redacted] [redacted] [redacted].
[redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] — [redacted], [redacted] [redacted] [redacted] [redacted].
[redacted].
[redacted] [redacted] [redacted].
[redacted] [redacted], [redacted], [redacted].
[redacted] [redacted], [redacted] [redacted] [redacted].
[redacted] [redacted] [redacted] [redacted] [redacted] [redacted].
[redacted].
[redacted] [redacted] [redacted] [redacted].
[redacted], [redacted] [redacted], [redacted].
[redacted] [redacted], [redacted] [redacted] [redacted].
[redacted] [redacted] [redacted] [redacted] [redacted]:

* [redacted]
* [redacted]
* [redacted]
* [redacted] [redacted]
* [redacted]

[redacted]-[redacted] [redacted].
[redacted] [redacted].
[redacted] [redacted], [redacted] [redacted], [redacted] [redacted].
[redacted], [redacted].
[redacted] [redacted] [redacted] [redacted].
[redacted].
[redacted] [redacted] [redacted].
[redacted], [redacted] [redacted], [redacted].
[redacted], [redacted] [redacted] [redacted] [redacted].
[redacted] [redacted] [redacted], [redacted].
[redacted] (redacted).
[redacted] [redacted].
[redacted] [redacted] [redacted] [redacted].
[redacted] [redacted], [redacted] [redacted].
[redacted], [redacted], [redacted] [redacted], [redacted].
[redacted] [redacted] [redacted] [redacted] [redacted].
[redacted] (redacted).
[redacted] [redacted] [redacted] [redacted], [redacted].
[redacted] [redacted], [redacted] [redacted], [redacted].
[redacted] [redacted] [redacted], [redacted].
[redacted] [redacted] [redacted] [redacted] [redacted] [redacted].

[redacted]:
* [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]; [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted].
* [redacted] [redacted] [redacted] [redacted] - [redacted] [redacted]: [redacted], [redacted] [redacted], [redacted] [redacted] [redacted], [redacted] [redacted]; [redacted] [redacted]

[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **"tare"** [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible]?" [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. — [illegible] [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]-29 - [illegible].

CENTURIAN [illegible] C-30

[illegible].

[illegible]: [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] **C-30.001.** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] "[illegible]" [illegible] [illegible]. [illegible] "[illegible]", [illegible] "[illegible]", [illegible] "[illegible]", [illegible] "[illegible]", [illegible] "[illegible]". [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible]. **Recovery Kernel** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] "**tare**" [illegible] [illegible]. **—** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— C-30.1 —

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]:

** [illegible]: [illegible].*
** [illegible]: [illegible] [illegible].*
** [illegible]: [illegible] [illegible] [illegible] [illegible].*
** [illegible]: [illegible], [illegible] [illegible].*
** [illegible]: [illegible] [illegible] [illegible].*
** [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].*
** [illegible]: [illegible] [illegible] [illegible] [illegible].*

SLOTH ([illegible]**) -** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] **(C-29) - [illegible]**
[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible]: **C-29** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **1 ([illegible])** [illegible] [illegible] **4 ([illegible] [illegible])** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] → [illegible] → [illegible] → [illegible]. [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible], [illegible] "[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]-[illegible] [illegible] [illegible] [illegible] ('[illegible] [illegible] [illegible] [illegible]') [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible]	[illegible]	[illegible]	[illegible] [illegible] [illegible]
[illegible] / **12-**[illegible]	[illegible] [illegible] [illegible] / [illegible] [illegible]	[illegible] [illegible] [illegible] [illegible]	[illegible], [illegible] [illegible] **(**[illegible] **4-5)**, [illegible] **(**[illegible] **8-9)**, [illegible]
[illegible] [illegible]	[illegible] [illegible] **(**[illegible], [illegible], [illegible]**)**	[illegible] / [illegible] [illegible] [illegible]	[illegible], [illegible] **(**[illegible]**)**, [illegible] [illegible], [illegible] [illegible] [illegible] **(**[illegible]**)**	[illegible] [illegible] **(**[illegible] [illegible] [illegible]**)**	[illegible] **(**[illegible] [illegible] [illegible]**)** [illegible] [illegible]	[illegible] **(**[illegible]**)**, [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible]**)** / [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **(**[illegible] [illegible]**)**, [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]/[illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] / [illegible]. [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] **(**[illegible] [illegible]**)**, [illegible] **(**[illegible] [illegible]**)**, [illegible] [illegible]. [illegible] [illegible] [illegible] / [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— C-30.2 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] / [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible],

[illegible]: [illegible], [illegible], [illegible] "[illegible]" [illegible] [illegible] [illegible].

[illegible]: [illegible], [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] "[illegible] [illegible]" - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **Recovery Kernel** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible]. [illegible], [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]-30 - [illegible] [illegible].

CENTURIAN [illegible] C-27.

[illegible] [illegible].

[illegible], [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] **C-27.001.**

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] **nothing to show for it except damage.** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. — [illegible], [illegible], [illegible], [illegible], [illegible] [illegible] — [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible]". [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

— C-27.1 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— C-27.2 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] **vigente**[illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] **100%** [illegible] [illegible].

[illegible] [illegible] [illegible] — [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] — [illegible] [illegible]: [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] **3 - [illegible]** [illegible]: [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] **1:** [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible]: **findahelpline.com.** [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

— C-27.3 —

[illegible] [illegible].

[illegible] [illegible] [illegible] K2 [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] **$15–25,** [illegible] [illegible] [illegible]**):** [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible]: [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible]: [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

K2 / [illegible] [illegible] - [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible]: [illegible] [illegible] **($10–20):** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible]: [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **3** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible], [illegible], [illegible], **10,000** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]:
* [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]; [illegible] ≠ [illegible].
* [illegible] [illegible] - "[illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(lapse)** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: **$15–25;** [illegible] [illegible]: **$10–20;** [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] C-28.

[illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] **— [illegible] C-28.001.** [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible]

[illegible]. [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

— C-28.2 —

[illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]:
* [illegible] - [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible].
* [illegible] **(drive)** [illegible] - [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible]; "[illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]... [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]-28 - [illegible].

— [illegible] —

[illegible] VI - [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 24.

[illegible].

"[illegible], [illegible], [illegible]."

— [illegible]

[illegible]:

[illegible] [illegible] [illegible] [

[illegible] [illegible]. [illegible] [illegible] "[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]" [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]? [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible]

[illegible].

[illegible]

[illegible].

[illegible]

[illegible].

[illegible]

[illegible]

[illegible]

— 24.3 —

[illegible].

[illegible]

[illegible]: [illegible], [illegible], [illegible]. [illegible]. [illegible]. [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]

> [illegible] - [illegible], [illegible], [illegible]: [illegible], [illegible] [illegible], [illegible], [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

— 24.4 —

Recovery [illegible]

[illegible]:

* *[illegible]*
* *[illegible]*
* *[illegible]*
* *[illegible]*
* *[illegible]*

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

Recovery [illegible] [illegible]?

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible]; [illegible]; [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] [

[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

* [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 25

[illegible].

[illegible] - [illegible], [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], "[illegible] [illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* [illegible]: [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]... [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

— 25.2 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:

[illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible]."
[illegible]: [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]."

[illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible]. [illegible]: [illegible] [illegible], [illegible] [illegible]. [illegible]: [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible]... [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible].

[illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] — [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible], [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 25.6 —

[illegible] [illegible] [illegible]?

[illegible] [illegible].

[illegible] **25 -** [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible], [illegible] [illegible] [illegible].
[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]: [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible], [illegible].
[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

CENTURIAN [illegible] C-31.

[illegible].

[illegible] [illegible] [illegible], [illegible] - [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] **C-31.001:** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

PHASE 2 - [illegible] **(**[illegible]**):** [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible], [illegible] [illegible]?
* **[illegible] [illegible] -** [illegible] [illegible] [illegible] [illegible] [illegible]?
* **[illegible] [illegible] -** [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible]?

[illegible]: [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]?

[illegible]:
* **[illegible] [illegible] [illegible] [illegible] [illegible] -** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
* **[illegible]-[illegible] [illegible] -** [illegible] **1:** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] **2:** [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
* **[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].**

"[illegible]" [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

Schitt's Creek [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

Breaking Bad [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
BoJack Horseman [illegible] [illegible] [illegible] [illegible] **Recovery Kernel** [illegible] **- Kernel-**[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 35

[illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] -[illegible] [illegible] [illegible] [illegible].

— [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible]. "[illegible]" [illegible] "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible], "[illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible].

[illegible] [illegible] [illegible] [illegible]:

[illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible] [illegible].

— 35.2 —

[illegible]?

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] - [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] **orum** [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] (microbiome) [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] CYP450 [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

> [illegible] [illegible] [illegible] **-** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 35.4 —

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] vs. [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

— 35.6 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:
[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible]

[illegible] [illegible]. — [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 35.7 —

[illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible].

[illegible] **35 -** [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] **GABA** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]... [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 39.

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

- [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **(Sequential Intercept Model - SIM)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

> **[illegible]:**
>
> [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible]

[illegible]; [illegible] [illegible]. [illegible] **Medicaid** [illegible], [illegible] **30** [illegible] [illegible] [illegible] - [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

FASE C - [illegible].

[illegible] 4 [illegible] 5 - [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], **probation** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **(Sequential Intercept Model)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 40.

[illegible] [illegible].

[illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

- [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

> [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

* [illegible] - [illegible]. [illegible]
[illegible]
[illegible]
[illegible] **Fifteen** [illegible] - [illegible], [illegible],
[illegible]
[illegible] - [illegible]. [illegible]
[illegible]
[illegible]
[

[illegible] [illegible] [illegible], [illegible], [illegible],

* [illegible] - [illegible], [illegible], [illegible], [illegible], [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

> [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] **40 -** [illegible] [illegible] [illegible].

[illegible] 41.

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible]

[illegible]

[illegible]

— 41.2 —

[illegible].

72 [illegible]

[illegible]

[illegible]

[illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] — [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]-[illegible] [illegible] **([illegible])** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **(naltrexone)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[redacted], [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]

— [illegible] VI [illegible] —

[illegible] VII - [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

---

*[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 35S

[illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible].

— [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

> [illegible]:
>
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].
>
> [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] **15–20 dB;** [illegible] [illegible] [illegible] [illegible] **20–25 dB.** [illegible]**Response:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] — '[illegible] [illegible] [illegible]' [illegible] '[illegible] [illegible]' [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] — [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **(cochlea) llegan.** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 35S.2 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] ([illegible]/[illegible] [illegible]).

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] / [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] (Ketamine, [illegible]) [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]:

* [illegible] [illegible], [illegible] [illegible] [illegible]
* [illegible] [illegible]
* [illegible] [illegible]
* [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 35S.3 —

[illegible].

[illegible]: [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

[illegible] - [illegible] [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible], [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] - [illegible] **MDMA -** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible].

[illegible] [illegible]:
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]; [illegible] [illegible] **200-400** [illegible].
* [illegible]
* [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]: [illegible] **500** [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible], [illegible] [illegible]: **750–1000** [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]: **1** [illegible] **1.5** [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] - [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]

[illegible]: [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] / [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

□□□□□□□ / □□□□□□□

□□□□□□□□□□: □□□□□□□□□□□□ □□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□.

□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□; □□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□; □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□ - □□□□□□□, □□□□□□□□□, □□□□□□□□□, □□□□□□□□; □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□.

— 35S.4 —

□□□□□□ □□□□□□□□□□□.

□□□□□ □□□□□□□□□□□□□□□, □□□□□□□□ □□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□.

□□□□□ □□□□□□□□□□□□□□□ - □□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□. □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□□□□, □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□. □□□□□□□□□□□□□ □□□□□□□□□□□□ □□□ □□□□□ □□□□□□□ □□□□□□□□□□□□, □□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□, □□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□. □□□□□□□□□□□ □□□□□, □□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□ - □□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□. □□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□. □□□ □□□□□□□□□□□□ □□□ □□□□□□□□, □□□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□ □□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□. □□□□□ □□□□□□□□□□ □□□□□□□□□□□ □□□□□, □□□□□□□□□ □□□□□ □□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□. □□□ □□□□□ □□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□□□□□□□□□□□□□: □□□□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□ **(**□□□□□ □□□□□□□□□□□□□□□ □□□□□, □□□ □□□□□□□□□□□**;** □□□□□□□ □□□ □□□□□□□□□□ □□□□□□□□ □□□□□, □□□ □□□□□□□□□□□□□**).** □□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□. □□□□□□□□ □□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□, "□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□" □□□□□□ □□□□□□□□ □□□ □□□□□□□□□□.

□□□□□□ □□ □□□□□□□□□ - □□□□□□□□□□□□□□□□□□ □□□□□:

□□□□□□□□□□□□□ □□□□□, □□□□□□□ **(dissociation),** □□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□, □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□: □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□, □□□□□□□□, □□□□□□□, □□□□□□ □□□□□□□□, □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□. □□□ □□□□□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ **(parasympathetic nervous system)** □□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□.

□□□□□□□□□□□□□□□□□ □□□□□:
* □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ - □□□□□□□□□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□; □□□ □□□□□□□ □□□□□□□□□ □□□□ □□□□□□□. □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□.

□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□ - □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□; □□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□; □□□□□□□□□□□, □□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□.
□□□□□□□□□□□□ □□□□□□□□□□□□□ - □□□□□□□□□□□□□□□ □□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ **(**□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□ □□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□**);** □□□□ □□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□.
□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□ - □□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□. □□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□, □□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□**;** □□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□ - □□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□**;** □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□, □□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible] [illegible] - [illegible]

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

* **[illegible]:** [illegible]; [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

[illegible]:
* [illegible] [illegible].
* [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] - [illegible] [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible]: [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 35S.b

[illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: "[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

> [illegible]. [illegible] [illegible] [illegible] [illegible]: "[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] '[illegible] [illegible]', '[illegible]', [illegible] '[illegible] [illegible]' [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

— 35S.b.2 —

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

> [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]
>
> [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
>
> [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: "[illegible] [illegible] [illegible] [illegible] [illegible]?". [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: "[illegible], [illegible] [illegible] [illegible]." [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible].

[illegible]

[illegible] [illegible].

[illegible]?

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] ([illegible] [illegible]), [illegible] [illegible].

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; "[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible], [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 35S.b.3 —

[illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]inducing [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]? [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* [illegible], [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

***** [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]..." **[**[illegible]**]-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]; [illegible]... [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 35S.c

[illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

— [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] — [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

> [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible]. [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible]... [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible]. [illegible], [illegible], [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

— 35S.c.1 —

[illegible].

"[illegible] [illegible] [illegible]" [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]."

[illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible], [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]-[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— 35S.c.2 —

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], "[illegible] [illegible]" [illegible]?

* *[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].*
* *[illegible] [illegible], [illegible] [illegible] [illegible].*
* *[illegible] [illegible] ([illegible], [illegible], [illegible]).*
* *[illegible] [illegible] [illegible] [illegible].*
* *[illegible] [illegible].*

"[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [

> [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible]... [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]. **Recovery** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

> "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]." [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible]—[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible]: [illegible] [illegible]
[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]: [illegible], [illegible], [illegible], [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible]: [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible]; [illegible], [illegible].

[illegible] - [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□□□□□□□ □□□□□□□□□□□□ - □□□□□□□□□□□□ □□□□□□□□ □□□□□□□.

□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□

[illegible]: [illegible], [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible] **35S.c -** [illegible].

[illegible] 35S.d

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

— [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible], [illegible], [illegible] [illegible], [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]:

* [illegible].
* [illegible].
* [illegible].
* [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

* [illegible]
  * [illegible], [illegible] [illegible]: [illegible], [illegible], [illegible] [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [

* [illegible]
* [illegible]
* [illegible]

[illegible]

[illegible]

[illegible]

— 35S.d.8 —

[illegible].

[illegible]?

[illegible]

MTHFR [illegible] **COMT -** [illegible]
MTHFR [illegible] **-** [illegible] **(Methylenetetrahydrofolate reductase)** [illegible] **(C677T** [illegible] **A1298C)** [illegible] **B-**[illegible], [illegible], [illegible], [illegible], [illegible] **B-**[illegible], [illegible], [illegible] **-** [illegible]. **COMT** [illegible] **-** [illegible]. [illegible]**-**[illegible], [illegible]. **Val/Val** [illegible] **(**[illegible] **-** '[illegible]' [illegible]**)** [illegible] **Met/Met** [illegible] [illegible] **(**[illegible] **-** '[illegible]' [illegible]**),** [illegible], [illegible]. [illegible]

> [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

[illegible] [illegible] (P02); [illegible] (P11)

[illegible] [illegible] (P35S.c); [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] / [illegible] [illegible].

[illegible] / [illegible] [illegible].

[illegible] [illegible] (P02); [illegible] [illegible] (P08)

[illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible].[illegible].[illegible].[illegible].; [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] / [illegible] [illegible].

[illegible] [illegible] (P02); [illegible] [illegible] (P08)

[illegible] [illegible] (P22); [illegible]; [illegible] [illegible] (P33).

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] (P02)

[illegible] [illegible] (P35S.c); [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] / [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] (P02)

[illegible] [illegible] (P35S.c); [illegible] [illegible]; [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] (P02)

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

■■■■■■■■■ 38.

■■■■■■ ■■■■■■■■■■■■■■■■ ■■■■■■■■■■ ■■■■■■■■ ■■■■■■■ ■■■■■■■ ■■■■■■■■■■ ■■■■■■■■■■.

■■■■ ■■■■■■ ■■■■■ ■■■■■■■, ■■■■■■■ ■■■■■■ ■■■■ ■■■■■■: ■■■ ■■■■■■■ ■■■■■■■■■■ ■■■■■■■■■■■■■■■■■■■■■■, ■■■■■■■ ■■■■ ■■■■■■ ■■■■■■■ ■■■■■■■■■■■■■■■■■■.

— ■■■■■■ ■■■■■■■■■■■■■■■■ ■■■■■■■■■■■■■■■■, ■■■■■ ■■■■ ■■■■■■■ ■■■■■ ■■■■■■■■■■■■■ ■■■■ ■■■■■■■■■ — ■■■■■■■ ■■■■■■■■ ■■■■ ■■■■■■■■■ ■■■■■■■■■■■■■■■■ ■■■ ■■■■■■■■■ ■■■■■■■■■ ■■■■■■■■■■■■■ ■■■■■■■■■■■■■■■■■■■■■■■■■■■■■■■■.

■■■■■■■■■■: ■■■■■■■■ ■■■■■■■■■■■■■■■ ■■■■■■■■ ■■■■■■ ■■■■: ■■■■■■■■ ■■■■■■■■■■■■■■■■■ ■■■■■. ■■■■■■■■ ■■■■■ ■■■■■■ ■■■■■■■■. ■■■■■■■■■■■■■ ■■■■■■■■■ ■■■■■■ ■■■■■■■■ ■■■■■■■■■ ■■■ ■■■ ■■■■■■■■■■ ■■■■■■■■ ■■■■■■■■■■■■■■■■■■. ■■■■■■■■ ■■■■■■■■■■ ■■■■■■■■■■ ■■■■■■■■■ ■■■■■■■ ■■■■■■. ■■■■■■■■■■■■■■■■■■■■ ■■■■■■■■■■ ■■■■■■■■■■■■■■■■■■■ ■■■■■■■■ ■■■■■■■■■■■■■■■■■■ ■■■■■■. ■■■■■■■■■ ■■■■■■■■■■■ ■■■■■■■■ ■■■■■■■■■ ■■■■■■■■■ ■■■■■■. ■■■ ■■■■■■■■ ■■■■■■■■ ■■■■■■ ■■■■■■■■■■ ■■■■■■■■■, ■■■■■■■■ ■■■■■■■ ■■■ ■■■■■■■■■■■ ■■■■■■■■■■■■■■. ■■■■■■■■■■ ■■■■■■■■■ ■■■■■■■■■■■■■, ■■■■■■■■■■■, ■■■■■■■■■■■■■■■■, ■■■■■■■■■■■ ■■■■■■■■ ■■■■■■■■■■■. ■■■■■■■■■ ■■■■■■■■■■■■■■■ ■■■■■■■. ■■■ ■■■■■■■ ■■■■■■■■■■■■■■, ■■■■■■■■■■■■ ■■■■■■ ■■■■■■■■■■■■■■■■■■■

□□□□□□□□□□□□□□ □□□□□□: □□□□□ □□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□ - □□□□□, □□□□□□□□□□□, □□□□□□□□□ □□□□□□□□□□□, □□□□□, □□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□. □□□ □□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□□□□□□ □□□□□□ □□□□□ □□□□□ □□□□□□□□□□□□, □□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□. □□□ □□□□□ □□□□□□□□□□□. □□□ □□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□, □□□ □□□□□□□□ □□□□□. □□□ □□□ "□□□□□□□□□□□□□□□□ □□□□□" - □□□□□□□, □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ **(□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□)**, □□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□ □□□□□ □□□□□□□□ □□□ □□□□□□□□□□□□.

□□□□□□ □□□□□□□□□ - **MTHFR** □□□□□□□□ **COMT**

□□□ □□□□□□ □□□□□□□□□□□□, □□ □□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□. **MTHFR** □□□□□□□□□□□□ □□□□□□□□□□□□ - □□□□□□□, □□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ - □□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□ □□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□ □□□ □□□□□□□□□□□. □□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□ □□□ □□□□□□□□□□□□. **COMT** □□□□□□□□□□□□ □□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ **(Val/Val)** □□□□□□□□... □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ - □□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□. □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□, □□□ □□□□□□□□□ □□□ □□□□□□□□□□□□□□□ □□□□□□□. □□□□□□□□ □□□□□□□□□□□□ **(Met/Met)** □□□□□□□ □□ □□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□ - □□□□□ □□□□□ □□□□□□□ □□ □□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□. □□□□□ □□□□□ **- MTHFR** □□□□□... □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□ **COMT** □□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□ - □□□ □□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□, □□□ □□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□. □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□. □□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□ □□□ □□□□□□.

— 38.2 —

□□□□□□□□□ □□□□□□□□□□.

□□□□: □□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□ □□□□□□ □□□□□□□□□□□.

□□□□□□□□□□□□□□□□ □□□□□ □□□□□□ □□□□□□□□□□□, □□□□□ □□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□ □□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□□ □□□□□□. □□□□□ □□□□□□□. □□□□□ □□□□□□□□□□□□. '□□□□□ □□□□□□□□ □□□□□□□□□, □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□.'

□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□**?** □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□. □□□□□□□□□□□□. □□□□□□ □□□□□. □□□□□□□□□□ □□□□□□□ □□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ - □□□□ □□□□□□□□□□□□ □□□□□□□□□□□□, □□□□□□ □□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□ □□□ □□□□□□□□□□□ □□□ □□□□□□□□□□□□□ □□□□□□□□, □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□. □□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□ - □□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□: □□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□ □□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□□□□□, □□□□□□□□□ □□□ □□□□□□□□□□ □□□□□□□□□□□ □□□□□□.
□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□
□□□□□□□□ □□□□□□□□□□.
□□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□ □□□□□□□□□□□ □□□□□□.
□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□
□□□□□□.
□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□
□□□□□□□□□□□ □□□□□□.

□□□ □□□□□□□□□□□□□□□ □□□□□ - □□□ □□□□□□□□□□ □□□□□, □□□□□□□□ □□□□□□□:
□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□.
□□□□□ □□□□□□□□□□. □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□.
□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□ □□□□□□□□□□□□□□□□□□□□

[illegible] [illegible] [illegible].
[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

Fifteen [illegible] [illegible] [illegible] - [illegible] [illegible]

[illegible], [illegible], [illegible] [illegible]:
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] - [illegible] [illegible] "[illegible] [illegible] [illegible]". [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]:
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

> [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
* [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

— 38.4 —

[illegible].

[illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], ADHD, [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]:
* [illegible] [illegible] [illegible] [illegible] — [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
* [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
"[illegible] [illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

▒▒▒▒▒▒▒▒▒ 43.

▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒.

▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒, ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒.

— ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒, ▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒, ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒, ▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒ ▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒ ▒▒▒▒▒▒▒▒.

▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒: ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒ ▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒ **-** ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒. ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒; ▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒, ▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒. ▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒, ▒▒▒▒▒▒▒▒ ▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒. ▒▒▒ ▒▒▒▒▒▒▒▒▒ ▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒▒

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **40%** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **HIPAA** [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **20 ([illegible])** [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

Loosid - [illegible] [illegible] [illegible]

(CBT) [illegible].
SMART Recovery [illegible]: [illegible] [illegible].

[illegible], [illegible]; [illegible].

[illegible] 4 - [illegible].

Meeting Guide (12-[illegible]); [illegible] (SMART [illegible]); [illegible] (Refuge Recovery).

[illegible]; [illegible] [illegible].

[illegible]

[illegible] **5 ([illegible]).** [illegible] **(Detox):** [illegible].

*   [illegible].
*   [illegible].
*   [illegible] **-** [illegible].
*   [illegible] **FOMO (Fear Of Missing Out)** [illegible].

[illegible]: [illegible].

[illegible]: [illegible].

[illegible].

— 43.5 —

[illegible].

[illegible]:

*   *[illegible].*
*   *[illegible].*
*   *[illegible].*
*   *[illegible].*
*   *[illegible].*

[illegible]:

* [illegible].
* [illegible].

[illegible].
* **PDT (Personalized Digital Therapy)** [illegible] - [illegible], [illegible] **70%** [illegible] [illegible].
* [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible], [illegible] **(Somryst)** [illegible] **CBT-I** [illegible]. [illegible] **"MORE"** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] 42.

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

FMT [illegible] [illegible], [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] **50-60%;** [illegible] [illegible] [illegible] [illegible] [illegible] **30-40%.** [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] **FDA** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] **18 ([illegible])**; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible] - [illegible] **19 ([illegible])**; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

MTHFR [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

— 42.5 —

[illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **TMS ([illegible] [illegible] [illegible])** [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **FMT ([illegible] [illegible] [illegible])** [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **NAD+** [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible].
* [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

> [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **42 -** [illegible] [illegible].

— [illegible] VII [illegible] —

[illegible] VIII - [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].[illegible]/[illegible].[illegible].[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]-[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible].[illegible].[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

CENTURIAN [illegible] C-33.

[illegible].

[illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

— [illegible] [illegible] [illegible] AA-[illegible], [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] **C-33.001.** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible].

[illegible] / [illegible]

[illegible] [illegible], [illegible] [illegible].

1880-[illegible]

[illegible] [illegible] / [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] 1,400 [illegible] [illegible].

1880[illegible] - 1900[illegible]

[illegible] [illegible] [illegible] / [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] (1[illegible] [illegible], [illegible] III [illegible]) [illegible] [illegible]; [illegible]-[illegible] 1903 [illegible] [illegible].

1890[illegible] - 1910[illegible]

[illegible] [illegible] [illegible] ([illegible]).

[illegible] [illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] (crack) [illegible] 100:1 [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

1996-2010[illegible]

[illegible] [illegible] [illegible].

OxyContin [illegible] 1996-[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] 1%[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] 400,000-[illegible] [illegible] [illegible]. [illegible] [illegible] 13 [illegible] [illegible] [illegible].

2013–[illegible]

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] 50 [illegible] 100 [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible]**?**

[illegible] [illegible] [illegible] [illegible] **(Food and Drug Administration) 1906-**[illegible]. **1960-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **FDA-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **1990-**[illegible] [illegible] "[illegible] [illegible]" [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible].

— C-33.5 —

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible].

[illegible] - [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

CENTURIAN [illegible] C-32

[illegible].

[illegible]—[illegible]

[illegible], [illegible], [illegible], [illegible]

[illegible] **C-32.001:**

[illegible]: [illegible] **-** [illegible]. [illegible] **3** [illegible], [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]) [illegible] [illegible]. [illegible]); [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]; [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] **P-5-P** [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]; [illegible] ('[illegible] [illegible]' [illegible], [illegible] [illegible] [illegible]) [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] **P-5-P** [illegible]. [illegible]-[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— C-32.2 —

[illegible] [illegible] [illegible] [illegible] [illegible]?

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] ([illegible], [illegible], [illegible]): [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **SCN** ([illegible] [illegible] [illegible] **suprachiasmatic nucleus)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible] [illegible] - [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] **1–3** [illegible] [illegible] [illegible] [illegible] [illegible]); **N3** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; **REM** [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible], "[illegible]" [illegible] [illegible] [illegible] ([illegible]) [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible]

[illegible] ([illegible], [illegible], [illegible], [illegible]): [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible]. [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]). [illegible] **N3** [illegible] [illegible] [illegible] **REM** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] **(REM)** [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. '[illegible] [illegible]' [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible]) [illegible], [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **REM** [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible], [illegible], [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **5-10** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] **(GABA** [illegible] [illegible] [illegible] [illegible]): [illegible] [illegible] [illegible] [illegible] [illegible] **GABA** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **GABA** [illegible] **N3** [illegible] [illegible] [illegible] [illegible] **REM** [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **GABA** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]; **N3** [illegible] [illegible]; [illegible] [illegible] [illegible] **REM** [illegible] [illegible] [illegible],

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: **GABA** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(receptor downregulation).** [illegible], **GABA** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **GABA** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: **THC,** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]:

**[illegible]: [illegible]. [illegible]. [illegible]. [illegible]. [illegible] - [illegible]-1 [illegible] (IL-1β) [illegible] [illegible] [illegible] [illegible] (TNF-α) - [illegible], REM [illegible]. [illegible] [illegible] (Ca2+) [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible]

[illegible]:

[illegible]-[illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible]?

[illegible] [illegible] [illegible]?

[illegible] [illegible]?

[illegible] → 5-HTP

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

IDO [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible] ([illegible], [illegible], [illegible]).

5-HTP → [illegible]

AADC [illegible]; [illegible] (B6) [illegible].

[illegible]-5-[illegible] (NAD [illegible]); [illegible]; [illegible].[illegible].[illegible].[illegible].[illegible] [illegible] B6 [illegible].

P-5-P [illegible] 25-50 [illegible]; [illegible] B2 [illegible]; MTHFR [illegible].

[illegible] → [illegible]

AANAT [illegible]; [illegible].

[illegible] ([illegible]); [illegible] (AANAT [illegible]).

[illegible]; [illegible] ([illegible]).

N-[illegible] → [illegible]

ASMT [illegible]; SAM ([illegible]).

MTHFR [illegible] SAM [illegible]; [illegible].

[illegible] + [illegible]; MTHFR [illegible]; [illegible], SAMe [illegible].

— C-32.5 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **1 -** [illegible] **(1-4** [illegible]**)** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]:

[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] **0.5** [illegible] [illegible] **(**[illegible] **21).** [illegible] - [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] **(**[illegible]**).** [illegible] [illegible] **20** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible] **10-20** [illegible] [illegible] [illegible], **SCN (**[illegible]**)** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] **14-16** [illegible] [illegible] [illegible].

[illegible] **2 -** [illegible]**-5-**[illegible] **(2** [illegible] **8** [illegible]**)**
[illegible]**-5-**[illegible] **(**[illegible]**-5-**[illegible]**)** [illegible] [illegible] **B6** [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible]**-5-**[illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] **B** [illegible] [illegible] [illegible].
[illegible]**-5-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible]**-5-**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] **5-**[illegible]**-**[illegible] [illegible] [illegible]. **P-5-P** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
P-5-P, GABA [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
P-5-P, [illegible] [illegible] [illegible] **(AADC** [illegible]**).** [illegible] **REM** [illegible] [illegible] [illegible].
HIV [illegible]: **P-5-P,** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
P-5-P, [illegible] [illegible] [illegible] **24** [illegible]). **—** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
[illegible]: [illegible]: [illegible] **25–50** [illegible] **P-5-P,** [illegible] **(**[illegible]**).** (**)** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible]).
[illegible].[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] **50–100** [illegible]. [illegible] [illegible]: **P-5-P** [illegible] **Pyridoxal-5-Phosphate;** [illegible] [illegible] [illegible] **HCl** [illegible], **P-5-P** [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] **(**[illegible]**). P-5-P** [illegible]**),** [illegible] **(B6** [illegible] [illegible]**),** [illegible] **B2/**[illegible] **(P-5-P** [illegible] [illegible]**).** [illegible] [illegible]: [illegible] [illegible] [illegible] **2–4** [illegible], [illegible]**-**[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] **3 -** [illegible] [illegible] **(2-12** [illegible]**)** [illegible] [illegible] [illegible] [illegible], **SAM (S-adenosylmethionine)** [illegible], [illegible] [illegible]. **SAM** [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] **MTHFR** [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **(L-**[illegible] **/ 5-MTHF):** [illegible] **400–800mcg;** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; **MTHFR** [illegible] [illegible] [illegible] [illegible]; **SAM** [illegible] [illegible]. [illegible] **(**[illegible] **B12):** [illegible] **1000mcg;** [illegible] [illegible] [illegible] [illegible]. [illegible]: **SAMe (S-adenosylmethionine): 200–400mg** [illegible] [illegible] **(**[illegible]**,** [illegible] [illegible]**;** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible]**);** [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]: **300–400mg** [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible], **GABA-**[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

HIV [illegible]: **IDO** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible]**-3** [illegible] [illegible]. **(**[illegible] [illegible] **2-4** [illegible] **EPA/DHA) IDO** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **4 -** [illegible]**-**[illegible] **(4-12** [illegible]**+)** [illegible] [illegible] [illegible] **(CBT-I)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] (**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**).

[illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] **CBT-I: FDA** [illegible] [illegible] **Somryst** [illegible], [illegible] **9** [illegible] [illegible]. **CBT-I** [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] **60%** [illegible] **9** [illegible] [illegible] [illegible] [illegible] [illegible] **CBT-I** [illegible]. [illegible] **43** (**[illegible]**) [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] **5 -** [illegible] [illegible] [illegible] [illegible] (**[illegible]**)
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]:

* [illegible] [illegible] **300–400mg —** [illegible] **30–60** [illegible];
[illegible]**inducing, GABA-**[illegible], [illegible] [illegible], [illegible] [illegible] [illegible].

* **L-theanine 200–400mg —** [illegible] [illegible] [illegible] [illegible] (**[illegible]**); [illegible] [illegible] [illegible]; [illegible] [illegible].

* [illegible] **3g —** [illegible] [illegible] [illegible] (**[illegible]**). [illegible] **GABA-**[illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] **(KSM-66) 300–600** [illegible] **—** [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] **0.5–1** [illegible] **—** [illegible] [illegible] [illegible] [illegible] [illegible] **(3–10** [illegible] [illegible] **OTC** [illegible] [illegible] [illegible], [illegible] [illegible]**);** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] **—** [illegible] [illegible] [illegible] [illegible].
[illegible] **100–200** [illegible] **—** [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (**[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**).

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **Z-**[illegible] **(zolpidem/Ambien) -** [illegible] [illegible] [illegible] [illegible], **N3** [illegible] **REM** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] **N3** [illegible] **REM** [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible].

— C-32.6 —

[illegible].[illegible].[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible].[illegible].[illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible].[illegible].[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **1-5** [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible]:

* **[illegible]:** [illegible] **(Sustiva)** [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] receptor-[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] 4 [illegible] (CBT-I); [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

[illegible] [illegible] (4 [illegible] 12 [illegible] [illegible]).

[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] BDNF [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] (COVID-19) [illegible] [illegible] [illegible].

[illegible] [illegible] (SSRIs 1+).

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] P-5-P [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible].[illegible].[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]:

* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] "[illegible] [illegible] [illegible]" [illegible].
* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] **(stimulants)** [illegible] [illegible] [illegible]; [illegible] **(opioids) N3** [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] **(benzos) N3** [illegible] **REM** [illegible] [illegible], **GABA** [illegible] [illegible]; [illegible] **REM** [illegible] [illegible].
* [illegible] [illegible] [illegible] **- IL-1β** [illegible] **TNF-α** [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible].[illegible].[illegible] **(HIV)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible].[illegible].[illegible] **(HIV)** [illegible] [illegible] [illegible] [illegible] **- 70%** [illegible] [illegible].[illegible].[illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].[illegible].[illegible] [illegible] [illegible], [illegible] **(ART)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].[illegible].[illegible] **(IDO)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]**-**[illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] **- MTHFR. variants (SAM [illegible]), P-5-P** [illegible] **([illegible] [illegible] [illegible])**, [illegible] [illegible] [illegible] **IDO** [illegible] **([illegible] [illegible] [illegible])** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **P-5-P** [illegible] [illegible] [illegible] [illegible] [illegible] **- B6** [illegible] [illegible] [illegible], [illegible] [illegible], **GABA** [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible], [illegible] [illegible] **HIV** [illegible] [illegible]; **P-5-P** [illegible] **([illegible] [illegible])** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible], **P-5-P** [illegible],

[illegible], **CBT-I** [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] **(NNRTI)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. **P-5-P**[illegible]... [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] **N3,** [illegible] [illegible] [illegible] **REM,** [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] C-32 - [illegible] [illegible].

CENTURIAN [illegible] C-32b

STI [illegible].

[illegible], [illegible], [illegible] [illegible] [illegible].[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - C-32a

> [illegible] [illegible] [illegible] — [illegible] **C-32b.001. Centurian** [illegible] **C-32a,** [illegible].[illegible].[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] **(STI)** [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible]

[illegible] - [illegible] **ganglia-**[illegible] [illegible] **HSV-**[illegible] [illegible] [illegible] **NK** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]

[illegible].

"[illegible]" [illegible]

[illegible] - [illegible], [illegible]

[illegible] [illegible] [illegible] - [illegible].

[illegible], [illegible] **(Treponema pallidum)** [illegible]. [illegible] - [illegible], [illegible], [illegible] [illegible]. [illegible] [illegible] **C-32b.1** [illegible] **IL-6, TNF-α** [illegible]-[illegible] **(interferon-gamma)** [illegible]; **HPA** [illegible]; **IDO.** [illegible] **(tryptophan shunt).** [illegible], [illegible] [illegible] **5%** [illegible] [illegible] **5** [illegible] **12** [illegible] [illegible] - [illegible] [illegible] [illegible] **(Treponema pallidum)** [illegible], [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] **(parenteral penicillin G)** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **(CBT-I)** [illegible] [illegible] [illegible] [illegible].

[illegible]:
* [illegible] [illegible] **(anti-inflammatory stack):** [illegible]-3 (4 [illegible]), [illegible] **(1000 [illegible]), NAC (1200 [illegible]) -** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] **(methylation support):** [illegible] + [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]; [illegible] **P-5-P 50mg** [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] **GABA** [illegible] [illegible] **P-5-P** [illegible].
[illegible]-[illegible] [illegible] [illegible] [illegible] **-** [illegible], [illegible] [illegible]. [illegible] [illegible] **24** [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] **-** [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

— C-32b.4 —

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] PID-[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible].

[illegible] **(Neisseria gonorrhoeae)** [illegible] [illegible] **(Chlamydia trachomatis)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible] [illegible]. [illegible]:

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **(DGI) -** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **C-32b.1** [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible]: [illegible] **TNF-α, IL-6** [illegible] **IL-1β** [illegible] [illegible] [illegible] **NREM** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **—** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] **(PID)** [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **PID,** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **- PID** [illegible] **20-40%** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **(CPP)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **HPA** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **2 —** [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible].[illegible] **(HPV) -** [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible].[illegible] **(HPV)** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]), [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] **HPA** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]

[illegible]:

[illegible] [illegible] [illegible] [

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
* [illegible] [illegible] **300–600mg - [illegible]:** [illegible] **(adaptogen)** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] **HPA** [illegible] [illegible] [illegible] [illegible].

— C-32b.7 —

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] **-** [illegible] [illegible] [illegible] [illegible] [illegible]:

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].[illegible] **(STI)** [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]; [illegible] GABA [illegible].

400mg [illegible] - [illegible], [illegible], GABA [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].

STI- [illegible] C-32b.2 [illegible] C-32b.5 [illegible].

— C-32b.8 —

[illegible].

STI [illegible]:

| [illegible] | [illegible] |
|---|---|
| [illegible] | [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. |
| [illegible] [illegible] [illegible] | [illegible] STI [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. |
| [illegible] [illegible] | STI [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. |
| [illegible] [illegible] [illegible] | STI [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. |
| [illegible] | [illegible] STI [illegible] [illegible] [illegible] [illegible]. |

[illegible].

[illegible] [illegible] [illegible].

[illegible].

HSV-1/HSV-2 ([illegible])

[illegible]; [illegible] [illegible]; [illegible] [illegible] [illegible] (PHN).

[illegible]; [illegible]; [illegible] (HSV-2); [illegible] [illegible]; [illegible] [illegible].

VZV ([illegible]) / [illegible].

[illegible] 25% [illegible].

[illegible] (PHN [illegible]); [illegible]/[illegible]; [illegible]; [illegible].

[illegible] ([illegible]).

IV/IM [illegible]; [illegible].

[illegible] ([illegible]).

T. pallidum [illegible]:

* [illegible] ([illegible]).
* [illegible].

IV [redacted]; [redacted]; [redacted].

[redacted] (Doxy).

□ systemic [redacted]; [redacted] [redacted] [redacted] [redacted]; [redacted] [redacted] [redacted].

[redacted] [redacted] (pelvic floor PT) - [redacted].

[redacted] (Azithro).

[redacted], PID-[redacted].

[redacted]; [redacted] [redacted]; [redacted].

HPV ([redacted])

[redacted].

AHCC, [redacted].

[redacted] [redacted].

[redacted] [redacted] [redacted] [redacted].

[redacted] [redacted] [redacted] [

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

— [illegible] —

[illegible] IX — [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

*[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], 30 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (Whole Genome Sequencing - WGS) [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] 100% [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] 30,000 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "30x" [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

THE RECOVERY KERNEL — COMPLETE CENTURION COMPENDIUM

மேலும், சுத்திகரிக்கப்பட்ட மரபணு தரவு கோப்பையும் பதிவேற்ற வேண்டும். இந்த உரை குறிப்பிட்ட வடிவமைப்பைப் பயன்படுத்துகிறது மற்றும் எச்சரிக்கை குறிகளை (⚠) கொண்டுள்ளது. இது மருத்துவர்களுக்கு அதிக ஆபத்துள்ள உடலியல் குறைபாடுகளை உடனடியாக சுட்டிக்காட்டுகிறது.

சாரி, நான் அதைச் செய்ய முடியாது. எனக்கு அந்தத் திறன் இல்லை.

சரியாகப் புரிந்து கொண்டேன். நான் எந்தத் தகவலையும் உருவாக்க மாட்டேன். தரவு இல்லாத சந்தர்ப்பங்களில் , "தெரியவில்லை / இன்னும் பரிசோதிக்கப்படவில்லை" என்று குறிப்பிடுவேன். மேலும், கொடுக்கப்பட்ட பதினைந்து வகைகளில் இருந்து சரியான மரபணு வகையை மட்டும் தேர்ந்தெடுத்து , அதை அப்படியே வெளியிடுவேன்.

பின்வரும் கோடன்களின் நிலையைத் தீர்மானிக்கவும்:

{

MTHFR

மெத்திலின்தெட்ராஹைட்ரோஃபோலேட் ரிடக்டேஸ் (MTHFR).

சாதாரண செயல்பாடு.

C677T ஹெட்டரோசைகஸ் (சுமார் 40% குறைவு).

C677T ஹோமோசைகஸ் (~70% குறைவு) ⚠

A1298C ஹெட்டிரோசைகஸ் (லேசான குறைப்பு).

A1298C ஹோமோசைகஸ் (சுமார் 35% குறைவு).

கலப்பு ஹெட்டரோசைக்கஸ் C677T+A1298C ⚠⚠

தெரியவில்லை / இன்னும் சோதிக்கப்படவில்லை.

COMT

COMT (Val158Met)

Val/Val — வேகமான வளர்சிதை மாற்றத்தன்மை ('வீரர் ').

வல/மெட் - இடைநிலை வளர்சிதை மாற்றம் உடையவர்.

Met/Met — மெதுவாக வளர்சிதை மாற்றம் செய்பவர் ('கவலைப்படுபவர்') ⚠

தெரியவில்லை / இன்னும் சோதிக்கப்படவில்லை.

CYP2D6

சைட்டோக்ரோம் பி450 2டி 6

Harm Reduction Resource — Not Medical Advice | Crisis: 988 or 911 | 613

THE RECOVERY KERNEL — COMPLETE CENTURION COMPENDIUM

சாதாரண வளர்சிதை மாற்றத்தன்மை (NM).

இடைநிலை வளர்சிதை மாற்றத்திறன் (IM).

சரியாக செயல்படாதவர் (4/4 அல்லது அதற்கு சமம்) ⚠⚠

அதிக வேகத்தில் மருந்தை மாற்றும் மரபணுவின் இரட்டைப் பிரதி ⚠

தெரியவில்லை / இன்னும் சோதிக்கப்படவில்லை.

CYP3A4/5

சைட்டோக்ரோம் P450 3A4/5.

சாதாரண செயல்பாடு.

குறைந்த செயல்பாடு (*22 allele) ⚠

அதிக செயல்திறன் கொண்ட (அரிதான பண்பு).

தெரியவில்லை / இன்னும் சோதிக்கப்படவில்லை.

CYP2C19

சைட்டோக்ரோம் பி450 2சி19.

சாதாரண வளர்சிதை மாற்றமுடையவர் (NM).

இடைநிலை வளர்சிதை மாற்றத்திறன் (IM).

சரியாக செயல்படாதவர் (Poor Metabolizer - PM) ⚠

வேகமான/அதிக வேகமான வளர்சிதை மாற்றத்தன்மை (RM/UM).

தெரியவில்லை / இன்னும் சோதிக்கப்படவில்லை.

CYP1A2

சைட்டோக்ரோம் பி450 1ஏ2.

சாதாரண வளர்சிதை மாற்றம்.

மெதுவான வளர்சிதை மாற்றம் கொண்டவர் ⚠

வேகமான வளர்சிதை மாற்றமுடையவர்.

Harm Reduction Resource — Not Medical Advice | Crisis: 988 or 911 | 614

□□□□□□□□□□□□ / □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□.

SLC6A4

□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□ (5-HTTLPR).

□□□□□□/□□□□□□ (l/l) — □□□□□ SERT □□□□□□□□□□□.

□□□□□□/□□□□□□□□ (l/s) — □□□□□□□□ SERT □□□□□□□□□□□.

□□□□□□□□/□□□□□□□□ (s/s) — □□□□□□□□ SERT □□□□□, □□□□□ □□□□□□□□□ □□□□□□□□□□ ⚠

□□□□□□□□□□□□ / □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□.

MAOA

□□□□□□□□□□ □□□□□□□□□□ □ (uVNTR □□□□□□□□□□ □□□□□□).

□□□□□ □□□□□□□□□□ (4R □□□□□□□□) - □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□.

□□□□□□□□ □□□□□□□□□□ (3.5R □□□□□□□□).

□□□□□□□□ □□□□□□□□□□ (3R - '□□□□□□ □□□□□□') ⚠ □□□□□□□ □□□□□ □□□□□□ □□□□□□□.

□□□□□□□□□□□□ / □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□.

HNMT

□□□□□□□□□□ □□□□-□□□□□□□□□□□□□□□□□□□□□□□□□□□□ (rs11558538).

⚙ □□□□□□□□□ P09

□□□□□□□ □□□□□□□□□□ — □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□.

□□□□□□□□ □□□□□□□□□□, □□□□□□□□□□□□□□□ — □□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□□□.

□□□□□□□□ □□□□□□□□□□ (T105I □□□□□) ⚠ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□.

□□□□□□□□□□□□ / □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□.

OPRM1

Mu-□□□□□□□□□□ □□□□□□ □□□□□□ A118G (rs1799971)

A/A — □□□□□□□□□□ □□□□, □□□□□□□ □□□□□□□□□□ □□□□□□□□□□.

A/G — □□□□□□□□□□□□□□□□, □□□□□□□□ □□□□□□ □□□□□□□□□ (~25%).

THE RECOVERY KERNEL — COMPLETE CENTURION COMPENDIUM

G/G — ஒற்றை மரபணு குறைபாடு, குறிப்பிடத்தக்க அளவு µ- ஏற்பி பிணைப்பு குறைவு ⚠

தெரியவில்லை / இன்னும் சோதிக்கப்படவில்லை.

CYP2C9

சைட்டோக்ரோம் பி450 2சி9.

சாதாரண வளர்சிதை மாற்றம் (1/1).

இடைநிலை வளர்சிதை மாற்றத்தன்மை (1/2 அல்லது 1/3) ⚠

சரியாக செயல்படாதவர் (2/2, 2/3, 3/3) ⚠⚠

தெரியவில்லை / இன்னும் சோதிக்கப்படவில்லை.

GABRA2

GABA-A ஏற்பி ஆல்பா 2 துணை அலகு (rs279858 / rs279845)

சாதாரண காபா எர்கிக் டோன் — நிலையான தடுப்பு செயல்பாடு.

குறைந்த ஆபத்துள்ள மாறுபாடு - லேசாக அதிகரித்த காபா எர்கிக் உணர்திறன்.

அதிக ஆபத்துள்ள மாறுபாடு ⚠ குறைவான காபா எர்கிக் டோன் / வலிப்பு வரம்பு.

தெரியவில்லை / இன்னும் சோதிக்கப்படவில்லை.

FAAH

கொழுப்பு அமில அமைடு ஹைட்ரோலேஸ் (rs324420 / C385A)

C/C — இயல்பான FAAH செயல்பாடு, சாதாரண எண்டோகன்னாபினாய்டு வெளியேற்றம்.

C/A — குறைக்கப்பட்ட FAAH செயல்பாடு (சுமார் 50%), அதிகரித்த அனந்தமைடு அளவு.

A/A — மிகக் குறைந்த FAAH செயல்பாடு ⚠ தூக்க அமைப்பு குறைபாடுகளின் ஆபத்து.

தெரியவில்லை / இன்னும் சோதிக்கப்படவில்லை.

CYP2B6

சைட்டோக்ரோம் பி450 2பி6 (6/6 / rs3745274)

சாதாரண வளர்சிதை மாற்றம் (1/1)

Harm Reduction Resource — Not Medical Advice | Crisis: 988 or 911 | 616

[illegible] [illegible] [illegible] (1/6) ⚠

[illegible] [illegible] (6/6 [illegible] *18) ⚠⚠ [illegible] [illegible] [illegible].

[illegible] / [illegible] [illegible].

ALDH2

[illegible] 2 (ALDH2*2 / rs671)

1/1 - [illegible], [illegible].

1/2 — [illegible], [illegible] 50% [illegible] [illegible] ⚠ [illegible].

2/2 — [illegible], [illegible] [illegible] ⚠⚠ [illegible].

[illegible] / [illegible].

}

[illegible]: [illegible] [illegible].

[illegible] $200 [illegible], [illegible] [illegible] [illegible] "[illegible]" [illegible]. [illegible] [illegible] [illegible]

- CYP450 [illegible] (CYP2D6, CYP2C19, CYP3A4): [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

□□□□□□□ 70% □□□□□□□□.
□□□□□ □□□□□□□□□□□ □□□□□□□□; □□□□□□ □□□□□□□□□□□ □□□□□□□□□□□ □□□□□ □□□□.

MTHFR □□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□, □□□□ □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□, □□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□, □□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□ □□□□□ □□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□. □□□□ □□□□□□□□□□□□□ MTHFR □□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□□□□□, □□□□□□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□ B-□□□□□□ □□□□□□□□□□□ □□□□□□□□□□—□□□□□□□□□, L-□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ 5'-□□□□□□□□□ (P5P)—□□□ □□□□□ □□□□□□□□ □□□□□□ □□□□□□ □□□□□□□. □□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□, □□□□□□□□ □□□□□□□□□ □□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□.

2. □□□□□□□□□□□□□ □□□□□□□□ □□□□□: COMT

□□□□□□□□□□□-□-□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□□ (COMT) □□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□—□□□□□□□□□□ □□□□□□□□, □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□—□□□□□□□□□□□ □□□□□□□□□□□□□. Val158Met □□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□, □□□ □□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□.

COMT □□□□□□□□□□□□□□□□□.

□□□□□□□ □□□□□□□□□.

□□□□□□□□ □□□□□□□□□□ □□□□□□□□.

□□□□□□□□□□ □□□□□□.

Val/Val (□□□□□□)
□□□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□.
□□□□□□□.
□□□□□ □□ □□□□□□□□□ □□□□□□□□□ □□□□□□; □□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□.

Val/Met (□□□□□□□□□).
□□□□□, □□□□□ □□□□□□ □□□□□□ □□□□□□□□□.
□□□□□□□.
□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□.

Met/Met (Sage)
□□□□□□□□□ 25% □□□□□□□□□.
□□□□□□□□.
□□□□□ □□□□□□□□□□□ □□□□□□; □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□.

Val/Val (□□□□□□) □□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□, □□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□ □□□□□□□□□□□□□□□□□, □□□□□□□ □□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□ □□□□□□□ □□□□□□□□□, □□□□□□□□□, □□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□ □□□□□□□□ □□□□, □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□□□□□□; □□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□, □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□, □□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□. □□□□□□, Met/Met (Sage) □□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□, □□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□. □□□ □□□□□□□

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. Met/Met [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

3. [illegible] [illegible]450 [illegible] [illegible]: CYP2D6 [illegible] CYP3A4/5

[illegible] P450 (CYP450) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

CYP2D6 [illegible] [illegible] [illegible], [illegible] **(MDMA** [illegible]), [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" **(PM)** [illegible], **4/4** [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] **7-10%** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] **1%** [illegible] [illegible]. [illegible], **10-15%** [illegible] "[illegible] [illegible]" **(IM)** [illegible] [illegible] [illegible]. **PM** [illegible] [illegible], [illegible], [illegible] [illegible] **SSRI** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **(Ultra-Rapid Metabolizer - UM)** [illegible], [illegible] [illegible] [illegible], [illegible] **1–7%** [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. **UM** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] **(pro-drugs)** [illegible] (**[illegible]**, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]), [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

CYP3A4/5 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] **50%** [illegible]. [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible].

CYP3A4 [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible].

[illegible] [illegible] **(*22)**

~5-10% Cauc. (Hom); ~15% (Het)

[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

CYP3A4 *22 [illegible] (rs35599367) [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

4. [illegible] [illegible] [illegible] [illegible]: CYP2C19, CYP1A2, CYP2C9 [illegible] CYP2B6.

CYP2C19 [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] **2-5%** [illegible], [illegible] **15-20%** [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

CYP1A2 [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **rs762551** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] **CYP1A2** [illegible] [illegible] [illegible] [illegible] **COMT Met/Met (Sage)** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

CYP2C9 [illegible], [illegible] **(THC),** [illegible] [illegible] [illegible] **(NSAIDs),** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] **(Poor Metabolizers),** [illegible] **2/3** [illegible] **3/3** [illegible] [illegible], [illegible] [illegible] **1-3%** [illegible], [illegible] **25-30%** [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], **THC** [illegible] [illegible] [illegible] [illegible] **-** [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] "[illegible] [illegible]" [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

CYP2B6 [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

CYP2B6 [illegible].

[illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] (*1/*1)
[illegible].
[illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] (*1/6)
[illegible] 25-30% [illegible] [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].

[illegible] (*6/6)
~3-5% [illegible]; ~8% [illegible].
[illegible] [illegible] [illegible] [illegible].
"[illegible] [illegible] [illegible]" [illegible] [illegible].

6/6 [illegible] [illegible] (rs3745274) [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

7. [illegible] [illegible] [illegible] [illegible]: GABRA2 [illegible] FAAH.

GABRA2 [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] GABA-A [illegible] [illegible] 2 [illegible] [illegible] [illegible].

> **GABRA2** [illegible] [illegible] [illegible] [illegible] [illegible].
>
> [illegible] [illegible].
>
> **GABA** [illegible] [illegible].
>
> [illegible] [illegible].
>
> [illegible].
> [illegible].
> [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible].
>
> [illegible] [illegible] [illegible].
> [illegible] 30-35% ([illegible] [illegible]).
> [illegible] [illegible].
> [illegible] [illegible] [illegible].
>
> [illegible] [illegible] [illegible].
> ~15–20% ([illegible]).
> [illegible] [illegible].
> [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] (rs279858 / rs279845) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] GABAergic [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

Mu-□□□□□□□□□□ □□□□□□ □□□□□ (OPRM1) A118G □□□□□□□□□ (rs1799971) □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□.

OPRM1 A118G □□□□.

□□□□□□□ □□□□□□□□□.

□□□□□□□ □□□□□□□□□.

□□□□□□□□□ □□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□.

A/A (□□□□□□□□ □□□□)

□□□□□□□.

□□□□□□□ □□□□□□□□.

□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□.

A/G (□□□□□□□□□□□□□□□□)

~10–15%

□□□□□□□ 25% □□□□□□□□□.

□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□ □□□□□ □□□□□ □□□□□□□□□□□□□□□.

G/G (□□□□□□□□□□).

~1-3% □□□□□□□□□□□□□; ~5-10% □□□□□□□□□□.

□□□□□□□□□□□□□□□□□ □□□□□□□□□.

□□□□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□.

G/G □□□□□□□□□□ □□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□□ □□□□□□□□, □□□□□ □□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□, □□□□□□□□□, □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□□□□. □□□□□ □□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□, □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□, □□□□ □□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□, □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□. □□□□□□□□□□□□, □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□, □□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□□ (Alcohol Use Disorder - AUD) □□□□□□□□□□□ □□□□□□□ □□□□□□□. □□□□□□□□□□□□, □□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□, G/G □□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□.

□□□□□□□□□□ □□□□□□□□□□□□□□□□□ 2 (ALDH2) □□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□. □□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□. 2/2 □□□□□□□□□ (rs671) □□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□ (□□□□□□□□□ □□□□□□□□ 4-8%, □□□□□□□ 30-40%), □□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□. □□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□□; □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□ □□□□□□□□□ □□□□ □□□□□□□□□, □□□□□□□ □□□□□□ □□□□□□□□□□, □□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□. □□□□ □□□□□□□□□□□□, □□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□. MTHFR □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□ □□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□. □□□□□ □□□□□□□□□□□□ □□□□□ □□□□□□□□, □□□□□ □□□□□□□□ □□□□□□ □□□□□ □□□□ □□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□, □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□ (IARC) □□□□ 1 □□□□□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□. □□□□□ □□□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□ □□□□□□□ 6 □□□□□□ 10 □□□□□□□ □□□□ □□□□□□□□□□□□□□□□□.

□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□.

[illegible] [illegible] [illegible] [

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], COMT Met/Met (Sage) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

MAOA 3R [illegible] [illegible] [illegible] ("[illegible] [illegible]") [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] BPM [illegible] [illegible] [illegible] ([illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], "[illegible] [illegible]" [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] ([illegible], [illegible] [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], MAOA [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" ([illegible] [illegible], [illegible] [illegible]) [illegible]: [illegible] [illegible] [illegible] [illegible] ([illegible]) [illegible], [illegible] [illegible] 60 BPM [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] (120–140 BPM, [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible]. [illegible], 20 [illegible] [illegible] 80 BPM [illegible] [illegible] [illegible] [illegible]. [illegible], "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible], [illegible] 6-8 [illegible] 70-90 BPM [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] 10 [illegible] 50-60 BPM [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] "[illegible] [illegible]" (Sonic Therapeutics) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

- [illegible] (0.5–4 [illegible]): [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] (4–8 [illegible]): [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
- [illegible] (8–12 [illegible]): [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] (12–30 [illegible]): [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
- 40 [illegible] [illegible] [illegible]: [illegible] 40 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] 04 ([illegible] [illegible] [illegible] [illegible])

[illegible] 04, "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible], SMART Recovery, Dharma Recovery [illegible] LifeRing [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]-[illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], COMT Met/Met (Sage) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], Dharma Recovery-[illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible], COMT Val/Val ([illegible]) [illegible] [illegible], [illegible] [illegible] SMART Recovery [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] 12-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] 5-10% [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible], [illegible] [illegible] [illegible].

SLC6A4 [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

- [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] 12-16% [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

- [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 05: [illegible] [illegible].

[illegible] 05, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

"[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. MTHFR [illegible] ([illegible] [illegible] [illegible]), COMT Val/Val [illegible] ([illegible] [illegible] [illegible] [illegible]), [illegible] DRD2 [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible]-[illegible] [illegible]" [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

GABRA2 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] (TikTok, Instagram, Twitter/X) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. FAAH A/A [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. CB1 [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] 07: [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 07, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] MTHFR [illegible] CYP P450 [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "90 [illegible] [illegible] [illegible] [illegible]" [illegible], [illegible] [illegible] [illegible] 7 [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] 2-4 [illegible] D2 [illegible] [illegible] [illegible], [illegible] 3-6 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] (BDNF) [illegible] [illegible] [illegible]—[illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. MTHFR C677T [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] ([illegible] 08), SLC6A4 [illegible]/[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

5R [illegible] ([illegible], [illegible], [illegible] [illegible], [illegible], [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "1[illegible] [illegible]: [illegible]" [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "2[illegible] [illegible]: [illegible]" [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "3[illegible] [illegible]: [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] "4[illegible] [illegible]: [illegible]" [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. HNMT [illegible] [illegible] (T105I) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] 12 ([illegible] [illegible]) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible], "[illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. COMT Met/Met [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 21 ([illegible] [illegible]) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible]. (MMC) [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

- [illegible] (Ketamine Infusion): Uses ketamine hydrochloride, typically [illegible] under medical supervision. Ketamine is a dissociative anesthetic that can produce rapid [illegible] in some patients.

- [illegible] (Transcranial Magnetic Stimulation): Delivers focused magnetic pulses, [illegible] to stimulate specific brain regions. Used for treatment-resistant depression. [illegible] Typically [illegible] sessions.

[illegible] [illegible] "[illegible] [illegible]"[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], "[illegible] [illegible]" [illegible] [illegible] [illegible].

- NAD+ [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] (NAD+) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. IV NAD+ [illegible] [illegible] [illegible] [illegible] (NMN, NR) [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

- [illegible] [illegible]: BPC-157 ([illegible] [illegible] [illegible] [illegible] [illegible]), Semax (BDNF □ [illegible], [illegible] [illegible]), [illegible] Selank (GABA [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

- [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] ([illegible] [illegible]), [illegible] (Semax), [illegible] ([illegible] [illegible]), [illegible]-[illegible], [illegible] [illegible] [illegible]-[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]-[illegible]: [illegible] 38

[illegible]-[illegible] [illegible] [illegible], [illegible] 11-[illegible] [illegible], [illegible]-[illegible], "[illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. MTHFR [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]) [illegible] COMT Val/Val [illegible] ([illegible] [illegible] [illegible]) [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible]-[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] 13 ([illegible] [illegible] [illegible]) [illegible] [illegible] 14 ([illegible]).

[illegible] 13, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible], [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 22, [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible], [illegible] "[illegible] [illegible]" [illegible] [illegible]—[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], COMT Met/Met (Sage) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] D2 [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible] [illegible]" (Zombie Process) [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] 14, [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 23, "[illegible] [illegible]"[illegible] [illegible]. [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], "[illegible]-[illegible]"[illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. CYP2C9 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]-[illegible] (OTC) NSAIDs ([illegible] [illegible]), [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible], "Euphoria Trap" [illegible] COMT Met/Met [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] 17 ([illegible] [illegible] [illegible])

[illegible] 17, [illegible] [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. FAAH A/A [illegible] [illegible], [illegible] REM [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] "[illegible] [illegible]" [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] 65-68 [illegible] [illegible] [illegible] [illegible], [illegible] 90 [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], COMT [illegible] Met/Met (Sage) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] 18 ([illegible] [illegible])

[illegible] 18, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], MTHFR [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] B (B6, B12, [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], COMT Val/Val ([illegible]) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]... [illegible] [illegible] [illegible] ([illegible]) [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] 19 ([illegible]).

[illegible] 19 [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible]), [illegible] ([illegible]) [illegible] BDNF [illegible] [illegible]. OPRM1 G/G [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible]. [illegible] FAAH [illegible] [illegible] [illegible] [illegible]. COMT Met/Met (Sage) [illegible] [illegible], [illegible] [illegible] "[illegible] [illegible]" [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible]. [illegible] MAOA 3R "[illegible]"[illegible] [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

[illegible]: [illegible] 20 ([illegible])

[illegible] 20, [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible], [illegible], [illegible], [illegible], [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. GABRA2 [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible]) [illegible] COMT Val/Val [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible]), [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible]-[illegible]" [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible].

[illegible]: [illegible] 21 ([illegible])

[illegible] 21-[illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] HALT [illegible] ([illegible], [illegible], [illegible], [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] CYP [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible], MTHFR [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible]: [illegible] 22 ([illegible])

[illegible] 22 [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible], [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible] recovery [illegible] "[illegible]" [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. SLC6A4 [illegible]/[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] 23 [illegible] [illegible] 36.

[illegible] 23, [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] "[illegible] [illegible]" ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]) [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] 36, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible] [illegible]" (Amnesty Audit) [illegible] [illegible] "[illegible] [illegible]" (Capital Migration) [illegible] [illegible].

COMT Val/Val [illegible] [illegible] [illegible] GABRA2 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] - [illegible], [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] 36 "[illegible] [illegible]" [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]

[illegible] [illegible] [illegible] [

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] ([illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]".

[illegible] [illegible] [illegible] [illegible]: [illegible] 26 ([illegible] [illegible] [illegible])

[illegible] 26, [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□. □□□□ □□□□□ □□□□□□□, □□□□□□□□ □□□□□□□□□□□□□□□□ "□□□□□□□□□□□ □□□□□□□□□□" □□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□ □□□□□□□□□□□□□□□, □□□□□□□ □□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□□.

- GABRA2: □□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□ II "□□□□□□□□□□□□□□□" (□□□□□□□□□□□□□□□□□□□□□□□□) □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□, GABRA2 □□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□, □□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□. □□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□, "□□□□□□□□□□□□□□ □□□□□□□□" □□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□, □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□. □□□□□ □□□□□□, □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□.

- COMT: "□□□□□□□□□ □□□□□□□□□□□ (□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□ □□□□□□)", □□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□. □□□□□□□□□□□□□, COMT Met/Met (Sage) □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□, COMT Val/Val (Warrior) □□□□□□□□ □□□□□□□□□□□ □□□□ □□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□.

□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□: □□□□□□□□□ 27 (□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□)

□□□□□□□□□□□□□□ 27, "□□□□ □□□□□□□□□," "□□□□□ □□□□□□□□□□□□" □□□□□□□□ "□□□□□□□ □□□□□□□□□□□□□□" □□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□, □□□ □□□□□□□ □□□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□. □□□□□ □□□□□□□□□□□□□□□, "□□□□□□□□□□□□□□□□ □□□□□□□□□□□□" (□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□ □□□□ □□□□□□□ □□□□□□□□□) □□□□□□□□ "□□□□□□□□□□□□□□□□□ □□□□□□□□□" (□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible] 28, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "[illegible] [illegible]" (Welded Circuits) [illegible] "[illegible] [illegible]" (Collapsed Default) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], COMT Val158Met [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible] [illegible]" (Slow Clearance Amplifier) [illegible] [illegible] [illegible].

COMT [illegible] Met/Met (Sage) [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] ([illegible], [illegible], [illegible]) [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] ([illegible], [illegible] [illegible] [illegible] [illegible]) [illegible], [illegible] "[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]". [illegible], [illegible] [illegible] COMT [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible]: [illegible] [illegible] "[illegible] [illegible]", "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible]"—[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], COMT Val/Val ([illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], SLC6A4 [illegible] Short/Short [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] 30 ([illegible] [illegible] [illegible] [illegible])

[illegible] 30, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (PHQ-9, GAD-7). [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], "[illegible] [illegible] [illegible]" [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] (pharmacogenomics). COMT Met/Met [illegible] MTHFR C677T [illegible] [illegible] [illegible] [illegible]; [illegible] dbSNP [illegible], [illegible] [illegible] [illegible] [illegible]. dbSNP [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] 31 ([illegible] [illegible]).

[illegible] 31, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible]. GABRA2 [illegible] [illegible] [illegible] [illegible] [illegible], GABAergic [illegible] ([illegible], [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 31 — logistical [illegible] [illegible], [illegible] [illegible] GABRA2 [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible]), [illegible] OPRM1 G/G [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] 33 ([illegible] [illegible])

[illegible] 33, [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] "[illegible]" [illegible] [illegible] [illegible], "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] SLC6A4 [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 33-[illegible] [illegible] [illegible] "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] 34 ([illegible] [illegible])

[illegible] 34, [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] GABA/Glutamate [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] COMT Met/Met (Sage) [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] 34-[illegible] "[illegible] [illegible] [illegible]" [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] COMT [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible]... GABRA2 [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] GABA [illegible] [illegible], [illegible] 4-7-8 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] 35 ([illegible])

[illegible] 35, [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] 90% [illegible] [illegible] 50% [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] (dysbiosis) - [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. HNMT [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], 5R [illegible] ([illegible], [illegible], [illegible], [illegible], [illegible]) [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] MTHFR [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] 35S ([illegible] [illegible])

[illegible] 35S, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. CYP2D6 [illegible] [illegible] [illegible] [illegible], MDMA [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], MAOA [illegible] [illegible] (3R) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 35-[illegible] [illegible] "[illegible] [illegible]" [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]: [illegible] 40 ([illegible] [illegible] [illegible])

[illegible] 40, "[illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] ([illegible]) [illegible] [illegible] ([illegible]) [illegible]. SLC6A4 [illegible] "[illegible]/[illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], "[illegible] [illegible]" [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]: [illegible] 41 ([illegible] [illegible])

[illegible] 41, [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]: COMT

Val/Val ([illegible]) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], COMT Met/Met ([illegible]) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] MTHFR [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]... [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].[illegible].[illegible] [illegible] [illegible] [illegible]**450** [illegible] [illegible].

[illegible].[illegible].[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible].[illegible].[illegible]3–4 [illegible] [illegible].[illegible].[illegible]2–[illegible]6 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] (TNFα [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible].[illegible].[illegible] [illegible] [illegible] (ART) [illegible] - [illegible] [illegible] [illegible] - [illegible].[illegible] [illegible] [illegible] [illegible]. Efavirenz, [illegible] [illegible] ART [illegible], [illegible] [illegible] [illegible]. CYP2B6 6/6 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

HSV ([illegible]) [illegible] [illegible] [illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. MTHFR [illegible] ([illegible], C677T [illegible]) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] MAOA [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] COMT. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

HPV [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].[illegible].[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible].[illegible].[illegible] [illegible] [illegible] [illegible].[illegible].[illegible].[illegible].[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible])

- [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] CYP450 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

- [illegible]: [illegible] (HSV) [illegible] [illegible] (HPV) [illegible] [illegible] [illegible] (MTHFR) [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible]-[illegible], [illegible]). [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

- [illegible] ART [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

— [illegible] IX [illegible] —

[illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]—A Fifteen [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible], [illegible], [illegible] [illegible] [illegible].

AI [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] ([illegible]) - [illegible] / [illegible] / [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] KDP-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. Claude [illegible], [illegible] [illegible] dictation [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] ([illegible] [illegible] [illegible]) - [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible].

[illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] (recovery) [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

⚠ [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

APPENDIX A

[illegible]: [illegible].
[illegible].

*[illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]

[redacted] **A-01.**
[redacted], [redacted], [redacted].
[redacted] - [redacted], [redacted] [redacted].

[redacted].
[redacted] “[redacted]” [redacted]. [redacted] - [redacted], [redacted] [redacted], [redacted] [redacted].
[redacted]. [redacted], [redacted] [redacted]. [redacted]. [redacted] PrEP, [redacted] 99% [redacted]. PEP ([redacted]) [redacted], [redacted] 72 [redacted]. U=U ([redacted] = [redacted]) [redacted], [redacted].
[redacted].

[redacted] - [redacted].
[redacted]: [redacted] - [redacted].
[redacted], [redacted].
2026-01-23
J R [redacted],
Recovery Kernel [redacted].

---

1. [redacted]: [redacted].
[redacted] (HIV) [redacted] (APT) [redacted]. [redacted], HIV [redacted] (CD4 T-[redacted]) [redacted].

[redacted] ("[redacted]") [redacted] - MSM), [redacted].

[redacted], [redacted] "[redacted]" [redacted], [redacted] (PrEP) [redacted] (PEP) [redacted].

---

2. [redacted]: [redacted].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible].[illegible].[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible] [illegible] [illegible] [illegible] [illegible]" [illegible] [illegible].

2.1 [illegible].

1. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] **(**[illegible]/[illegible]/[illegible]**)** [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible] [illegible], [illegible] [illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible].

2. [illegible] [illegible] [illegible]: [illegible].[illegible].[illegible] **(HIV)** [illegible]**4+** [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible].

3. [illegible] [illegible] **(**[illegible] [illegible]**):** [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible]**)** [illegible], [illegible] [illegible] [illegible].[illegible].[illegible]-[illegible] **(**[illegible] [illegible] [illegible]**)** [illegible].[illegible].[illegible]-[illegible] **(**[illegible] [illegible] [illegible]**)** [illegible].

4. [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible].

5. [illegible] [illegible] **(**[illegible]**):** [illegible], [illegible] **CD4** [illegible] [illegible]. **CD4** [illegible] **200/mm³**-[illegible] [illegible], [illegible] **"Kernel Panic"** [illegible] [illegible] **(**[illegible]**),** [illegible] [illegible] **(**[illegible] [illegible]**).**

---

3. [illegible]: [illegible] [illegible] [illegible]?

3.1 [illegible].

[illegible], [illegible] [illegible] [illegible] (DoS) [illegible] [illegible].

• [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

• [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], "[illegible]" [illegible]/[illegible] [illegible] [illegible] [illegible].

3.2 [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

• COMT Val/Val ([illegible]): [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

• MTHFR [illegible] (C677T/A1298C): [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] (NRTIs). [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

• [illegible]: [illegible] "[illegible]" [illegible] [illegible], [illegible] 99%-[illegible] [illegible].
• [illegible] [illegible]: [illegible] [illegible] [illegible].
• [illegible] (TDF) [illegible]: [illegible] [illegible] [illegible]/[illegible] [illegible].
• Descovy (TAF) [illegible]: [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible].

4.2 [illegible]: [illegible] **(PEP).**

exposure[illegible] [illegible] [illegible].

• [illegible]: [illegible] [illegible] [illegible] ([illegible] [illegible]), PEP [illegible] "[illegible] [illegible]" [illegible].
• [illegible]: [illegible] 72 [illegible] [illegible] [illegible] ("[illegible] [illegible]").
• [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] 28 [illegible] [illegible].

4.3 [illegible] **3:** [illegible] [illegible] **(**[illegible] [illegible] [illegible]**).**

• U=U ([illegible] [illegible] = [illegible]): [illegible] [illegible] [illegible] [illegible] (<200 [illegible]/[illegible] [illegible]) [illegible].[illegible].[illegible] [illegible] [illegible], [illegible]. [illegible] [illegible], [illegible] [illegible] "[illegible]".
• [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible]-[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

4.4 [illegible] **4:** [illegible] [illegible] [illegible].

• [illegible] ("[illegible] [illegible] [illegible]"): [illegible]/[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] 50-70% [illegible]. [illegible] "[illegible] [illegible]".
• [illegible]/[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]/[illegible].

---

5. [illegible] **(**[illegible] **42)**

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

```
[illegible] 42.
```

[illegible] [illegible] [illegible].
HIV/AIDS [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible].

⚠ [illegible]: [illegible] [illegible] ([illegible].[illegible].[illegible]) [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible]. [illegible]-[illegible]; [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible].[illegible]/[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible], [illegible]4 [illegible] [illegible] [illegible],

[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]

3. **[illegible]:** [illegible] (**[illegible] + [illegible]/[illegible]**) - [illegible] **(**[illegible] **/ U=U [illegible]:** [illegible] = [illegible]**).** [illegible]**:** [illegible] **(**[illegible] **50-70%** [illegible]**);** [illegible] **(**[illegible] **abstinence,** [illegible] **~76% -** [illegible]**).** [illegible] [illegible]/[illegible].

▯ [illegible] **-** [illegible]

[illegible] CD4 [illegible], [illegible]. [illegible]; ABCB1 [illegible] (A/A [illegible]—[illegible]).

• [illegible] PEP [illegible] [illegible]; ABCB1 [illegible] (A/A [illegible]—[illegible]).
• [illegible], MTHFR [illegible] (Methylfolate) [illegible].

[▯ [illegible]]

[illegible] (PrEP/[illegible] I/O [illegible]) [illegible]—[illegible] (COMT/MTHFR) [illegible].

▯ [illegible] **—** [illegible].

[illegible]; [illegible]. [illegible], [illegible] 17-[illegible].

• [illegible]: [illegible].
• [illegible]: [illegible].

[illegible] **42** [illegible] **-** [illegible].

[illegible] [illegible] **A-02.**
[illegible]**.**
[illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]**.**
[illegible], 2020 [illegible] 2022 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] **-** [illegible] [illegible] [illegible]**.**
Treponema pallidum [illegible] **([illegible]):** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

I. [illegible]**:** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible] (Treponema pallidum) [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: 2020-[illegible] 115,000 [illegible] [illegible] [illegible], 2022-[illegible] 207,000-[illegible] [illegible] [illegible] (CDC [illegible]). [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (CDC [illegible]). [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] ([illegible], [illegible]/[illegible] [illegible]). [illegible], [illegible] [illegible] (MSM, [illegible]) [illegible] [illegible]. [illegible] [illegible] [illegible]: HLA II [illegible] (DRB1*15:01 [illegible], [illegible] DQB1 [illegible]) [illegible] [illegible] (TLR2, IFNL) [illegible]. [illegible]. [illegible] MTHFR/COMT [illegible], [illegible] [illegible]/[illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] 95% [illegible].

[illegible]. [illegible] [illegible] [illegible].

MSM ([illegible]) [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. "[illegible]" [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible]. [illegible], [illegible]/[illegible], [illegible]. [illegible], [illegible]/[illegible], [illegible] [illegible].

II. [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible].

T. pallidum [illegible] [illegible]/[illegible] [illegible] [illegible] ([illegible]: [illegible], [illegible], [illegible]; [illegible]: [illegible]). [illegible], [illegible]/[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] 6-10 [illegible] [illegible] ([illegible], [illegible] [illegible], [illegible], [illegible]) [illegible], [illegible] HIV [illegible] [illegible].

[illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible]; [illegible] [illegible], [illegible] [illegible] [illegible]. CDC, [illegible] [illegible] (MSM) [illegible]/[illegible] [illegible] ([illegible] + [illegible] PCR) [illegible]. [illegible] [illegible]: [illegible] [illegible] ([illegible] [illegible] [illegible]), [illegible]/[illegible], [illegible] [illegible]. [illegible] PrEP/HIV [illegible].

[illegible]. [illegible]: [illegible] [illegible].

[illegible] [illegible] [illegible]. [illegible] (2021 [illegible], [illegible]):

• [illegible]/[illegible] [illegible]/[illegible] [illegible]: [illegible] [illegible] 2.4 [illegible], [illegible] [illegible].
• [illegible], [illegible] [illegible] [illegible] [illegible] ([illegible]): [illegible] [illegible] 2.4 [illegible], [illegible] [illegible] 3 [illegible] IM [illegible].
• [illegible]: [illegible], [illegible] [illegible] 18-24 [illegible]/[illegible] [illegible] 10-14 [illegible] ([illegible] [illegible] + [illegible]).

[illegible] [illegible], [illegible] [illegible] ([illegible]). [illegible] [illegible], 6 [illegible] 12 [illegible].

[illegible] CYP [illegible] [illegible] [illegible]. ABCB1 [illegible] [illegible] A/A [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. MTHFR [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

III. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]. HLA [illegible] II [illegible] ([illegible], DRB1*15:01 [illegible] [illegible] [illegible]; [illegible] DQB1 [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] (TLR2, IFNL) [illegible] [illegible] [illegible] [illegible]. [illegible] MTHFR/COMT [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] MTHFR + Met/Met COMT [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] CYPs/UGTs [illegible] [illegible] [illegible] [illegible] [illegible]. ABCB1 A/A [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]—[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. MTHFR [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]/[illegible]-[illegible] [illegible] [illegible] [illegible].

IV. [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] 200,000 [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible].[illegible]. [illegible] [illegible] [illegible] [illegible] (COMT/MTHFR) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible]**:** [illegible]**,** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
MSM ([illegible] [illegible] [illegible] [illegible]) [illegible], [illegible] [illegible] [illegible] [illegible] (RPR/VDRL + [illegible] [illegible]) [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 3-6 [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] PrEP/HIV [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

VI. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] ([illegible] [illegible] [illegible]) [illegible] ([illegible] [illegible], [illegible] [illegible]) [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

VII. [illegible].
(2026 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] CDC STI [illegible] [illegible], [illegible] DOH [illegible] [illegible] [illegible], MSM [illegible]/[illegible] [illegible] [illegible] [illegible] PubMed [illegible]-[illegible], [illegible] [illegible] HLA/TLR [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].)

[illegible] [illegible] **A-03.**
[illegible] **(Gonorrhea)**
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 90%-[illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] 1% [illegible] [illegible] [illegible] 5% [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible] [illegible], [illegible] [illegible] (MSM) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (HIV, [illegible]) [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] **-** [illegible] [illegible] [illegible].
Neisseria gonorrhoeae [illegible]**:** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

I. [illegible]**:** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible].
Neisseria gonorrhoeae ([illegible]) [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] 15-49 [illegible] [illegible] [illegible] 82 [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] (MSM), [illegible] [illegible] [illegible] [illegible]. 2000 [illegible] 2022 [illegible] [illegible], [illegible] [illegible] [illegible] 7.2% (95% CI: 6.0–8.5) [illegible]. [illegible] [illegible] [illegible] [illegible] (HIV, [illegible]) [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] (DGI) [illegible], [illegible] [illegible].[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (HLA [illegible] II [illegible], TLR [illegible]) [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]... [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] (Gonorrhea) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible]/[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

II. [illegible] [illegible] **(Neisseria gonorrhoeae)** [illegible] [illegible]**:** [illegible] [illegible]**,** [illegible] [illegible] [illegible]**.**

A. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**.**

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible], [illegible], [illegible], [illegible] [illegible]). [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] ([illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]), [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]), [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible]). [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**.**

[illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. CDC, [illegible] [illegible] [illegible] [illegible] (MSM), [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible], [illegible], [illegible]) [illegible] ([illegible] 3-6 [illegible] [illegible]) [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible]), [illegible] [illegible]/[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] (DoxyPEP) [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible]: [illegible]**,** [illegible] [illegible] [illegible] [illegible] [illegible]**.**

[illegible] [illegible], [illegible] [illegible] [illegible] (AMR) [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] (2021 [illegible] [illegible] [illegible], [illegible] [illegible]):

- [illegible]: [illegible] 500 [illegible].[illegible]., [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible], [illegible], [illegible] [illegible]).
- [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] 100 [illegible].[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], 7 [illegible] [illegible] [illegible].

[illegible] [illegible] ([illegible], [illegible] + [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], "[illegible]" [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [

[illegible] [illegible] **A-04.**
[illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible].[illegible].[illegible] [illegible] [illegible] 2-3 [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] (MSM) [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible]. [illegible] (doxycycline) [illegible] [illegible], 7 [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] NAAT [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] 3-6 [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] **-** [illegible] [illegible]
[illegible] [illegible] [illegible]**:** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

I. [illegible]**:** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible].
Chlamydia trachomatis [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] (MSM) [illegible] [illegible] [illegible] [illegible]. [illegible] (2000-2022), MSM-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 9.9% [illegible] [illegible] (95% CI: 8.8–10.9). [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. MSM [illegible], [illegible] [illegible] [illegible] [illegible] (8.8–18.3%), [illegible] HIV [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] (chlamydia) [illegible] [illegible] (proctitis), [illegible] (epididymitis), [illegible].[illegible] [illegible] [illegible] [illegible]/[illegible] ([illegible] [illegible] 2-3 [illegible] [illegible]), [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] (neurogenomic vulnerabilities) [illegible] [illegible] ([illegible], MTHFR [illegible] [illegible] [illegible] COMT Met/Met [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]), [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] (MSM).

B. [illegible] [illegible]**:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] ([illegible], [illegible], [illegible]) [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] ([illegible], HLA [illegible], [illegible] [illegible] [illegible] [illegible]) [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]. HLA [illegible] II [illegible] ([illegible], DRB1, DQB1 [illegible]) [illegible] [illegible], [illegible]/[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] (TLR [illegible], IFNL) [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]/[illegible] [illegible], [illegible] [illegible] T-[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (CD151 eQTL[illegible] [illegible] [illegible]). [illegible] MTHFR/COMT [illegible], [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible].

B. [illegible] [illegible] [illegible].

[illegible] [illegible] ([illegible]/[illegible]) [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] CYP [illegible] ([illegible], [illegible] CYP2B6) [illegible] [illegible] [illegible] [illegible] [illegible]. MTHFR-[illegible] [illegible] [illegible], [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

IV. [illegible] [illegible] [illegible] [illegible].

MSM ([illegible]-[illegible] [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] 9–18% [illegible] [illegible], [illegible] HIV [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] (COMT/MTHFR) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible]**:** [illegible]**,** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**.**

MSM ([illegible] [illegible] [illegible] [illegible]) [illegible], [illegible] [illegible] NAAT [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] 3-6 [illegible] [illegible]). [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] PrEP/HIV [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

VI. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] ([illegible] [illegible]) [illegible] [illegible] ([illegible], [illegible] [illegible]) [illegible] [illegible]. [illegible].[illegible].[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

VII. [illegible].

([illegible] [illegible] [illegible] [illegible] [illegible], 2026 [illegible]. [illegible] CDC STI [illegible], WHO [illegible], MSM [illegible] [illegible] PubMed [illegible]-[illegible], [illegible] [illegible] HLA/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].)

A-05.
(HSV-1 HSV-2)
*- - - -

B. [illegible]**:** [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**.**
HSV [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

• HSV-1 [illegible]: [illegible] 3–7% [illegible].
• [illegible] [illegible] [illegible] [illegible] [illegible] (1% [illegible] [illegible] [illegible], [illegible] 30% [illegible] [illegible]).

C. [illegible] [illegible] [illegible].
• [illegible] [illegible], [illegible] [illegible] [illegible].
• [illegible] [illegible] [illegible] [illegible].
• [illegible] [illegible] [illegible] [illegible].
• [illegible] [illegible] (HSV-1 [illegible] HSV-2 [illegible]).
• [illegible] [illegible] [illegible].

III. [illegible] [illegible] **(HSV)** [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible].
[illegible]:

1. HLA [illegible] **II** [illegible].
• [illegible] DRB1 [illegible] DQB1 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
• [illegible]: HLA-DRB1*15:01 [illegible] [illegible].
• HLA-DQB1*06:02 [illegible] [illegible] [illegible] [illegible].

2. [illegible] [illegible] [illegible].
• TLR2, TLR3, [illegible] TLR9 [illegible].
• IFNL ([illegible]) [illegible] [illegible].

3. [illegible] [illegible] **(KIR)** [illegible] **HLA-C** [illegible].
→ NK [illegible] [illegible] [illegible] [illegible] [illegible].

4. [illegible] [illegible] [illegible] / [illegible]-[illegible].
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].
"[illegible] [illegible]" HLA [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible] [illegible] [illegible].

"[illegible] [illegible]" [illegible] [illegible].
→ [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible].
[illegible] [illegible] [illegible].

IV. [illegible] [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible] [illegible]**).**
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

• Valacyclovir 500–1000 [illegible].
[illegible] [illegible]: [illegible] 70-80%.
↓ [illegible] [illegible] [illegible] [illegible] [illegible] 48-75%.

B. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
• [illegible] [illegible] + [illegible] → [illegible] [illegible] [illegible] [illegible].
• [illegible] [illegible] + [illegible] [illegible] + [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible].
• [illegible] + [illegible] + [illegible] [illegible] [illegible] + " [illegible]" [illegible] HLA → [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible] **(2025-2026** [illegible]**).**
• [illegible] [illegible] [illegible] [illegible].
• [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (HLA [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]).
• [illegible] [illegible] [illegible], 2026 [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

V. [illegible] [illegible] [illegible] [illegible] [illegible].

MTHFR [illegible] [illegible] [illegible] COMT Met/Met [illegible] [illegible] [illegible] [illegible]:

• [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] + [illegible] [illegible] [illegible].
[illegible] [illegible]/[illegible]/[illegible] [illegible] [illegible].
→ [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
→ [illegible] GxE [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]**:**

1. [illegible] [illegible] [illegible].
2. [illegible] [illegible] [illegible] / [illegible] [illegible]
3. [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
4. [illegible] [illegible] [illegible] [illegible] [illegible] **(**[illegible] [illegible] [illegible]**,** [illegible] [illegible] [illegible] [illegible]**).**

VI. [illegible] **-** [illegible] [illegible] [illegible].

[illegible], [illegible] [illegible] [illegible], [illegible] (HSV-1 [illegible] HSV-2) [illegible] [illegible]:

• [illegible] [illegible] [illegible] [illegible] [illegible].
• [illegible] [illegible] [illegible].
• [illegible] [illegible].
• [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 1-2% [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] HLA/[illegible] [illegible] [illegible] [illegible].
→ [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible], [illegible], [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible].

[illegible] [illegible] + [illegible] [illegible] [illegible] [illegible] [illegible] + [illegible] [illegible] [illegible].

[illegible], [illegible], [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] **A-06.**
[illegible] [illegible] **(HPV).**
[illegible] [illegible] [illegible] - [illegible] [illegible].

[illegible].

HPV [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].[illegible] [illegible] [illegible], [illegible] [illegible].[illegible] [illegible] 74% [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] 100,000 [illegible] 85 [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] 9, [illegible] [illegible] [illegible].[illegible] (HPV) [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] 90% [illegible] [illegible] [illegible]. 26 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (MSM) [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] 26 [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] **-** [illegible] [illegible].
[illegible] [illegible] **(HPV):** [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

I. [illegible]**:** [illegible] [illegible] [illegible] **(HPV)** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] (HPV) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] (HR-HPV) [illegible], [illegible], [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] (MSM), [illegible].[illegible] [illegible] [illegible] HPV [illegible] 41.2% [illegible], [illegible].[illegible] [illegible] [illegible] 74.3% [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] (MSM-[illegible] 100,000 [illegible] 85 [illegible] [illegible]). HPV [illegible] [illegible] [illegible] [illegible]. [illegible], HPV-16 [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (MTHFR [illegible] COMT [illegible]) [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (MSM) [illegible], "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

B. [illegible] [illegible]**:** [illegible] [illegible] [illegible] **(HPV)** [illegible] [illegible] [illegible] [illegible] [illegible].
HPV [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] "HPV [illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] - [illegible] HLA [illegible] - HR-HPV [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] (MSM) [illegible] [illegible] [illegible], [illegible] [illegible] (HIV), [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] (HPV) [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible], [illegible] [illegible] [illegible]

GWAS [illegible] [illegible] [illegible], HPV [illegible] [illegible] [illegible] [illegible] [illegible]. HLA [illegible] ([illegible], DRB113:02, DQB105:02 [illegible] [illegible] [illegible] [illegible]; DRB1*15:03 [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] (IFNL3/4 [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] MSM-[illegible], [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. MTHFR/COMT [illegible] ([illegible] [illegible] [illegible] [illegible]), [illegible]oxicity [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] HPV [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

B. [illegible] [illegible] [illegible].

HPV [illegible] [illegible] [illegible] [illegible] (PGx) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] HPV [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible] [illegible]). [illegible] [illegible] CYP [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; MTHFR [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

IV. [illegible] [illegible] [illegible] [illegible] [illegible].

MSM ([illegible]-[illegible] [illegible] [illegible]) [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] (HR-HPV) [illegible] [illegible] 41-74% [illegible] [illegible] (HIV [illegible] [illegible] [illegible]). [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] ([illegible], HLA-[illegible] [illegible] [illegible] [illegible]) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

9-[illegible] [illegible], [illegible] [illegible] (MSM), 26 [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]). [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible] [illegible] [illegible] [illegible]" [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

VI. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

HPV [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]). [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] —[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

VII. [illegible].

(References drawn from current sources as of 2026, including CDC, WHO, PubMed/PMC, and peer-reviewed journals on HPV epidemiology, genomics, vaccination efficacy in MSM, and ethical frameworks.)

A-07.

, ** **.

, , , .

.

*, ** ** ** ** **. ,* *, , ** ** ** **

B. **[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].**
[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

C. **[illegible]:** [illegible], [illegible].
HCV [illegible] [illegible] [illegible], [illegible] [illegible] (MSM, [illegible], [illegible] [illegible]). 75-85% [illegible] [illegible]. [illegible], [illegible] 3.4%. [illegible] [illegible] (6.3%), [illegible] (1.5%). [illegible] [illegible] (DAAs) [illegible] 95% [illegible] 8-12 [illegible]; PrEP [illegible], [illegible].

III. [illegible].

A. [illegible].
[illegible]-[illegible] [illegible] (GWAS), [illegible]. HBV-[illegible], HLA [illegible] (DRB1*15:01, HLA-DQB1*03:01) [illegible] [illegible] HCV-[illegible] [illegible] ([illegible] 50% [illegible]). MSM-[illegible], COMT/MTHFR [illegible] [illegible], [illegible]. HAV [illegible] [illegible].

[illegible]. [illegible].
PGx [illegible]: HBV-[illegible], IL28B [illegible]. HCV-[illegible], IFNL4 rs12979860 CC [illegible] DAA [illegible]. CYPs ([illegible], CYP2B6, [illegible]) [illegible] [illegible]. MTHFR/COMT [illegible].

IV. [illegible].
MSM ([illegible] [illegible]) [illegible]: HIV [illegible], HBV [illegible] 8-19% [illegible], HCV 3.4-6.3% [illegible]. [illegible], [illegible].

[illegible]. [illegible]**:** [illegible], [illegible].
HAV/HBV [illegible]; HAV [illegible], HBV [illegible]. HCV [illegible], [illegible] DAAs [illegible]: [illegible], [illegible] [illegible] (MSM [illegible] 50-70% [illegible]). HIV [illegible] PrEP [illegible].

VI. [illegible].
[illegible], [illegible]. [illegible]-Saharan [illegible], [illegible]. [illegible] (MSM, [illegible]-[illegible]) [illegible]. [illegible], WHO-[illegible] 2030 [illegible].

VII. [illegible].

1. [illegible] **https://www.cdc.gov/hepatitis-b/prevention/index.html ([illegible] 23, 2026 [illegible]).**
2. [illegible] **https://www.who.int/news-room/fact-sheets/detail/hepatitis-b ([illegible] 23, 2026 [illegible]).**
3. [illegible] **https://pmc.ncbi.nlm.nih.gov/articles/PMC11462912 ([illegible] 23, 2026 [illegible]).**
4. [illegible] **https://www.hepb.org/prevention-and-diagnosis/prevention-tips ([illegible] 23, 2026 [illegible]).**
5. [illegible] **https://www.mayoclinic.org/diseases-conditions/hepatitis-b/diagnosis-treatment/drc-20366821 ([illegible] 23, 2026 [illegible]).**
6. [illegible] **https://www.cdc.gov/hepatitis-b/about/index.html ([illegible] 23, 2026 [illegible]).**
7. [illegible] **https://www.hivguidelines.org/guideline/hiv-hbv ([illegible] 23, 2026 [illegible]).**
8. [illegible] **https://clinicalinfo.hiv.gov/en/guidelines/hiv-clinical-guidelines-adult-and-adolescent-opportunistic-infections/hepatitis-b-virus ([illegible] 23, 2026 [illegible]).**
Hepatitis B: [illegible], [illegible], [illegible] [illegible] [illegible] - AAFP. https://www.aafp.org/pubs/afp/issues/2019/0301/p314.html ([illegible] 23, 2026 [illegible]).
10. [illegible] **https://www.healthdirect.gov.au/hepatitis-b ([illegible] 23, 2026 [illegible]).**
11. [illegible] **https://www.hhs.gov/hepatitis/learn-about-viral-hepatitis/hepatitis-b-basics/index.html ([illegible] 23, 2026 [illegible]).**
12. [illegible] **https://pubmed.ncbi.nlm.nih.gov/38385866 ([illegible] 23, 2026 [illegible]).**
13. [illegible] **https://www.sciencedirect.com/science/article/pii/S1876034125004356 ([illegible] 23, 2026 [illegible]).**
14. [illegible] **https://academic.oup.com/ofid/advance-article/doi/10.1093/ofid/ofaf678/8316291 ([illegible] 23, 2026 [illegible]).**
15. [illegible] **https://www.who.int/teams/global-hiv-hepatitis-and-stis-programmes/populations/men-who-have-sex-with-men ([illegible] 23, 2026 [illegible]).**
16. [illegible] **https://www.cdc.gov/mmwr/volumes/70/wr/mm7024a2.htm ([illegible] 23, 2026 [illegible]).**
17. [illegible] **https://www.hcvguidelines.org/guidance/hcv-in-key-populations-men-who-have-sex-with-men ([illegible] 23, 2026 [illegible]).**
18. [illegible] **https://pmc.ncbi.nlm.nih.gov/articles/PMC11213170 ([illegible] 23, 2026 [illegible]).**
19. [illegible] **https://www.thelancet.com/journals/langas/article/PIIS2468-1253(20)30303-4/abstract ([illegible] 23, 2026 [illegible]).**

20. [illegible] [illegible] [illegible] [illegible] [illegible]. **https://pmc.ncbi.nlm.nih.gov/articles/PMC7215464 ([illegible] 23, 2026 [illegible] [illegible]).**

21. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **https://www.mdpi.com/1424-8247/17/3/331 ([illegible] 23, 2026 [illegible] [illegible]).**

22. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **https://pmc.ncbi.nlm.nih.gov/articles/PMC7159786 ([illegible] 23, 2026 [illegible] [illegible]).**

23. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **https://www.sciencedirect.com/science/article/pii/B9780443153365000075 ([illegible] 23, 2026 [illegible] [illegible]).**

24. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **https://www.frontiersin.org/journals/pharmacology/articles/10.3389/fphar.2025.1604473/full ([illegible] 23, 2026 [illegible] [illegible]).**

25. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **https://portlandpress.com/biochemj/article/429/3/435/45543/Pharmacogenetics-and-human-genetic-polymorphisms ([illegible] 23, 2026 [illegible] [illegible]).**

26. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **https://www.researchgate.net/publication/380122181_Pharmacogenomics_as_a_Tool_in_Addressing_Genetic_VariationDependent_Adverse_Drug_Reactions ([illegible] 23, 2026 [illegible] [illegible]).**

27. [illegible] [illegible] [illegible] [illegible] [illegible]. **https://link.springer.com/article/10.1186/gm409 ([illegible] 23, 2026 [illegible] [illegible]).**

28. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **https://www.mdpi.com/1422-0067/17/10/1714 ([illegible] 23, 2026 [illegible] [illegible]).**

29. [illegible] [illegible] [illegible] [illegible] [illegible]. **https://www.sciencedirect.com/science/article/pii/B9780443153365000075 ([illegible] 23, 2026 [illegible] [illegible]).**

30. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **https://www.wjgnet.com/1007-9327/full/v24/i30/3347.htm ([illegible] 23, 2026 [illegible] [illegible]).**

31. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible]. **https://pmc.ncbi.nlm.nih.gov/articles/PMC12656939 ([illegible] 23, 2026 [illegible] [illegible]).**

32. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] **considerations. https://pmc.ncbi.nlm.nih.gov/articles/PMC8239318 ([illegible] 23, 2026 [illegible] [illegible]).**

33. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **https://www.nursingworld.org/news/news-releases/2025/american-nurses-association-reaffirms-support-for-evidence-based-immunizations-following-cdc-panel-vote-on-hepatitis-b-vaccine ([illegible] 23, 2026 [illegible] [illegible]).**

34. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **https://www.jscimedcentral.com/jounal-article-info/Journal-of-Preventive-Medicine-and-Health-Care/Ethical-Considerations-in-Implementing-Mandatory-Hepatitis-B-Vaccination-Policies-for-Healthcare-Workers-in-Sub-Saharan-Africa-12347 ([illegible] 23, 2026 [illegible] [illegible]).**

35. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. **https://www.emjreviews.com/microbiology-infectious-diseases/article/editors-pick-guideline-adherence-to-hepatitis-b-virus-screening-and-vaccinationin-patients-prescribed-hiv-oral-pre-exposure-prophylaxis-j100125 ([illegible] 23, 2026 [illegible] [illegible]).**

[illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible].

*[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] 09 [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] COMT/MTHFR [illegible] [illegible] [illegible]. EBV/[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] **B-01.**
[illegible]
[illegible], [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible]. [illegible]. [illegible]. [illegible].
[illegible].[illegible] (HIV) [illegible] [illegible] [illegible] [illegible]4 [illegible] 100-[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
[illegible], [illegible] [illegible], [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible]-[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] (MSM) [illegible] [illegible] [illegible], [illegible] [illegible] 10-15% [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] (2009) [illegible] [illegible] I-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible]-[illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible].
[illegible] **(**[illegible]**):** [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

I. [illegible]**:** [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible].
Cryptosporidium [illegible] ([illegible] C. hominis [illegible] C. parvum) [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] 1-2 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible] CD4 [illegible] [illegible] [illegible].[illegible] [illegible]), [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] (MSM), [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (OR 6.67 [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] (2000–2024), [illegible] (30 [illegible] [illegible]), [illegible].[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. (MSM) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]). [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

B. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

• [illegible]: [illegible] [illegible] [illegible]

VII. [illegible].

(2026 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] CDC [illegible], [illegible].[illegible] [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] HLA [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].)

[illegible] [illegible] [illegible] [illegible]-02.
[illegible]
[illegible], [illegible] [illegible] [illegible] (IBS) [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].
[illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] 06-[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] 09-[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] - [illegible], 2 [illegible] [illegible], [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]. [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible].
Giardia lamblia [illegible] ([illegible]): [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

I. [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible].
Giardia lamblia (syn. Giardia duodenalis [illegible] Giardia intestinalis) [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] (HLA-B27, A/B), [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] (Crohn's disease, ulcerative colitis, [illegible] [illegible] [illegible] [illegible]) [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

• [illegible]: [illegible]-[illegible] [illegible], [illegible] [illegible].

[illegible] ([illegible]/[illegible]) [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] (MTHFR [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

III. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. HLA [illegible] II DRB1 [illegible] (03, 13, 04, 10, 14, 15) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] **B-03.**
[illegible]**-**[illegible] **(**[illegible]**).**
[illegible] - [illegible], [illegible], [illegible].

.
[illegible], [illegible] (MTHFR [illegible]), [illegible] EBV [illegible] (mono) [illegible] (EBV) [illegible].

- **(**[illegible]**):** **,**

I. **:** **,** **.**

A. **.**
(EBV), 90% [illegible] "[illegible]" [illegible] (., [illegible]) [illegible] (MTHFR [illegible]) (NT [illegible]) COMT Met/Met ([illegible]) (). NMDA [illegible]), [illegible] [illegible] [illegible]

B. [illegible]: [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

EBV [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] (EBV 1 vs EBV 2), [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 35-50% [illegible] [illegible] [illegible]. [illegible] [illegible] B [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] CD8+ T [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] IM (Infectious Mononucleosis) [illegible] [illegible] [illegible] [illegible] [illegible]: HLA [illegible] I [illegible] ([illegible], [illegible] [illegible] [illegible] [illegible] [illegible] IM [illegible] [illegible]) [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] ([illegible], IL10 [illegible] [illegible], TGFB1 SNPs) [illegible] [illegible] [illegible] [illegible]. [illegible] MTHFR/COMT [illegible], [illegible] [illegible] ([illegible] [illegible] [illegible] SAMe) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] IM [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible]. [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] ([illegible], [illegible]) EBV/IM [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible]/[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

II. [illegible]-[illegible] [illegible] [illegible] (EBV) [illegible]: [illegible] [illegible], [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible] [illegible].

EBV [illegible] [illegible] [illegible] ([illegible] [illegible], [illegible] [illegible]), [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] ([illegible] EBV [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] IM [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible]).

[illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

[illegible], [illegible]). [illegible]:

• [illegible], [illegible]/[illegible] [illegible]/NSAIDs.
• [illegible] (3-4 [illegible]).
• [illegible] [illegible] ([illegible], [illegible]).

[illegible] (CYP [illegible]); [illegible] MTHFR [illegible], [illegible]. [illegible]:

III. [illegible]/[illegible].

A. [illegible].
[illegible] (EBV) [illegible]. HLA [illegible] I [illegible], [illegible] (IM) [illegible] ([illegible], [illegible]). [illegible] (IL10 [illegible], TGFB1 SNPs), [illegible]. MTHFR/COMT [illegible] IM-[illegible] MTHFR + Met/Met COMT, [illegible]. EBV-[illegible] COMT-[illegible].

[illegible]. [illegible].
[illegible] (NSAIDs) [illegible]; [illegible] CYPs [illegible]. MTHFR-[illegible], [illegible] NT [illegible].

IV. [illegible].
[illegible] [illegible], [illegible] 90%[illegible]; IM [illegible] [illegible]. [illegible] (MSM), [illegible] EBV [illegible] 2 [illegible]. [illegible]: [illegible], [illegible]-[illegible], [illegible] "[illegible]" ([illegible]). [illegible] (COMT/MTHFR) [illegible].

[illegible]. [illegible]: [illegible], [illegible].
[illegible], [illegible] [illegible]. [illegible] [illegible].

VI. [illegible].
[illegible] [illegible] [illegible]/[illegible].

VII. [illegible].
([illegible] [illegible], 2026 [illegible] [illegible].)

[illegible] [illegible] [illegible] [illegible]-04.
Toxoplasma gondii

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

*Toxoplasma gondii [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]. [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible].[illegible].[illegible] [illegible] [illegible]):

• [illegible]: [illegible] [illegible] [illegible] + [illegible] + [illegible] ([illegible] [illegible]), [illegible] [illegible] [illegible] [illegible].
• [illegible]: TMP-SMX [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

III. [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] *T. gondii* [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. HLA [illegible] II [illegible] ([illegible], DRB1/DQB1 [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] (TLR [illegible], IFNL) [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible]: COMT Met/Met ([illegible] [illegible]) [illegible] [illegible] [illegible] [illegible], [illegible] MTHFR [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

B. [illegible] [illegible] [illegible].
[illegible] [illegible] ([illegible]/[illegible]) [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] CYP [illegible] [illegible] [illegible] [illegible] [illegible]. MTHFR-[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

IV. [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] 30-60%; [illegible] [illegible] 10-15% ([illegible] [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible]). [illegible] [illegible] [illegible] [illegible] [illegible], IgG [illegible] [illegible] [illegible] [illegible] 38%, [illegible] [illegible] [illegible] 25%. [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] (COMT/MTHFR) [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] (SUDs [illegible] [illegible]) [illegible] [illegible], PrEP/HIV [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible].

VI. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

VII. [illegible].
([illegible] [illegible] [illegible] [illegible] [illegible], 2026 [illegible] [illegible] [illegible], [illegible] CDC-[illegible] [illegible] [illegible], WHO/PMC-[illegible]

[illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible].)

[illegible] [illegible].
[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

*MTHFR [illegible] COMT [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible]-01.

[illegible] [illegible] [illegible] [illegible].

[illegible], [illegible].[illegible].[illegible].[illegible].[illegible]/[illegible].[illegible].[illegible].[illegible] [illegible], [illegible] [illegible] [illegible]-[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] frontal [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] COMT/MTHFR [illegible] [illegible] [illegible].

*COMT Met/Met ([illegible] [illegible] [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

□izophren□□□ □□□□□□ □□ □□□□□□□□ □□□□□□□□□□□□□. □□□ □□ □□□□□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□ (□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□, □□□□□□□□□□□□□□, □□□□□□), □□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□, □□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□/□□□□□□□□/□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□ (□□□□□□□□□□□□□□□/□□□□□□ □□□□□□□□□□□), □□□□□□□□□ □□□□□□□□□□□□ (□□□□□□□□□□□□), □□□□□□□□□□□□ □□□□□□□□□□□□□ (□□□□□□□□□□□□/□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□), □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□. □□□□□□ □□□□□□□□ □□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□; □□□□□□□□□□□ GWAS-□□□□□□□□□ □□□□□□□□□□ PRS, □□□□□□□□□ 7–8% □□□□□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□ □□□□□□□□□□□□□ PRS-□□ □□□□□□□□□□□□□□□ □□□□□□□□□ 30–35% □ □□□□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□ (□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□) □□□□□□□□□□□□□□□, □□□ COMT (□□□□□□□□□ □□□□□□□□□□□□□□□) □□□□□□□□ MTHFR (SAMe/NT □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□). □□□□□□□□ □□□□□□□□ (MTHFR T/T □□□□□□□ + COMT Met/Met □□□□□□□□□□□) □□□□□ □□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□□: □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□ □□□□ + □□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□ → □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□□□□/□□□□□□□□□□□□□/□□□□□□□□□□□ → □□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□/□□□□□□□ □□□□□□□□□. □□□□□□□□□□ □□□□□□□□□□□ □□□□□; □□□□□□□□□□□□□□□□/□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□.

□□. □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□.

□izophren□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□□□□□, □□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□ (□□□□□□□□□, □□ □□□□□□□□□□□□□□□□); □□□□□ □□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□, □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□. SGM □□□□□□□□□□□□□, □□□□□□□□□□□□□□□□□□□□□ □□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□—□□□□□ □□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□, □□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□. □□□□□□□, □□□□□□□□□□ □□□□□□□□ □□□□□□□□□, □□□□□□□□/□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□; □□□ □□□□□□□□□□□, □□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□.

II. □□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□: □□□□□□□□□□□□□□□□□□□, □□□□□□□□ □□□□□□□□ □□□□□□□□□.

A. □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□.

□□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ (□□□□□□□□ □□□□□□□□□□□□), □□□□□□□□□□□□□/NMDA □□□□□□□□□ (□□□□□□□□□□/□□□□□□□□□□□□ □□□□□□□□□□□□□□□), □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□/□□□□□□ □□□□□ □□□□□□□ □□□□□□□□□□□□□□□; □□□□□□□□□/□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□. SGM □□□□□□□□□□□□□, □□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□, □□□□ □□□□□□□□□ □□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□.

□□. □□□□□□□□□: □□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□.

□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□; □□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□ (CHR/P □□□□□□□□). □□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ (□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□□□□□□□□□□□ □□□□□□□□□□□, □□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□). □□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ (□□□□□□□□□□, □□□□□□□□ MTHFR/COMT), □□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□ (L-□□□□□□□□□□□□□□□□□□□□) □□□□□□□□□□ □□□□□□□□□□□□□□□□/□□ □□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□.

□□. □□□□□□□□□: □□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□.

□□□□□□□□□ □□□□□□□□□□□, □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□ (□□□□□□□□□ □□□□□□□□profile-□ □□□□□□□□□□ □□□□□□□, □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□). □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□ (□□□□□□□□□□□□□□ CYPs □□□□□□□□ □□□□□□, ABCB1 A/A □□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□) □□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□□, □□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□ (□□□□□□□□□□□□□□□□□□□□, □□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□). Clozapine □□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□, CBT (□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□), □□□□□□□□ psicoeducation (□□□□□□□□ psicoeducation), □□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□. □□□□□□□□ □□□□□□□□□□

□□□□□□□□□□ □□□□□□□□□□□□□□□□: L-methylfolate (□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□), SAMe/magnesium (COMT □□□□□ □□□□□□) □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□, □□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□.

III. □□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□.

A. □□□□□□□□ □□□□□□□□□.

□□ □□□□□□□□□□□□: PGC GWAS-□□□□□□□□□ □□□□□□□□□□ PRS, □□□□□□□ 8% □□□□□□□ □□□□□□□□□□□□□□□□; □□□□□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□ (□□□□□□□□□□□□□ ~1/3) □□□□□□□□□□□□□ □□□□□□□□□□□. □□□□□□□ □□□□□□□□□□□□□□/CNV□□□ (□.□□., 22q11) □□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□. COMT Val158Met: Val/Val (□□□□□□□ □□□□□□□□□□□□□□□) □□□□□□□□□□□□□□□□□□□□

[illegible] [illegible] [illegible]-02.

[illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] (Bipolar disorder) [illegible] [illegible] [illegible] [illegible] 10 [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], ADHD [illegible] - [illegible] [illegible] - "[illegible] [illegible] [illegible]" [illegible] [illegible].

*[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible] [

(COMT □□□□ □□□□□) □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□, □□□□□ □□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□.

III. □□□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□.

A. □□□□□□□□ □□□□□□□□□.
□□ □□□□□□□□□□□: PGC GWAS-□□□□□□□□□ □□□□□□□□□□ PRS, □□□□□□□ 8% □□□□□□□ □□□□□□□□□□□□□□; □□□□□□□□□□ □□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□ (□□□□□□□□□□□□ □□□□□□□□□ 1/3) □□□□□□□□□□□□. □□□□□□□ □□□□□□□□□□□□□/CNV□□□ (□□□□□□□□□□□□□□□□□□□, 22q11) □□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□. COMT Val158Met: Val/Val (□□□□□□□ □□□□□□□□□□□□□) □□□□□□□□□□□□□□□□□□□□□□□□/□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□; Met/Met (□□□□□□□□) □□ □□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible]-03.

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible], [illegible], [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible] B1 - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]:

* *[illegible] [illegible] (Mammillary bodies).*
* *[illegible] (Thalamus).*
* *[illegible] [illegible] (Periaqueductal gray).*

[illegible] [illegible] [illegible] [illegible], [illegible] (ataxia) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] IV [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] 16% [illegible] [illegible] [illegible] - [illegible] [illegible]-[illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

I. [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] (WE) [illegible] [illegible] ([illegible] B1) [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]-[illegible] [illegible] (WKS) [illegible]. [illegible] [illegible] [illegible] 2% [illegible] [illegible] [illegible] [illegible] 12-16% [illegible] [illegible] [illegible]. WE [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] ([illegible] [illegible] 20% [illegible]) [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], [illegible] MTHFR [illegible] [illegible] ([illegible]-[illegible] [illegible] [illegible]) [illegible] COMT Met/Met ([illegible]-[illegible] [illegible] [illegible]). [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible]" [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

B. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] (100-500 [illegible]); [illegible] [illegible] [illegible]); [illegible] [illegible], [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] MTHFR [illegible] [illegible]: L-[illegible] (1-15 [illegible]) [illegible] B [illegible] [illegible].

III. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

A. [illegible].
[illegible]: SLC19A2/3 ([illegible] [illegible]) [illegible] TKT ([illegible]) [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] (WE) [illegible] [illegible]. MTHFR C677T ([illegible] T/T) [illegible]/[illegible] [illegible], [illegible] [illegible]; COMT Met/Met ([illegible]) [illegible] (AUD) [illegible]. mtDNA [illegible] ([illegible], A3243G) [illegible] [illegible].

[illegible]. [illegible] [illegible].
[illegible] [illegible] (PGx) [illegible]; [illegible] (CYPs), [illegible] ([illegible], [illegible]). MTHFR [illegible]: [illegible], [illegible]-[illegible] [illegible].

IV. [illegible] [illegible].
[illegible]: [illegible] 0.4-2.8%; [illegible] [illegible] 12-16%. [illegible]: [illegible] (80% [illegible]), [illegible], [illegible].

[illegible]: [illegible], [illegible].
[illegible]: [illegible] 100 [illegible] + [illegible]; [illegible] [illegible] [illegible]1 [illegible]. [illegible]: [illegible]/[illegible] [illegible]; [illegible] [illegible].

VI. [illegible] [illegible].
[illegible], [illegible] [illegible].

VII. [illegible].
(References synthesized from current sources as of 2026, including Cleveland Clinic, American Addiction Centers, Healthdirect, Alzheimer's Society, Family Caregiver Alliance, Medical News Today, Red Rock Recovery, NORD, Merck Manuals, PubMed reviews on genetic factors in WE.)

[illegible]-04.
[illegible]: *[illegible]*

12 GWAS [illegible], COMT [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] 12 [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

COMT Val158Met [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. COMT Met [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] - "[illegible] [illegible]" [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] (prefrontal cortex) [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] - [illegible] [illegible]
[illegible]: **[illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].**

[illegible].

[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] (SA) [illegible] [illegible] [illegible] [illegible] 12 [illegible]-[illegible] [illegible] [illegible] [illegible], [illegible] [illegible] "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible]. "[illegible] [illegible] [illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

[redacted] [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] 30-55% [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] GWAS [redacted] 12 [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] (DRD2, SLC6A9, FURIN, NLGN1, SOX5, PDE4B, CACNG2, HS6ST3) [redacted] [redacted]-[redacted] [redacted] (OTX2-AS1, LINC01392, MHC [redacted], LOC101928519) [redacted]. [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted].

"[redacted] [redacted] [redacted]" [redacted], [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted] - "[redacted]" ([redacted] [redacted] [redacted]) [redacted] [redacted] - [redacted] [redacted] [redacted] [redacted] [redacted]-[redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted]. COMT Val158Met [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]: Met/Met ([redacted] 4) [redacted] Met/Val (3) [redacted] [redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] DRD2 [redacted] PDE4B [redacted] [redacted] [redacted] [redacted].

[redacted] [redacted] [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] ([redacted], [redacted] [redacted] [redacted]) [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted]. [redacted] [redacted] [redacted], [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted] [redacted].

[redacted] [redacted] [redacted] [redacted] [redacted] [redacted].

[redacted], 2023 [redacted] [redacted] GWAS [redacted]-[redacted] [redacted] 12 [redacted] [redacted] [redacted]. [redacted], [redacted] [redacted] (OR), [redacted] [redacted] (SE), p-[redacted] [redacted] COMT [redacted] [redacted] [redacted] [redacted] [redacted] (1-3) [redacted] [redacted]. [redacted] [redacted] [redacted] [redacted]/[redacted] [redacted] [redacted] [redacted] [redacted], [redacted] Met [redacted] "[redacted]" [redacted] [redacted] [redacted].

Locus # | Lead SNP | Chr:Position | Nearest/Associated Gene(s) | Effect Allele | Allele Freq ([redacted], [redacted]) | OR | SE | p-[redacted] | Grading (COMT [redacted])
1 | rs3791129 | 1:44,480,093 | SLC6A9 | G | ~0.57 | 1.055 | 0.009 | 1.22×10^{-9} | 2 ([redacted])
2 | rs7649709 | 3:173,129,819 | NLGN1 | A | ~0.24 | 1.054 | 0.010 | 2.32×10^{-8} | 2 (synaptic adhesion)
3 | rs62404522 | 6:19,307,114 | LOC101928519 | C | ~0.12 | 1.067 | 0.011 | 1.68×10^{-9} | 1 ([redacted])
4 | rs62474683 | 7:115,020,725 | LINC01392 | A | ~0.57 | 1.054 | 0.008 | 8.72×10^{-12} | 1 ([redacted])
5 | rs7131627 | 11:113,299,829 | DRD2 | G | ~0.45 | 1.053 | 0.008 | 6.20×10^{-11} | 3 ([redacted])
6 | rs17485141 | 12:24,213,634 | SOX5 | C | ~0.35 | 1.049 | 0.009 | 1.54×10^{-8} | 1 ([redacted])
7 | rs9525171 | 13:96,908,223 | HS6ST3 | C | ~0.62 | 1.044 | 0.008 | 8.07×10^{-9} | 1 ([redacted])
8 | rs17514846 | 15:91,416,550 | FURIN | C | ~0.41 | 1.048 | 0.008 | 1.81×10^{-9} | 1 ([redacted])
9 | rs2503185 | 1:66,461,401 | PDE4B | A | ~0.38 ([redacted]) | 1.047 | 0.008 | 3.42×10^{-8} | 3 (cAMP [redacted])
10 | rs35869525 | 6:26,946,687 | MHC [redacted] | C | ~0.08 ([redacted]) | 1.089 | 0.015 | 2.18×10^{-8} | 1 ([redacted])
11 | rs850261 | 14:57,346,423 | OTX2-AS1 | A | ~0.47 ([redacted]) | 1.049 | 0.008 | 1.37×10^{-8} | 1 ([redacted])

12 | rs2284000 | 22:37,053,338 | CACNG2 | C | ~0.22 (□□□□□□□□□□□□□□□ □□□□□□□□) | 1.055 | 0.010 | 1.98×10⁻⁸ | 2 (synaptic calcium signaling)

□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□: □□□□□□□□□, NLGN1 (□□□□□□□□□□□□□□□□□□□□) □□□□□□□ PDE4B (cAMP □□□□□□□□□□) □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□, □□ □□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□.

□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□.

□□□□□□□□□□□□□□□ □□□□□□□, □□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□. □□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□. DRD2 □□□□□□□□□□□□ □□□□□□□□ D2 □□□□□□ □□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□□□ COMT Met □□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□ □□□□□□□□ □□□□□□□ (3-□□□ □□□□□ □□□□□□□□). PDE4B □□□□□□□ □□□□□□□□□□ □□□□□ cAMP □ □□□□□□□□□□□□□□□□□□□□□□□□. □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□, □□ □□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□.

SLC6A9 □□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□; □□□□□ □□□□□□□□□□ □□□□□□□□□□ NMDA □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□, □□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□. NLGN1 □□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□□ □□□□□ □□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□. CACNG2 AMPA □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□, □□□□ □□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□.

LINC01392 □□□□□□□□ LOC101928519 □□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□, □□□□□□□ "parallax deficiencies" □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□. SOX5 □□□□□□□□ OTX2-AS1 □□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□, □□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□. FURIN, BDNF □□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□, □□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□. HS6ST3, HSPG-□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□, □□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□. MHC □□□□□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□.

COMT □□□□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□ (phobic influence 2), □□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□□□□, □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□.

□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□.

□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□, □□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□. □□□□□□□□□ □□ □□□□□□□□□, COMT □□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□, □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□. PDE4B □□□□□□□□□□□□□, PTSD □□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□, □□□□□□□ cAMP-□□□□□ □□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□. SLC6A9 □□□□□□□□□□□□□, □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□, □□ □□□□□□□□□□□□□□ □□□□□□□□□ NMDA □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□.

FURIN □□□□□□□□□□□□ □□□□□□, □□ □□□□□□□□□□□□□□□ □□□□□ BDNF □□□□□□□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□. NLGN1 □□□□□□□□ CACNG2 □□□□□□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□□□□. SOX5 □□□□□□□□ OTX2-AS1 □□□□□□□ □□ □□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□, □□□□ □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□. MHC □□□□□□□□ □□ □□□□□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□, □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□.

□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□, □□□□□□□□□, □□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□ □□ □□□□□□□□□□□□□□□ □□□□□□□□ PDE4B □□□□□ □□□□□□□□□□.

□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□□□ "□□□□□□□□ □□□□□□□□□" □□□□□□□□□□.

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] "[illegible] [illegible]" (ahydrios) [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] "[illegible] [illegible]" [illegible]. NLGN1 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible]. OTX2-AS1 [illegible] LINC01392 [illegible] lncRNAs, [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

COMT [illegible] [illegible] (ophobic) [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. MHC [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible].

[illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible]-[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible]. PDE4B [illegible] DRD2 [illegible] [illegible], COMT [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible]
[illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] - [illegible], "[illegible]" [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] "[illegible]" [illegible] [illegible] [illegible] [illegible] -, [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible]-01.
[illegible]: [illegible], [illegible] [illegible] [illegible].
100 [illegible], [illegible] MTHFR/[illegible].

[illegible].
[illegible]. [illegible] - [illegible], [illegible] [illegible].
[illegible]. [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].
COMT Val/Val ([illegible]) [illegible]: [illegible] [illegible].
COMT [illegible] "Met/Met" ([illegible]) [illegible], [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] - [illegible].
[illegible]:

* [illegible].
* [illegible].
* [illegible].
* [illegible].
* [illegible].

□ 18 [illegible] 15 [illegible].

[illegible]

1. [illegible]: [illegible].
2. [illegible]: [illegible] → [illegible].
3. [illegible]: [illegible].
4. [illegible]: [illegible].
5. [illegible]: [illegible].
6. [illegible]: [illegible].
7. [illegible]: [illegible].
8. [illegible]: [illegible].
9. [illegible]: [illegible] (ultra HD) [illegible].

10. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].
11. [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible].
12. [illegible]: [illegible] [illegible], [illegible] "[illegible]" [illegible] [illegible] [illegible].
13. [illegible]: [illegible] [illegible] → [illegible] [illegible].
14. [illegible]: [illegible] [illegible] → [illegible] [illegible] [illegible].
15. [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

□ 25 [illegible] [illegible] [illegible] [illegible] 15 [illegible].

[illegible]

1. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
2. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
3. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
4. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].
5. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible].
6. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].
7. [illegible]: [illegible] + [illegible] [illegible] → [illegible] [illegible] [illegible].
8. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
9. [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
10. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible].
11. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
12. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible] [illegible].
13. [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
14. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] → [illegible] [illegible] [illegible].
15. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

□ [illegible] [illegible]

- 18 [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
- 25 [illegible] [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

□ 25-50 [illegible] [illegible] [illegible].

[illegible] [illegible]

1. [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
2. [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
3. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
4. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

5. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible].
6. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
7. [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
8. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
9. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
10. [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
11. [illegible]: [illegible] [illegible] → [illegible] [illegible].
12. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
13. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
14. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
15. [illegible] [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].

□ 50-75 [illegible].

[illegible]

1. [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
2. [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
3. [illegible] [illegible] [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].
4. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
5. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
6. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
7. [illegible]: [illegible] [illegible] [illegible] [illegible] → [illegible].
8. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
9. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
10. [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
11. [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
12. [illegible] [illegible] [illegible]: [illegible] [illegible] [illegible].
13. [illegible]: 8K+ [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
14. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
15. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] → [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].

□ [illegible]

- 25-50 [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]

24. [illegible] [illegible] [illegible]. [illegible] [illegible].
25. [illegible] (5 [illegible], 6 [illegible]) [illegible] [illegible] [illegible].
26. [illegible] [illegible] (5 [illegible], [illegible]) [illegible] [illegible] [illegible].
27. [illegible] [illegible] [illegible] (5 [illegible] [illegible] [illegible]). [illegible] [illegible]. [illegible].
28. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
29. [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible]). [illegible] [illegible]. [illegible].
30. [illegible] [illegible] ([illegible] [illegible] [illegible]) [illegible] [illegible] [illegible].
31. [illegible] [illegible] ([illegible] [illegible] [illegible]). [illegible] [illegible]. [illegible].
32. [illegible] [illegible] [illegible] ([illegible], [illegible] [illegible]). [illegible] [illegible]. [illegible].
33. [illegible] [illegible] ([illegible] [illegible]) [illegible] [illegible] [illegible].
34. [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible].
35. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible].
36. [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible].
37 [illegible] [illegible] [illegible] ([illegible] [illegible]) [illegible] [illegible] [illegible] [illegible].
38. [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]. [illegible].
39. [illegible] [illegible] [illegible] ([illegible]/[illegible] [illegible]). [illegible] [illegible]. [illegible].
40. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].

[illegible] 3: [illegible], [illegible] [illegible] [illegible] [illegible] (41-60)

[illegible] [illegible] [illegible]

41. [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible]). [illegible] / [illegible]. [illegible].
42. [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
    [illegible] / [illegible].
    [illegible].
43. [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible]). [illegible]/[illegible].
[illegible].
44. [illegible] [illegible] ([illegible] [illegible]). [illegible]/[illegible]. [illegible].
45. [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible]). [illegible] /
[illegible]. [illegible] [illegible].
46. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]/[illegible]. [illegible] [illegible].
47. [illegible] [illegible] ([illegible] + [illegible]) - [illegible]/[illegible] - [illegible] [illegible].
48. [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible]) - [illegible]/[illegible] -
[illegible].
49. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]/[illegible]. [illegible].
50. [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible]) - [illegible]/[illegible] - [illegible].
51. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]/[illegible]. [illegible].
52. [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible]). [illegible]/[illegible]. [illegible]
[illegible].
53. [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible] [illegible]).
[illegible]/[illegible]. [illegible].
54. [illegible] [illegible] [illegible] ([illegible], [illegible]). [illegible] [illegible] [illegible] / [illegible].
[illegible].
55. [illegible] ([illegible] [illegible] [illegible] [illegible] [illegible]) - [illegible] [illegible]/[illegible] -
[illegible].
56. [illegible] [illegible] ([illegible] [illegible] [illegible]) - [illegible] / [illegible] - [illegible]
[illegible].
57. [illegible] [illegible] [illegible] [illegible]. [illegible]/[illegible]. [illegible].
58. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]/[illegible]. [illegible] [illegible].
59. [illegible] [illegible] (FOMO) - [illegible]/[illegible] - [illegible] [illegible].
60. [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible]/[illegible]. [illegible].

□ □□□□□ 4: □□□□□□□□ □□□□□□□ □□□□ □□□□□□□□□ (61-80)

□□□□ □□□ □□□□ □□□□□□□

61. □□□□□ □□□□□□□□□□□□□□ □□□□□ □□□□□□□□. □□□□/□□□□□ □□□□□□□□. □□□□□□□□□.
62. □□□□□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□□□. □□□□/ □□□□□□□□. □□□ □□□□□□□□□□□□□□.
63. □□□□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□ □□□□□□□. □□□□/□□□□□□□□. □□□ □□□□□□□□□□□□□□.
64. □□□□□□□□□□□ □□□□□□□□□□□□□□ (□□□□ □□□□□□□□□□□□□□□). □□□□/□□□□□□□□. □□□□□□□□□□.
65. □□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□. □□□□/ □□□□□□□□. □□□ □□□□□□□□□□□□□□.
66. □□□□□□□ □□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□ (□□□□□□□ □□□□□□□). □□□□/□□□□□□□□. □□□ □□□□□□□□□□□□□.
67. □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ (□□□□□□□□□□, □□□□□□□□□□□□). □□□□/□□□□□□□□. □□□□ □□□□□□.
68. □□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□. □□□□/□□□□□□□□ □□□□□□□□. □□□□ □□□□□□.
69. □□□□□□□□ □□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□. □□□□/□□□□□□□□. □□□□ □□□□□□.
70. □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□. □□□□/□□□□□□□□. □□□□ □□□□□□.
71. □□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□ (□□□□□□□□□□□□□□□□□□□□□□□□ □□□□). □□□□/□□□□□□□□□□□□□. □□□□ □□□□□□.
72. □□□□□□□□□□□ □□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□□□□ (□□□□□□□□□□□□, □□□□ □□□□□□□□□□). □□□□/ □□□□□□□□. □□□□□□□□ □□□□□ □□□□□□□□□.
73. □□□□□ □□□□ □□□□□□□□ (□□□□□ □□□□□□□□□□□, □□□□□□) □□□□/□□□□□□□□ □□□□□□□□ □□□□□.
74. □□□□□□□ □□□□□□□□□ □□□□□ □□□□□□□□□□□□ □□□□□□□□□. □□□□/ □□□□□□□□. □□□□□□□□ □□□□□ □□□□□□.
75. □□□□□□□□□□ □□□□□□□ □□□□□□□□. □□□□/□□□□□□□□. □□□□ □□□□□□.
76. □□ □□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□. □□□□/□□□□□□□□□□□□□. □□□□ □□□□□□.
77. □□□□ □□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□. □□□□/□□□□□□□□□□□□□□. □□□□ □□□□□□.
78. □□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□. □□□□/□□□□□□□□□□□□□. □□□□ □□□□□□.
79. □□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□ □□□□□□□□□□. □□□□/□□□□□□□□. □□□□ □□□□□□.
80. □□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□/□□□□□□□□□□□□□□. □□□□ □□□□□□.

□ □ □□□□□ 5: □□□□□□□□□□□□ □□□□□□□ □□□□ □□□□□□□□□ (85-100)

□□□□ □□□ □□□□ □□□□□□□

85. □□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□. □□□□□□□□□□/□□□□□□ □□□□□□□□. □□□□ □□□□□□.
86. □□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□ □□□□□□□□□□. □□□□□□□□□□□/□□□□□□□□□□. □□□□□□□□□□ □□□□□□□□□□.
87. □□□□□□□□□□/□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□□□□/□□□□□□□□□ □□□□□□□□□. □□□□□□□ □□□□□□□.
88. □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□, □□□□□□ □□□□□ □□□□□□□ □□□□□. □□□□□□□□□□□/□□□□□□□□□□. □□□□□□□.
89. □□□□□□□□□□□□□□ □□□□□□□□□□ (□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□). □□□□□□□□□□□/□□□□□□□□□□. □□□□□□□ □□□□□□□□□.
90. □□□□□ □□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□. □□□□□□□□□□□/□□□□□□□□□□. □□□□□ □□□□□□□□□.
91. □□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□□□□/□□□□□□□□□□. □□□□□.
92. □□□□□□□□□□ □□□□□□□□□, □□□□□□□□□□ □□□□□□□□□□. □□□□□□□□□□□/□□□□□□□□□□. □□□□□ □□□□□□□.
93. □□□□□□□□□□ □□□□□□□□□□□□□□□□□ (□□□□□□ □□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□). □□□□□□□□/□□□□□□□□□□. □□□□□□□ □□□□□□□□□.
94. □□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□. □□□□□□□□□□□/□□□□□□□ □□□□□□□□□. □□□□□□□□□ □□□□□□ □□□□□□□.
95. □□□□□□□□□□□□□□ □□□□□□□□□ (□□□□□, □□□□□□ □□□□□□□). □□□□□□□□□□□□□□□/□□□□□□□□□□. □□□□□□□□□□□□.
96. □□□□□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□. □□□□□□□□□□□/□□□□□□□□□□. □□□□□ □□□□□□□.
97. □□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□□□□/□□□□□□□□□□. □□□□□ □□□□□□□.
98. □□□□□□□□ □□□□□ □□□□□□□□ (□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□). □□□□□□□□□□□/□□□□□ □□□□□□□□□. □□□□□ □□□□□□□□□.

99. [illegible]. [illegible]/[illegible].
100. [illegible] ([illegible], [illegible], [illegible]). [illegible]/[illegible].

▯ [illegible]

[illegible] [illegible] 3 ([illegible]).

[illegible] 5 ([illegible]).

[illegible] 5 ([illegible]).

[illegible] 2 ([illegible])

[illegible] 2 ([illegible]).

[illegible] 5 ([illegible]).

▯ [illegible]

[illegible] | [illegible] | [illegible]

8. [illegible]: [illegible]; [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible].
9. [illegible]: [illegible]; [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible].
10. [illegible]: [illegible]; [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible].
11. [illegible]; [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible].
12. [illegible]: [illegible] [illegible]; [illegible] [illegible].
13. [illegible]:
    * [illegible]; [illegible].
    * [illegible] [illegible], [illegible] [illegible].
14. [illegible]; [illegible] [illegible].
15. [illegible] ([illegible], [illegible]) [illegible]; [illegible] [illegible].

[illegible]:

- [illegible]:
  - [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].
  - [illegible]: [illegible] [illegible].
  - [illegible]: [illegible] [illegible].
- [illegible]:
  - [illegible]: [illegible] [illegible].
  - [illegible] "[illegible]": [illegible] [illegible] [illegible].
  - [illegible]: [illegible] [illegible].
- [illegible]:
  - [illegible]: [illegible] [illegible].
  - [illegible]: [illegible] [illegible].
  - [illegible]: [illegible].
- [illegible]:
  - [illegible]: [illegible] [illegible].
  - [illegible]: [illegible].
- [illegible]:
  - [illegible]: [illegible] [illegible].
  - [illegible]: [illegible] [illegible].
- [illegible]:
  - [illegible]: [illegible] [illegible].
  - [illegible]: [illegible], [illegible].
- [illegible]:
  - [illegible]: [illegible] [illegible].
  - [illegible]: [illegible], [illegible], [illegible].

- **[illegible]:** [illegible], [illegible] [illegible] [illegible].
- **[illegible]:**
  - **[illegible]:** [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible].
  - **[illegible]:** [illegible] [illegible] [illegible] ([illegible]/[illegible]/[illegible]).
  - **[illegible]:** [illegible] [illegible]; [illegible] [illegible].
- **[illegible]:**
  - **[illegible]:** [illegible] [illegible], [illegible].
  - **[illegible]:** [illegible] [illegible] [illegible].
  - **[illegible]:** [illegible] [illegible] [illegible] [illegible].
- **[illegible]:**
  - **[illegible]:** [illegible], [illegible], [illegible], [illegible].
  - **[illegible]:** [illegible]; [illegible].
  - **[illegible]:** [illegible], [illegible] [illegible] [illegible].

[illegible].

- **[illegible] 1:**
  - **[illegible]:** [illegible] [illegible] 15 [illegible].
  - **[illegible]:** [illegible] [illegible]; 20 [illegible].
  - **[illegible]:** [illegible] [illegible].
- **[illegible]:**
  - **[illegible]:** [illegible] [illegible]; [illegible].
  - **[illegible]:** [illegible] [illegible].
  - **[illegible]:** [illegible] [illegible] 45 [illegible].

[illegible] 12 [illegible].

1. [illegible] → [illegible].

2. [illegible] → [illegible], [illegible].

3. [illegible] → [illegible].

4. [illegible] → [illegible], [illegible].

5. [illegible] → [illegible] **([illegible], [illegible], [illegible]).**

6. [illegible] → [illegible], [illegible].

7. [illegible] → [illegible], [illegible], [illegible].

8. [illegible] → [illegible].

[illegible], [illegible].

10. [illegible] → [illegible]; [illegible].

11. [illegible] → [illegible].

12. [illegible]: [illegible], [illegible].

□ axioms-□□ □□□□□□□□□□□□ □□□□□□□□

□□□□□□□□□ □□□□□ □□□□□ □□□□□□ □□□□□□ □□□□□ □□□ □□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□

□□□□□ □□□□□□□□□□ | □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□□□ | □□□□□□□□ □□□□□□□□ | □□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□, □□□ □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□.

□□□□□□□□□□□□, □□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□, □□□□□□□□□□□ □□□□□, □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□.

□□□□□□□□□□ □□□□□□□□□□, □□□□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□.

□□□□□□□□□□, □□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□, □□□□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□, □□□□□□□□□ □□□□□□□ (□□□□□□□, □□□□□□□□□□□□□□□□□□□□□□/□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□).

□□□□□ □□□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□, □□□□□□□□□□ □□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□.

□□□□□□□□□ □□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□ □□ □□□□□□□□□ □□□□□□□□□□□□□ □□□□□, □□□□□□□ □□□□□□ □□□□□□□□□, □□□□□□□□□□□□, □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□.

□□□□□□□ □□□□□□□□□□□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□. □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□.

□□□□□□□□□, □□□□□□ □□□□□□□□□□□□□□□, □□□□□□ □□□□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□.

□□□□□□□□□□, □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□, □□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□, □□□□□□□ □□□□□□□□□□□□□□□□□□□□

8. [illegible].
   * [illegible]-[illegible] (ultra-HD)[illegible] [illegible] [illegible] [illegible].
   * [illegible] [illegible].
9. [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] (circadian rhythm) [illegible].
10. [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].
11. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible].
12. [illegible]: "[illegible]" [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
13. [illegible]: 8K+ [illegible] [illegible] [illegible], PTSD [illegible] [illegible].
14. [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible].
15. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].
16. [illegible]
    * [illegible]-[illegible] (ultra-HD) [illegible] [illegible] [illegible].
    * [illegible] [illegible].
17. [illegible]: [illegible] [illegible]. [illegible].
18. [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible].
19. [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible].
20. [illegible]: AI [illegible]/[illegible] [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible].

- [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible].
- [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] [illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible], [illegible] "[illegible]" [illegible].

[illegible] [illegible], [illegible] [illegible], [illegible] ([illegible] [illegible] [illegible]) [illegible] [illegible].

1. [illegible] [illegible] [illegible] [illegible].

- [illegible] [illegible] [illegible] [illegible], [illegible] "[illegible]" [illegible] "[illegible]" [illegible].
- [illegible] [illegible] [illegible] [illegible].

2. [illegible] [illegible].

- [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

3. [illegible] [illegible] [illegible].

- [illegible], [illegible], [illegible] [illegible] [illegible] [illegible].
- [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

4. [illegible].

- [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible].

5. [illegible] [illegible] [illegible] [illegible].

- [illegible]: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
- [illegible] voluntary: [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].
- [illegible] [illegible] [illegible]: [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] | [illegible] [illegible] | [illegible] [illegible]

[illegible]: [illegible], [illegible], [illegible].

[illegible]: [illegible], [illegible], [illegible].

[illegible]: [illegible] [illegible] [illegible] [illegible].

[illegible]: [illegible] [illegible], [illegible].

[illegible]: [illegible], [illegible], [illegible].

[illegible], [illegible] [illegible], [illegible] [illegible].

[illegible] | [illegible] [illegible] | [illegible] [illegible], [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [

- [illegible]:
  - [illegible] → [illegible] [illegible] [illegible] [illegible].
  - COMT [illegible] [illegible] [illegible].
  - [illegible]: [illegible] [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible].
- [illegible] (MTHFR C677T [illegible], [illegible] 60-70% [illegible]):
  - [illegible] [illegible] [illegible] → [illegible] [illegible] [illegible].
  - [illegible] [illegible] [illegible] → [illegible] frontal [illegible] [illegible] [illegible], [illegible] [illegible] [illegible].
  - [illegible]: [illegible], [illegible], [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

4. [illegible] [illegible] [illegible] **(MTHFR** [illegible]**).**

[illegible] [illegible] [illegible] [illegible]

[illegible] [illegible] [illegible]:

* [illegible] [illegible] [illegible] → [illegible] [illegible]
* [illegible] (Nucleus Accumbens), [illegible] (Striatum)

[illegible] [illegible] [illegible] [illegible] → [illegible]/[illegible] [illegible]. [illegible], [illegible] frontal [illegible].

[illegible] [illegible] → [illegible] [illegible] → [illegible] [illegible] [illegible].

[illegible], [illegible] frontal [illegible].

[illegible]/[illegible]: COMT [illegible] MTHFR [illegible] → [illegible] [illegible] [illegible]. [illegible], [illegible].

[illegible], [illegible] [illegible] → [illegible] [illegible], [illegible].

[illegible]: COMT [illegible] "[illegible]/[illegible]" [illegible] [illegible] MTHFR [illegible] → [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible].

5. [illegible] [illegible] [illegible].

- [illegible]:
  - [illegible] [illegible] MTHFR [illegible] [illegible].
  - [illegible] [illegible] [illegible] [illegible] (ADHD, [illegible], [illegible]).
- [illegible]:
  - [illegible] [illegible] ([illegible], B12, [illegible], [illegible]).
  - [illegible]: [illegible] [illegible], [illegible], [illegible] [illegible].
- [illegible]:
  - [illegible] [illegible], [illegible] [illegible] MTHFR [illegible] COMT [illegible] [illegible].
  - [illegible] ([illegible], [illegible] [illegible], [illegible]) [illegible] [illegible] [illegible].

[illegible]:

MTHFR [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible]: [illegible], [illegible], [illegible], [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible], [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible].

[illegible] [illegible] [illegible] [illegible] - [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] [illegible] [illegible], [illegible], [illegible] - [illegible] [illegible] - [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] 20-30% [illegible] [illegible]. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] COMT/MTHFR [illegible] [illegible] [illegible] [illegible].

[illegible] [illegible] -01.
[illegible] [illegible] (UTIs).
[illegible], CYP450 [illegible] [illegible] [illegible] - [illegible].

[illegible]
*[illegible] [illegible] (antibiotics) [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible]

(□□□□□□□□□□□□□□□□□□□□). □□□□□□□□□ □□□□□ □□□□□□□□ □□□□□□□ □□□□□. □□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□, □□□□□□ □□□□□□□□□□□□ □□□□□□□□□□, □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□.

B. □□□□□□□□□□□ □□□□□□□□□**:** □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□ □□ □□□□□□□□□□□□ □□□□□□□□ □□□□□□□□ □□□□□□□□□□.

UTI-□□□ □□ □□□□□□□□□□□ □□□□□□□□□□□□□, □□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ (□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□ □□□□□□□□□, □□□□□□□□□□□ □□□□□□□□□□□□), □□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□, □□□□□□□□□□□□□ □□□□□□□□□ (□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□, □□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□), □□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□ (□□□□□□□□ □□□□□□□□□□, □□□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□□) □□□□□□□□□□□□□□□□□□□□□□. □□□□□ UTI-□□□ (□□□□□□□□□□□□□□ □□□□□□□: □□□□, □□□□□□□□□ □□□□□□□□□ □□□□□□□□□) □□□□□ UTI-□□□□□ □□□□□□□□ (□□□□□□□□□ □□□□□□□: □□□□□□□□□□, □□□□□□□□□□□□□ □□□□, □□□□□□ □□□□□□□). □□□□□□□□□ □□□□□□□□□ □□□□□□□□□ UTI-□□□ (>6 □□□□□□□□□□ 2 □□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□) 25–30% □□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□□ □□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□: □□□□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□□□□□ (□□□□□□□□□□□□□□□□□□□□, TLR2/4, IRF3) UTI □□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□. □□□□□□□□ MTHFR/COMT □□□□□□□□□□, □□□□□□□□□ □□ □□□□□□□□□/□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□□ □□□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□, □□□ □□□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□□□□□□, □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□ □□□□□□. □□□□□□□□□□ □□□□□□□□□□□□ □□□□□; □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□□□ 90% □□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□, □□□□□□ □□□□□□□□□□ (□□□□□□□□□□□□□□□□□□□□, 20-30% □□□□□□□□□□□□□□□□□□□□□□□□-□□□□□□□□□□□ UPEC) □□□□□□□□□□□□, □□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□ □□□□□□□□□□.

□□**.** □□□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□**.**

□□□□□ □□□□□□□□□□ □□□□□□□□□□□□□ (□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□□□□□□□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□) □□□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□□□□□, □□□□□□□□ □□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□. □□□ "□□□□□□□□□□ □□□□□□□□□" □□□□□□ □□□□□□□□ □□□; □□□□□ □□□□□□□□, □□□□□□□ □□□□□□□□□, □□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□□□□□□. □□□□□□□□□□□□□□□, □□□□□□□□□□□ □□□□□□□□□/□□□□□□□□□□, □□□□□□□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□□. □□□□□□□, □□□□ □□□□□□□□ □□□□□□□□□□□□, □□□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□ □□□□□□□□□□ □□□□□□□□□□ □□□□ □□□□□□□□□□, □□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□.

II. □□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□ **(UTIs)** □□□□□□□ □□□□□□□□□□□**:** □□□□□□□□**,** □□□□□□□□ □□□□□□□□ □□□□□□□□□**.**

A. □□□□□□□ □□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□**.**

UTI □□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□□□ □□□□□ □□□□□□□□□□□□□□□□□□□□□□□□□□□□□□ (□□-□□□□□□□□□ □□□□□ □□□□□□) □□□□□□□□□□□□□, □□□□□□□ □□□□□□□□ □□□□□□□□□□ MSM (□□□□-□□□ □□□□□) □□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□□□□□□. □□□□□□□□□□□□ □□□□□□□□□ UTI □□□□□□□□ □□□□□□□□ □□□□□□□□□□□□□□□□□□□; □□□□□□□□□□□□□□□□□□ □□□□□□□□□ UTI □□□□□□□□ □□□□□□□□□□□□□□□ catheter □□□□□□□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□. □□□□□□□□□□□□□□/□□□□□□□□□□□□□□□ □□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□ □□□□□□□□□ □□□□□□□□□□□; □□□□□ □□□□□□□□ □□□□, □□□□□ □□□□□□□, □□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□□ □□□□□□□□ □□□□□□ □□□□□□□□□□□□□ □□□□□□□□□□□□.

□□**.** □□□□□□□□**:** □□□□□□□□□□ □□□□□□□□ □□□□□□□ □□□□□□□□ □□□□□□□□□**.**

□□□□□ □□□□□□□□□□□□□□□ □□□□□□; □□□□□□□□ □□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□:

• □□□□□□□□□□: □□□□□□□□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□, □□□□□□□□□□□□□□□ □□□□□□ □□□□□□□□□ □□□□□□□□□□□, □□□□□□□□ □□□□□ □□□□□□□□□□□□.

• □□□□□□□ □□□□□□□□□□: □□□□□□□□□/□□□□□□□□ □□□□□□□□, □□□□□□□□□□□□□□□□ □□□□□□□□□□□ □□□□□□ □□□□□□□ □□□□□□□□□□□ □□□□□□□□□□□□□□□□; □□□□□□□□□□□□□□□□□□□ □□□□□□□□□ □□□□□□□□□ □□□□□□□□□□□□□□□□□□□/□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□ □□□□□□□□□□□□□□□□.

• [illegible]: [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible]) [illegible]; [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible], [illegible]-[illegible]) [illegible] [illegible] [illegible].
MSM-[illegible] [illegible] (PrEP), [illegible].[illegible].[illegible] (HIV) [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible]: [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]: [illegible] 100 [illegible].[illegible], [illegible] [illegible] [illegible] [illegible] × 5 [illegible] [illegible] [illegible] 3 [illegible], [illegible] [illegible]. [illegible]/[illegible]:
[illegible] [illegible]-[illegible] ([illegible], [illegible] 500 [illegible].[illegible], [illegible] [illegible] [illegible] × 7–14 [illegible]). [illegible] [illegible] [illegible] ([illegible], [illegible] 20% ESBL) [illegible] [illegible] [illegible] [illegible]; [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible] (CYPs [illegible] [illegible], ABCB1 A/A [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible]). MTHFR [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible].

III. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

A. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. TLR2/4 [illegible] [illegible] ([illegible], TLR4 Asp299Gly [illegible] [illegible] [illegible]) [illegible] IRF3 [illegible] UPEC [illegible] [illegible] [illegible] [illegible] [illegible]. ABO [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible]). MTHFR/COMT [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] MTHFR + Met/Met COMT [illegible] [illegible] [illegible] [illegible] [illegible]/[illegible] [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] [illegible] [illegible]; CYP2C9 [illegible] ([illegible] [illegible]) [illegible] [illegible] [illegible] [illegible] [illegible] ([illegible], [illegible] [illegible] [illegible] [illegible]), [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. MTHFR [illegible] [illegible] [illegible] [illegible]/[illegible]-[illegible] [illegible] [illegible], [illegible] [illegible].

IV. [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] 8–10 [illegible] [illegible] [illegible]; [illegible] [illegible] 10 [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] (MSM) [illegible] [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible]/[illegible], [illegible] [illegible] [illegible] [illegible] ([illegible] STI [illegible]). [illegible]: [illegible] [illegible], [illegible] [illegible], [illegible] [illegible], [illegible] [illegible] [illegible]. [illegible] [illegible] [illegible] (COMT/MTHFR) [illegible] [illegible] [illegible] [illegible] [illegible].

[illegible]. [illegible] [illegible]: [illegible], [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible]/[illegible] [illegible] [illegible].[illegible] [illegible] [illegible] [illegible] [illegible] ([illegible] [illegible] [illegible]) [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible]). [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible]/[illegible].[illegible].[illegible] [illegible] [illegible]. [illegible] [illegible] - [illegible] [illegible], [illegible] [illegible] [illegible] [illegible].

VI. [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].
[illegible] [illegible] [illegible] ([illegible] [illegible] [illegible] [illegible]) [illegible] ([illegible] [illegible] [illegible], [illegible] [illegible]) [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible]. [illegible] [illegible], [illegible] [illegible]

[illegible] [illegible] [illegible] [illegible] [illegible], [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].

VII. [illegible]**.**
([illegible] [illegible] [illegible] [illegible] [illegible], 2026 [illegible]. [illegible] CDC [illegible] [illegible] [illegible] [illegible], [illegible] DOH [illegible] [illegible], MSM [illegible]/[illegible] [illegible] [illegible] [illegible] [illegible] [illegible] PubMed [illegible]-[illegible], UPEC [illegible] [illegible] TLR/IRF3 [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible] [illegible].)

[illegible].

[illegible].

[illegible].

[illegible], [illegible], [illegible].

[illegible].

[illegible].

*[